

Cover: Each colour represents one of the seven imaging phenotypes. These colours are superimposed on a slice of the FLAIR-MR scans of patients from the SMART-MR cohort.

A novel approach to quantify and analyse brain imaging features on MRI

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List of Abbreviations

AAA	Abdominal aortic aneurysm
AD	Average distance
ADM	Average distance between means
ALVIN	Automated lateral ventricle delineation
APN	Average proportion of non-overlap
BMI	Body mass index
CADASIL	cerebral autosomal dominant arteriopathy with subcortical ischemic strokes and
CARASIL	cerebral autosomal recessive arteriopathy with subcortical ischemic strokes and
	Confluent and periventricular white matter hyperintensities
	Comment and perivent icular write matter hyperintensities
CSVD	Cerebral spinal huid
	Confluent white matter hyperintensities
	Diabatos mollitus
	Diduetes mellitus
	Functuale while matter hypermitensities
	Fractal dimension
	Figure of movit
	Figure of ment
GIVIF	Cortical grey matter fraction
	Hierarchical clustering
	Intracranial volume
	Intima-media thickness
	Inversion recovery
K-ININ	K-nearest neighbours
LVD	Large vessel disease
MR	Magnetic resonance
MRI	Magnetic resonance imaging
PCA	Principle component analysis
PVWMH	Periventricular white matter hyperintensities
QQ	quantile-quantile
SD	Standard deviation
SMART-MR	Second Manifestations of ARTerial disease - Magnetic Resonance
SVD	Small vessel disease
Т	Tesla
TE	Echo time
TI	Inversion time
TR	Repetition time
VF	Ventricle fraction
WMF	White matter fraction
WMH	White matter hyperintensities
WMHF	White matter hyperintensity fraction

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Summary

Atherosclerosis is a progressive inflammatory artery disease responsible for about 50% of deaths in the western world, mainly due to heart disease and stroke [1], [2]. Brain abnormalities that can be seen in patients with arterial disease (atherosclerosis) are heterogeneous and are the result of different underlying etiologies. The three main groups of brain abnormality etiologies are neurodegenerative disease, large vessel disease and small vessel disease.

The main neuroimaging feature of neurodegenerative disease are localized (hippocampal, temporal, frontal and parietal) and global atrophy while large vessel disease (LVD) leads to cortical infarcts. Neuroimaging features of cerebral small vessel disease (CSVD) include: recent small subcortical infarcts, lacunar infarcts, white matter hyperintensities (WMH), dilated perivascular spaces, cerebral microbleeds and possibly even brain atrophy [3]. CSVD results from a complex mix of genetic and cardiovascular risk factors [4]. There are several types of CSVD based on etiology (most common are arteriolosclerosis, cerebral amyloid angiopathy and genetic SVD)[5]. These different types of CSVD may lead to different manifestations of imaging features of CSVD.

In this thesis we investigated two novel approaches to the analysis of imaging features in patients with arterial disease. In the first chapter, we hypothesized that the shape of white matter hyperintensities (WMH) may be indicative of the underlying etiology. We assessed possible shape descriptors to study the shape of WMH lesions and to provide additional information of the WMH. We identified eccentricity, fractal dimension, convexity and solidity as plausible shape descriptors. In the second chapter, we hypothesized that different underlying etiologies may lead to different imaging manifestations. We used cluster analysis to combine magnetic resonance imaging (MRI) features to identify different imaging phenotypes. We identified three distinct groups with different WMH severities and cardiovascular risk factors. These three groups were divided further revealing seven distinct brain imaging patterns. Three of these patterns are associated with localized arterial disease, two patterns may be caused by different types of SVD and one pattern shows signs of LVD. The final group does not show signs of LVD or SVD and might have a neurodegenerative etiology.

Shape feature analysis method for WMH: development, description and assessment



1.1 Abstract

WMH exhibit large inter-individual variability in terms of regional distribution, severity, rate of progression and clinical consequences. We hypothesize that descriptors on WMH morphology can provide additional information to describe the large inter-individual variability. Shape descriptors were selected based on medical, geological and computer vision literature and their performance was evaluated. This resulted in four suitable descriptors: fractal dimension, eccentricity, solidity, and convexity. These four descriptors were applied to a dataset with patients with manifest arterial disease. These shape descriptors provided additional information about the irregularity of WMH lesions, especially the convexity. In conclusion, shape descriptors provide additional information additional information on WMH, however further research into its clinical application is necessary.

1.2 Introduction

Cerebral small vessel disease (CSVD) is involved in one-third of ischemic strokes and more than 90% of intracerebral haemorrhages and contributes significantly to cognitive decline and dementia in the elderly [5], [6]. Even though CSVD is a serious healthcare issue, it has only gained more interest over the past 20 years.

The pathogenesis of CSVD is still largely unknown [7]. The main mechanism underlying SVD-related brain injuries is usually assumed to be ischemia. However, ischemia caused by arteriolar occlusion might be a late-stage phenomenon caused by endothelial damage. This damage can lead to passage of plasma proteins into the vessel wall, damaged vessel walls [8], leakage of fluid [9], albumin [10], other plasma proteins, and inflammatory cells [11] causing damage in the white and deep grey matter. CSVD results from a complex mix of genetic and cardiovascular risk factors, the most important of which are age and hypertension [4]. Neuroimaging features of CSVD include recent small subcortical infarcts, lacunes of presumed vascular origin, white matter hyperintensities (WMH) of vascular origin on T2/FLAIR MRI, dilated perivascular spaces cerebral microbleeds and brain atrophy [3], [5].

Although WMH are commonly found in healthy elderly people, WMH are commonly related to cerebrovascular disease, cardiovascular disease, dementia and psychiatric disorders [12]–[14]. WMH exhibit large inter-individual variability in terms of regional distribution, severity, rate of progression and clinical consequences [15].

Currently, the WMH burden is mainly expressed in terms of volume [3] and lacks the potential to explain this large inter-individual variability. Shape and localization of WMH are potential discriminating features [16]–[18]. For example, cerebral autosomal dominant arteriopathy is associated with WMH located in the temporal lobe, whereas cerebral amyloid angiopathy is associated with WMH located in the posterior lobe [19]–[21]. WMH can be divided into periventricular (PVWMH) and deep (DWMH) [22] or in three subtypes PVWMH, DVWMH and confluent WMH (CWMH) [23], [24]. Differentiation between PVWMH, CWMH and DWMH is based on the distance to the lateral ventricles [25]. Post-mortem studies showed that PVWMH show signs of non-ischemic damage; discontinuous ependymal, gliosis, loosening of the white matter fibres and myelin loss, whereas DWMH show signs of chronic small vessel disease[15], [23], [26]. In a review on WMH, Kim et al. [23] concluded that smooth PVWMH are linked to an increase of interstitial fluid, whereas irregular PVWMH/CWMH are more likely caused by hypo perfusion and, DWMH are more related to small vessel disease.

It is challenging to assess and quantify WMH shape visually. Therefore, algorithms that can automatically assess WMH shape descriptors need to be developed. No studies were found that performed shape analysis of WMH of vascular origin. However, in other research fields shape descriptors as eccentricity, convexity, solidity, compactness, fractal dimension, curvedness and shape index have been used to discriminate between different types of lesions [27]–[33].

The aim of this study was to assess shape descriptors of WMH lesions that can be used to provide additional information on these lesions and to evaluate their potential to discriminate between different WMH etiologies.

1.3 Methodology

1.3.1 Requirements

The requirements imposed on the shape descriptors are:

- 1. Independence of volume, volume should not solely influence the outcome.
- 2. The outcomes of the shape descriptors should be distributed evenly:
 - a. No flooring effect
 - b. No ceiling effect
 - c. Preferably: Distributed normally, to facilitated statistical analysis
 - d. Preferably: The values of the shape ranges between 0 and 1
- 3. Robustness,
 - a. Positioning of the lesions should not influence the outcome, shape measures should be:
 - i. Rotational invariant
 - ii. Scaling invariant
 - iii. Translational invariant
 - b. Should perform well with limited resolution
- 4. Preferably: Interpretation should be straight forward and comprehensible for clinicians.

1.3.2 Shape measures

The WMH shape descriptors can be divided into area based (surface area, convexity, surface index and curvature), dimension/volume based (volume, solidity, complexity, eccentricity and fractal dimension). These descriptors are calculated from the binary segmented data.

Volume is a quantification of a 3D space enclosed by a surface. WMH volume is used to calculate the solidity (equation 1.4), complexity (1.12) and compactness (1.13) of the lesions and is used as a parameter to express the WMH load. Volume is defined as:

$$Volume = n \cdot x_{xyz}$$
 1.1

With *n* as the number of voxels and x_{xyz} as the voxel size.

Surface area is the size of the lesion interface so the surface of the enclosed 3D space. The surface area is used to calculate the convexity (equation 1.3), complexity (1.12) and compactness (1.13) of the lesions. Area is defined as:

$$Area = (f_{exp}_{xy} + f_{exp}_{-xy}) \cdot x_{xy} + (f_{exp}_{xz} + f_{exp}_{-xz}) \cdot x_{xz} + (f_{exp}_{yz} + f_{exp}_{-yz}) \cdot x_{yz}$$
 1.2

$$f_{exp}$$
 is defined as the number of voxel faces exposed in the indicated direction and x the voxel size in the indicated direction.

The size and shape of concavities seems different between the WMH of different subjects. An object with more concavities has a higher jaggedness of edges. This is a measure for roughness, as the surface has more concavities the area increases and volume decrease and therefore the roughness increases. Solidity and convexity describe roughness by the extent to which the shape is convex or concave. A fully convex shape has a convexity of 1.

Even though convexity and solidity have not been used to analyses WMH other field have used these to analyses shapes. Lui et al. shows that a combination of solidity and convexity can be used to distinguish shapes based on number, shape and size of concavities for volcanic ash analysis [32]. The convexity will decrease as the shape becomes more concave.

The convexity is defined as:

$$Convexity = \frac{Area\ convex\ hull}{Area}$$
 1.3

Solidity is defined as:

$$Solidity = \frac{Volume}{Volume \ convex \ hull}$$
 1.4

A shape or set of points is convex if for any two points that are part of the shape, the whole connecting line segment is also part of the shape. The convex hull is the smallest convex set that contains the subset or shape. [34]

The solidity and convexity can be combined using formula 1.5 to obtain the concavity index.

Concavity Index =
$$\sqrt{(1 - solidity)^2 + 2 - convexity^2}$$
 1.5

The fractal dimension is not previously used to analyse WMH but is already been used to quantify grey matter [30] and white matter [31] morphometric variability (complexity). Fractal objects are defined as scale-invariant (self-similar or self-affine). A fractal is an assemblage of rescaled copies of itself. Self-similarity occurs when the object is scaled in all direction where self-affinity occurs when scaled anisotropic. The fractal dimension measures the textural roughness of an object. The higher the fractal dimension the more irregular the object compared to a lower dimension. An object with a fractal dimension between 2 and 3 fills more space than a surface but less space than a volume. Box-counting was used as it can be applied in any dimension and with or without self-similarity. [35], [36] The fractal dimensions is defined as [37]:

Fractal dimension =
$$\lim_{r \to 1} \frac{\log(n_r)}{\log(\frac{1}{r})}$$
 1.6

With *n* as the number of boxes covered by the pattern and the inverse box size $\frac{1}{r}$ with $r = 2^p$. The value of p ranges from the smallest p satisfying equation 1.7 till 0.

$$lesion \ size_{max} \le 2^p \tag{1.7}$$

We hypothesize that more benign WMH caused by oedema around the vessels is more ellipsoid and vascular damage more circular shaped. Eccentricity describes the deviation from a circle. The eccentricity of a circle is one and the eccentricity of a line is zero. Therefore, the eccentricity of an ellipse will be between zero and one. The eccentricity in this study is defined as [28]:

$$Eccentricity = \frac{Minor \ axis}{Major \ axis}$$
 1.8

The major and minor axis (see figure 2) can be obtained by finding the eigenvector of the pixel coordinate values covariance matrix.

A non-singular 3x3 matrix A has 3 eigenvalues $\lambda_1, \lambda_2, \lambda_3$ obtained by solving equation 1.9

$$|\mathbf{A} - \lambda \mathbf{I}| = 0$$
 1.9
With

$$\boldsymbol{A} = \begin{bmatrix} var(x) & cov(x,y) & cov(x,z) \\ cov(x,y) & var(y) & cov(y,z) \\ cov(x,z) & cov(y,z) & var(z) \end{bmatrix}$$
1.10

The corresponding eigenvectors e_1, e_2, e_3 are obtained by solving equation 1.11:

$$(\boldsymbol{A} - \lambda_j \boldsymbol{I})\boldsymbol{e}_j = 0 \tag{1.11}$$

The eigenvector corresponding with the largest eigenvalue is the major axis. The mean pixel value is subtracted and the lesions are rotated so that the lesions centre is located in the origin and the x-axis corresponds to the major axis. The major axis is variance along the x-axis within 0.2 mm from the axis and the minor axis is the variance along the z-axis within 0.2 mm from the axis.

Other shape descriptors that were investigated are defined below (equation 1.12-1.15). Such measures have previously been used to discriminate between malignant and benign tumours [27]–[29]. The roughness of a shape describes the extent of the irregularity of surface area. A regular object will have a lower roughness than an irregular object of the same volume, due to an increased area.

$$Complexity = \frac{4 \cdot \pi \cdot Volume}{Area^2} \text{ alternatively } Complexity = \frac{Volume}{Area}$$
 1.12 / 1.13

$$Compactness = \frac{Volume^2}{Area^3} / \frac{Volume}{Major axis \cdot Second axis \cdot Minor axis} / \frac{Volume}{Major axis^3} \qquad 1.14 / 1.15 / 1.16$$

Other roughness based measures that were investigated include the shape index and curvedness. Shape index and curvedness are defined as [38]:

Shape index =
$$\frac{2}{\pi} tan^{-1} \frac{k_1 + k_2}{k_1 - k_2}$$
 1.17

$$Curvedness = \sqrt{{k_1}^2 + {k_2}^2}$$
 1.18

Where k_1 is the maximal curvature and k_2 the minimal curvature (see figure 3), named the principal curvatures.





Figure 1. The major axis denotes the largest diameter of the lesions in 3D and minor axis denotes the smallest diameter of the lesions in 3D orthogonal to the major axis.

Figure 2. Example of a surface with surface normal \vec{N} and principal curvatures $k_1 \otimes k_2$

1.3.3 Descriptor validation

The performance of the previous described shape descriptors is examined using artificial shapes. Figure 3 shows six artificially created spheres with various axis lengths and orientations. Figure 4 shows six artificially created u-shapes of various sizes, orientations and with and without gaps. Known volume, area, axis length and box counts are compared with the outcome of shape descriptors. Finally a line, plane, box and cantor dust were created to validate the fractal dimension measurement.

1.3.4 Descriptor evaluation

For this experiment a selection of lesions from previously generated WMH probability maps of the SMART-MR dataset were used (for more information see page 22). This selection was created in dialogue with a radiologist (JB).

Performance of the shape descriptors was evaluated using a selection of PVWMH, CWMH and DWMH lesions (for more information about lesion types see page 23). Lesions with different volumes were selected to represent the possible range in shape of the three lesion types. See Appendix A for visualization of the shape ranges. Volume dependency was determined by plotting the shape descriptor versus the volume (sorted with ascending volume) of the lesions, a linear association was declared volume dependent. Spread, flooring and sealing effects were assessed in the same plots. For examination of the scale, translation and rotational invariance lesions were rotated, translated or scaled and outcomes of the shape parameters for the original shape and the rotated, translated or scaled lesions was compared. Comprehensibility of these parameters for clinical practice was determined by a radiologist (JB).

Finally the best performing shape descriptors were applied to all WMH lesions in the SMART-MR cohort to investigate the meaning and impact of these descriptors more thorough.

3: xy plane	B: xz plane	B: yz plane	B: xy plane	B: xz plane	B: yz plane
2: xy plane	C: xz plane	C: yz plane	C: xy plane	C: xz plane	C: yz plane
): xy plane	D: xz plane	D: yz plane	D: xy plane	D: xz plane	D: yz plane
: xy plane	E: xz plane	E: yz plane	E: xy plane	E: xz plane	E: yz plane
: xy plane	F: xz plane	F: yz plane	F: xy plane	F: xz plane	F: yz plane

A: yz plane

A: xy plane

A: xz plane

A: yz plane

A: xy plane

A: xz plane

Figure 3. Spheres with varying diameters and orientations.

Figure 4. U shapes with varying sizes, orientations and with and without gaps.



Figure 5. Cantor dust in 2D and 3D.

Cantor 3D: xz plane Ca





Cantor 3D: yz plane

1.4 Experimental results

1.4.1 Descriptor validation

An overview of different results from the descriptor validation can be found in table 1, 2 and 3. All measurements of the synthetic lesions correspond to the true measures except for the estimation of the fractal dimension. Where a under estimation of the FD is present for the less complex figures (cube, plane and line) and a slight overestimation for cantor dust.

True/measured	Area (mm²)	Volume (mm ³)	Convex Area (mm ²)	Convex volume (mm ³)	Box count (n)
Circle A	22/22	5/5	22/22	5/5	[5 3 1] /[5 3 1]
Circle B	54/54	27/27	54/54	27/27	[26 8 1]/[26 8 1]
U-shape A	22/22	5/5	22/22	6/6	[5 3 1] /[5 3 1]
U Shape B	22/22	5/5	22/22	6/6	[5 3 1] /[5 3 1]
U Shape C	168/168	80/80	192/192	128/128	[80 10 4 1]/ [80 10 4 1]
U Shape D	168/168	80/80	192/192	128/128	[80 10 4 1]/ [80 10 4 1]
U Shape E	174/174	77/77	192/192	128/128	[77 10 4 1]/ [77 10 4 1]
U Shape F	176/176	76/76	192/192	128/128	[76 10 4 1]/ [76 10 4 1]

Table 1. Evaluation of area, volume, convex area, convex volume and box count measurements. True value/measured value

Table 2. Evaluation of axis length and eccentricity measurements. True value/measured value

True/ measured	First axis	Second axis	Third axis	Eccentricity	Eccentricity 321
	(mm)	(mm)	(mm)	linear	
Circle A	3/3	3/3	1/1	0.33/0.33	0.82/0.82
Circle B	3/3	3/3	3/3	1/1	0/0
Circle C	19/19	19/19	19/19	1/1	0/0
Circle D	19/19	19/19	13/13	0.68/0.68	0.56/0.56
Circle E	19/19	13/13	9/9	0.47/0.47	0.82/0.82
Circle F	19/19	13/13	9/9	0.47/0.47	0.82/0.82

 Table 3. Evaluation of the fractal dimension by using objects with known fractal dimensions. True/measured (% difference)

Cube	Plane	Line	2D cantor	3D cantor
3/2.776 (-7.5%)	2/1.833 (-8.3%)	1/0.951 (-4.9%)	1.678/1.690 (0.7%)	2.485/2.535 (2,0%)

1.4.2 Descriptor evaluation

The results of the descriptor evaluation are shown in table 4 These scores are based on the results of the parameters obtained from the selection of PVWMH, CWMH and DWMH lesions (see appendix B) and synthetic lesions (figure 3, 4 and 5).

Some measures like fractal dimension, complexity and compactness measure similar shape characteristics. Because we are interested in unique characteristics of the lesions a comparative assessment was made. Even though the fractal dimension is not truly scale invariant this measure is chosen over complexity and compactness as these measures show some volume dependency and a more selective spread. This volume dependency is mostly caused by the fact that these are variants of the surface to volume ratio with is volume dependent. Moreover compactness 2 and 3 make use of the axis length obtained from the eccentricity calculation; due to the fact that PVWMH and CWMH are not spherical objects these measures are beside the point.

Solidity and convexity are used in further analysis due to the favourable characteristics. In contrast to other roughness measures are they not volume dependent and the spread is sufficient. Second of all, research into volcanic ash morphology [32] suggest that combining solidity and convexity can help distinguish between small and large concavities which is interesting when analysing PVWMH and CWMH lesions.

For shape index and curvedness measurements the resolution is not sufficient, therefore these measures will not be used further on in the clinical data analysis.

In conclusion, the four shape descriptors that meet most of the requirements and provide unique insights into WMH morphology are: solidity, convexity, eccentricity (3/1) and fractal dimension.

Descriptor\Criteria	Sufficient resolution	Volume dependent	Flooring effect	Sealing effect	Rotational invariant	Scale invariant	Translation invariant	Spread	Comprehensi ble for clinicians
Solidity	+	-	+/-	+/-	+	+	+	+/-	+
Convexity	+	-	-	-	+	+	+	+	+
Complexity	+	-	+/-	-	+	+	+	+/-	+
Compactness 1	+	+/-	+/-	-	+	+	+	+/-	+
Compactness 2	+	+	-	-	+	+	+	+	+
Compactness 3	+	+	-	-	+	+	+	+	+
Eccentricity 3/1	+	-	-	-	+	+	+	+/-	+
Eccentricity 321	+	-	-	+	+	+	+	-	+/-
Eccentricity 31	+	-	-	+	+	+	+	-	+/-
Eccentricity 21	+	-	-	-	+	+	+	-	+/-
Fractal dimension	+	+/-	-	-	+	-	+	+	+/-
Shape index (SI)									
Mean value	-	-	-	+/-	-	-	-	-	+/-
Minimal value	-	-	+	-	+	+	+	-	+/-
Maximum value	-	+/-	-	+	+	+	+	-	+/-
Standard deviation	-	-	-	-	-	-	-	-	+/-
Curvedness									
Mean value	-	-	-	-	+	+	+	+	+/-
Minimal value	-	-	+	-	-	-	-	-	+/-
Maximum value	-	-	-	-	+	+	+	+	+/-
Standard deviation	-	-	-	-	+	+	+	+	+/-

Table 4. Results from the shape descriptor evaluation. Per shape descriptor the criteria are evaluated and scored.

1.4.3 Shape descriptors in the SMART-MR cohort

In the previous section four shape descriptors (fractal dimension, solidity, convexity and eccentricity) were selected as they satisfied most of the formulated criteria (see requirements, page 6 and table 4). In figure 6 the relation between WMH volume and the different shape descriptors is shown. The WMH volume is log transformed to obtain a normal distribution. Normality was conformed with a histogram and QQ plot. Fractal dimension and solidity are highly correlated with WMH volume (FD: r (997¹) = 0.95, p < 0.001 & solidity: r (997) = -0.85, p < 0.001). Convexity and eccentricity have a weak correlation with WMH volume (Convexity: r (997) = 0.23, p < 0.001 & Eccentricity: r (632) = -0.24, p < 0.001).



Figure 6. The four selected shape descriptors set out against the log transformed volume. The WMH volume is log transformed to obtain a normal distribution. Increased WMH volume leads to an increase in fractal dimension and convexity while the solidity decreases. Eccentricity does not increase with volume.

¹ Degrees of freedom (n-2). Of the 1003 subjects, 4 did not have any CPWMH and 369 did not have any DWMH lesion. This results in 999 subjects with shape for CPWMH lesions and 634 subjects with DWMH lesions.

In figure 7 the convexity is plotted against the convexity for all CPWMH lesions to provide further insight into these descriptors. Lesions positioned in the left bottom corner are large and rough lesions with a large area and small volume compared to their convex hull. The lesions more to the right bottom still have a small relative volume, however their relative area decreases. Lesions with a higher solidity have a higher relative volume. Resulting in a shape that is more comparable to the convex volume, and therefore resulting in a more comparable area. Causing a more concentrated spread in convexity with higher solidities compared to low solidities (around Lesions 6, 7 and 8).

Patients with smaller CPWMH volume can either have a one relatively smooth elongated lesion (right bottom corner, e.g. lesion 3), several smaller or somewhat more bulky lesions spread out along the ventricles (top left, e.g. lesions 8) or something in between (e.g. lesions 5 and 6). Lesions with a higher volume are more often positioned in the left bottom corner (e.g. lesions 1 and 4) as the relative area increases due to increased roughness. Interpretation of the convexity without the solidity is complicated as in 3D as values of the convexity can range beyond 1. See for example lesion 4, without the solidity one would state that this is not a rough lesion as the convex area and the area are relatively similar.



Figure 7. Convexity versus solidity plot with WMH visualization for each lesion at corresponding position. Orange lesions are confluent lesions and the periventricular lesions are visualized in blue. Lesions at different positions in the plot are visualized to provide some insight into the meaning of the shape descriptor values.

Figure 8 shows a plot of the fractal dimension versus the concavity index (a combination of solidity and convexity, see equation 1.5). It can be observed that an increase in volume and roughness also increases the fractal dimension of the lesions. This is in line with figure 6 in which a strong corrolation was shown between volume and fractal dimension. The concavity index, also a measure of roughness, can be used to differentiate between dense and irregular versus elongated and curved WMH.



Figure 8. Fractal dimension versus concavity index plot with WMH visualization for each lesions and corresponding positions. The orange lesions are confluent lesions and the periventricular lesions are visualized in blue. Lesions at different positions in the plot are visualized to provide some insight into the meaning of the shape descriptor values.

Figure 9 illustrates shapes of DWMH lesions with increasing eccentricity. Differences in eccentricity are difficult to assess visually. Indicating the additional value for shape descriptors in addition to volume and visual examination, on the other hand, it is also an indication that small changes in eccentricity may not be relevant.



Figure 9. Eccentricity from upper left to right and top to bottom: 0.10, 0.21, 0.31, 0.42, 0.50, 0.61, 0.71, 0.81, 0.91, 0.98.

1.5 Discussion and conclusion

In this study we investigated and evaluated possible shape descriptors for WMH lesions. This was done with the ultimate aim of providing additional discriminating information on outcome of patients with WMH and WMH etiology. First of all, we showed that shape descriptors of WMH can be calculated. When comparing area based, dimension/volume based and complex based shape descriptors we found that, convexity, solidity, eccentricity and fractal dimension meet most of the requirements outlined in table 4. Finally, shape descriptors were applied to WMH lesions of subject of the SMART-MR cohort. Even though the shape of the WMH lesions is highly correlated with WMH volume for some shape descriptors, findings suggest that shape measures can indeed provide additional information on different types of WMH with regard to irregularity.

During the validation of the shape descriptors we found that we can accurately measure volume, area and length of WMH lesions. However, this does not mean that our 3D shape descriptors for WMH are completely accurate. For measuring the shape descriptors we are dependent on the voxel size and segmentation to obtain a digital representation of the WMH lesion. This limitation is especially of influence on the accuracy in the SMART-MR data set as scans were made with an slice thickness of 4 mm. Resulting in limited data in the z-direction, the influencing the accuracy and precision of shape descriptor values of the smallest lesions the most.

The accuracy of our box-counting (table 3) method for 3D-FD calculation was good (with an maximal difference of 2%) for complex objects (2D and 3D cantor dust) and comparable to other published approaches to calculate the FD of the cerebral grey matter (difference 0.1 - 2%)[39]. However, for non-complex objects (cube, plane and line) the accuracy is low (maximal difference of 8.3%) compared to that reported by Esteban et al. [39]. This suggests that the FD for the PWMH and CWMH is thus more reliable than the FD for DWMH lesions, which are smaller and more cube or ellipsoid shaped.

Another possible limitation is that for the eccentricity we assumed that a deep WMH lesion is oval or round and thus the axis length are measured through the centre of the lesion, while in reality not all DWMH lesions are truly spherical.

Some measures can only be obtained using binary data (e.g. fractal dimension); while for other descriptors it is also possible to assess the shape descriptors using a mesh. In this study all measures are calculated from binary images with the risk of losing the additional information of the probability values obtained by kNN classification (see brain segmentation, page 25). Meshes created with the marching cube algorithm on the probability maps might provide a more precise representation of the lesion resulting in even more reliable shape descriptors.

Possibilities for future research include assessing the reproducibility of the WMH shape descriptors by obtaining two datasets of the same subject within a short timeframe but in different scanning sessions using the same MRI scanner and protocol. Additionally it would be interesting to investigate the influence of resolution by scanning the same subject with different slice thicknesses. Quantification of the variability caused by differences in slice selection, slice thickness and segmentation may increase our knowledge of the precision and accuracy of the shape descriptors. Furthermore, the relationship between WMH shape and WMH volume can be investigated more accurately. Finally and most importantly, it would be interesting to investigate the relation of WMH shape and clinical outcome (i.e. development of stroke, cognitive impairment or death). Like Artero et al. we found that WMH are most often localized in the frontal and parietal lobe. It would be interesting to investigate whether the shape of DWMH lesions is different per lobe.

In conclusion, our study suggests that solidity, convexity, concavity index, fractal dimension and eccentricity can be used to obtain additional discriminating information on WMH lesions of presumed vascular origin. However, further research on the clinical implication of shape descriptors is necessary to evaluate their additional value.

Different brain imaging phenotypes in patients with manifest arterial disease; the SMART-MR study



2.1 Abstract

<u>Objective</u>: Brain abnormalities are heterogeneous and are the result of different underlying etiologies. These different etiologies can lead to different patterns of brain abnormalities that can be interpreted as different brain imaging phenotypes. We examined a cohort of patients with arterial disease and set out to identify subgroups with different brain imaging phenotypes using cluster analysis.

<u>Method</u>: We included 1003 patients with manifest arterial disease from the SMART-MR study. In these patients different brain imaging features were determined consisting of grey and white matter tissue volumes, presence of different types of brain infarcts and different features of white matter hyperintensities (WMH). Hierarchical clustering was used to identify different subgroups based on these imaging features. To study the clinical relevance of these subgroups, the between group differences in patient characteristics and risk factors for vascular disease were examined.

<u>Results</u>: By cluster analysis 7 distinct groups of brain imaging phenotypes in patients with manifest arterial disease were found consisting of 28, 49, 118,120, 183, 205 and 300 patients. These groups were significantly different in brain volumes, presence of different types of brain infarcts and different features of WMH (p<0.05). These groups can be interpreted as suffering from: small vessel disease (SVD) combined with cerebral atrophy, large vessel disease, intermediate cerebral atrophy and WMH, SVD and three relative healthy groups with low to intermediate cerebral atrophy and WMH. Groups were significantly different (p<0.05) in age, smoking, hypertension, hyperhomocysteinemia, diabetes, and in primary location of the manifest arterial disease.

<u>Conclusions</u>: Within a group of patients with arterial disease, we identified distinct brain imaging phenotypes that were associated with different vascular risk factor profiles. This novel approach enables identification of different brain imaging phenotypes possibly associated with different still unknown underlying etiologies.

Keywords: imaging phenotypes, arterial disease, white matter hyperintensities, infarcts, atrophy.

2.2 Introduction

Brain changes are heterogeneous and are the result of different underlying etiologies. The most frequent brain changes are neurodegenerative diseases, large vessel disease and cerebral small vessel disease. These brain changes are quite heterogeneous. CSVD for example has various underlying etiologies, the most common being arteriolosclerosis, cerebral amyloid angiopathy and genetic SVD (for example CADASIL² and CARASIL³) [5]. However, even more unknown underlying etiologies might play an important role in the development of brain changes on MRI.

Specific neuroimaging features can reflect different etiologies. For example, subcortical infarcts resulting from large-vessel disease (LVD) are indistinguishable from those caused by SVD in the territory of the lenticulostriate arteries [40]. Furthermore, WMH are considered a neuroimaging feature of CSVD, but might not have an atheromatous etiology [41]. Nowadays research mainly focuses on solitary imaging marker resulting in limited explanation of the large inter-individual variability. Artero et al. were the first to use hierarchal clustering to find patterns in WMH location and severity. [21] Although this is a new approach in WMH research, unsupervised clustering such as hierarchical clustering is widely used in genomic research. By hierarchical clustering it is possible to group patients with similar neuroimaging features into imaging phenotypes. Combining neuroimaging features into imaging phenotypes can result in the identification of previously unknown distinct diseases with its own underlying etiologies and prognosis.

We examined a cohort of patients with manifest arterial disease and attempted to identify subgroups of different brain imaging phenotypes using cluster analysis. The relevance of these subgroups was assessed by examining between-group differences in patient characteristics and risk factors for vascular disease.

² CADASIL= cerebral autosomal dominant arteriopathy with subcortical ischemic strokes and leukoencephalopathy

³ CARASIL= cerebral autosomal recessive arteriopathy with subcortical ischemic strokes and leukoencephalopathy

2.3 Materials and methods

2.3.1 Study population

Cross-sectional data was used from the SMART-MR study [42], [43]. The Second Manifestations of ARTerial disease (SMART) is a prospective cohort study at the University Medical Centre Utrecht designed to establish the prevalence of concomitant arterial diseases and risk factors for atherosclerosis in a high-risk population. The SMART-MR study is a sub-study of the SMART study, with the aim to investigate risk factors and consequences of brain changes on MRI in patients with symptomatic atherosclerotic disease. The SMART-MR study is an ongoing prospective cohort study in 1309 middle-aged and older adult patients newly referred to the University Medical Centre Utrecht for treatment of symptomatic atherosclerotic disease (cerebrovascular disease, peripheral arterial disease, manifest coronary artery disease or abdominal aortic aneurysm) enrolled between May 2001 and December 2005 for baseline measurements. During a one day visit to the medical centre, a physical examination, blood and urine samplings, neuropsychological assessment, ultrasonography of the carotid arteries, and a 1.5T brain MRI scan were performed. Questionnaires were used for assessing risk factors and medical history, functioning, medication use and demographics.

A total of 1309 patients were included in the SMART-MR study. Of these 1309 patients, 19 had no MRI, 225 had no IR or T1 sequence and 14 had no FLAIR sequence. In addition, in 44 patient's brain volume data were missing due to motion or artefacts. MRI scans of four patients were excluded due to severe undersegmentation. As a result, MR segmentation data of 1003 participants was available.

2.3.2 Magnetic resonance imaging protocol

MR imaging of the brain was performed on a 1.5T whole-body system (Gyroscan ACS-NT, Philips Medical Systems, Best, The Netherlands) using a standardized scan protocol. Transversal T1- weighted (repetition time (TR) = 235 ms; echo time (TE) = 2 ms), T1-weighted inversion recovery images (TR = 2900 ms; TE = 22 ms; TI = 410 ms), T2-weighted (TR = 2200 ms; TE = 11 ms) and FLAIR (TR = 6000 ms; TE = 100 ms; inversion time (TI) = 2000 ms) were acquired with a voxel size of 0.9 x 0.9 x 4.0 mm³ and 38 contiguous slices.

2.3.3 Brain MRI markers

2.3.3.1 Brain segmentation

Segmentations were obtained using a probabilistic segmentation method [44]. This method segments five different brain structures; white matter, grey matter, cerebrospinal fluid without ventricles, ventricles and WMH in brain MR imaging. This algorithm uses K-Nearest Neighbour (kNN) classification to generate probabilities per voxel for each tissue types. The features for this classification is generated from spatial information and voxel intensities from T1-weighted, inversion recovery, proton density-weighted, T2-weighted and fluid attenuation inversion recovery scans. A threshold can be applied to obtain binary segmentations. Automatic segmentations by kNN for all MRI scans were visually checked on the FLAIR sequence. All hyperintense lesions on the FLAIR sequence that were visually not consistent with WMH were manually removed and replaced by labels of other tissues based on the probability maps from the kNN segmentation.

2.3.3.1.1 Brain Atrophy

Total brain volume was calculated by summing the volumes of grey and white matter and, if present, volumes of the WMH and infarctions. Inter cranial volume (ICV) was calculated by summing the total brain volume and volumes of the cerebrospinal fluid. Brain parenchymal fraction (BPF) is defined as the percentage of ICV occupied by brain tissue. Cortical grey matter fraction (GMF), white matter fraction (WMF) and ventricular fraction (VF) are defined as the percentage of ICV occupied by cortical grey matter volume, white matter or ventricles.

2.3.3.1.2 White matter hyperintensities

WMH can be visually divided into different types based on their distance to the lateral borders of the lateral ventricles. These different types consist of deep punctuate white matter hyperintensities (DWMH), periventricular white matter hyperintensities (PVWMH) and confluent white matter hyperintensities (CWMH) [23], [24]. Previously generated WMH probability maps were used to obtain WMH lesions. Lesions were automatically labelled DWMH, PVWMH or CWMH based on the distance from the ventricles. Ventricle segmentation was obtained using the fully automated lateral ventricle delineation (ALVIN) toolbox [45] in statistical parametric mapping 8 (SPM8, Wellcome Department of Imaging Neuroscience,

Institute of Neurology and the National Hospital for Neurology and Neurosurgery; London, UK; http://www.fil.ion.ucl.ac.uk/spm/) running on MATLAB R2015b (Matworks, Natick, MA, USA). The ALVIN toolbox uses a T1 scan (registered to the T2-FLAIR) to segment and normalize the cerebrospinal fluid (CSF) and then applies the ALVIN mask. The ventricle segmentation was subsequently rewrapped back into anatomical space. The obtained automatic assigned labels are manually checked and corrected if necessary. Due to their proximity, PVWMH and CWMH were considered as one group (CPWMH). CPWMH are defined as lesions less that are located within 3 mm of the ventricles and for DWMH the minimal distance from the ventricles is more than 3 mm.

Shape descriptors

WMH exhibit large inter-individual variability in terms of regional distribution, severity, rate of progression and clinical consequences [15]. Currently, the WMH burden is mainly expressed in terms of volume [3] lacking the potential to explain the large inter-individual variability. The shape and distribution might describe more of this variability. While shape analysis has been performed in neuroimaging studies on WMH of non-vascular origin [27]–[33], no such studies have been performed in WMH of presumed vascular origin.

WMH shape descriptors used in the present study can be subdivided into area based (surface area, convexity, surface index and curvature), dimension/volume based (volume, solidity, complexity, eccentricity and fractal dimension) shape descriptors, see table 5. All descriptors were calculated from the binary data obtained by thresholding the lesion probability map at 10%. Shape descriptors for CPWMH lesions (solidity, convexity, concavity index and fractal dimension) were calculated in each patient for both hemispheres. As a result, one value for each shape parameter was obtained of all CPWMH lesions in each patient. For DWMH lesions, shape descriptors (eccentricity and fractal dimension) were calculated for each shape parameter.

Patients with few WMH have solid and smooth lesions and more round DMWH lesions. With an increased WMH volume, patients can either have one relatively smooth elongated lesion (relative low solidity and fractal dimension and high convexity) or several smaller and somewhat more bulky and irregular CPWMH lesions spread out along the ventricles (relative higher solidity and fractal dimension, lower convexity). Lesions with a higher volume are often more irregular with a high fractal dimension and low solidity and convexity.

Name	Description	Formula	WMH type	Reverences
Convexity (C)	Describe the extent to which the shape is convex or concave. A fully convex shape has a convexity and solidity of 1. The	$C = \frac{\text{Convex hull area}}{\text{Area}}$	CWMH PVWMH	[32]
Solidity (S)	solidity will decrease and the convexity increase as the shape becomes more concave.	$S = \frac{Volume}{Convex hull volume}$	CWMH PVWMH	[32]
Concavity index (Cl)	The concavity index is a measure of roughness and can be used to differentiate between dense and irregular or elongated and curved WMH.	$CI = \sqrt{(2 - C)^2 + (1 - S)^2}$	CWMH PVWMH	[32]
Fractal dimension (FD)	The Minkowski-Bouligand dimension (box- counting dimension) is a measure for textural roughness.	$FD = \lim_{r \to 1} \frac{\log(n_r)}{\log(\frac{1}{r})}$ With n as the number of boxes and r the box size.	CWMH PVWMH DWMH	[30], [31]
Eccentricity (E)	Eccentricity describes the deviation from a circle. The eccentricity of a circle is one and the eccentricity of a line is zero.	$E = \frac{\text{Minor axis}}{\text{Major axis}}$ The major axis denotes the largest diameter of the lesions in 3D and minor axis the smallest diameter orthogonal to the major axis.	DWMH	[28], [33]

Table 5. Shape descriptors calculated for the cluster analysis

2.3.3.2 Infarcts

The whole brain, including cortex, brainstem, and cerebellum, was visually searched for infarcts by two investigators and a neuroradiologist. Rating discrepancies were re-evaluated in a consensus meeting. All raters were blinded for the diagnosis and history of the patient. Hyperintensities located in the white matter also had to be hypointense on T_1 -weighted and FLAIR images, in order to distinguish them from WML. Infarcts were defined as focal hyperintensities on T_2 -weighted images of at least 3 mm in diameter. Dilated perivascular spaces were distinguished from infarcts on the basis of their location (usually in the lower third of the basal ganglia or in the centrum semiovale, along perforating or medullary arteries, often symmetrical bilaterally, form (round/oval), and the absence of gliosis [46]. We defined LI as infarcts sized 3–15 mm and located in the subcortical white matter, thalamus or basal ganglia. The location, type and affected flow territory were scored for every infarct.

2.3.4 Cardiovascular risk factors

Height and weight were measured without shoes and heavy clothing and the body mass index was calculated (kg/m^2) . Systolic and diastolic blood pressures (mmHg) were measured with a sphygmomanometer. These measurements were done twice and the average between the two measurements was calculated. Glucose and lipid levels are determined from an overnight fasting blood sample during the patient's visit to the medical centre. Diabetes mellitus was defined as a glucose level of \geq 7.0 mmol/L or use of oral antidiabetic drugs or insulin.Hyperlipidaemia was defined as total cholesterol > 5.0 mmol/L, self-reported use of lipid-lowering drugs or low-density lipoprotein cholesterol > 3.2 mmol/L. Hyperhomocysteinemia was defined as a homocysteine level \geq 16.2 µmol/L. Smoking and drinking habits were assessed using questionnaires. Smoking was qualified in pack-years. Alcohol consumption was divided into three categories: never, past and current. Patients who quit drinking during the past year were assigned to the category current alcohol intake. Ultrasonography was performed to measure the intima-media thickness (mm) in the left and right common carotid arteries, represented by the mean value of 6 measurements.

2.3.5 Cluster analysis

Multidimensional data analysis was used to demonstrate WMH shape patterns independently of etiological hypotheses. The input consisted of WMH volume, ventricle, cortical grey matter and white matter volume (corrected for intracranial volume), the number of DWMH lesions per lobe, number of infarcts (subdivided in number of lacunar and cortical infarcts) and shape parameters (fractal dimension, solidity, convexity, eccentricity). Hierarchical clustering (HC) using Ward's criteria was used to generate clusters. The input was based on z-score normalized data for continuous variables and numbers scaled between 0 and 2. Thirty cluster evaluation criteria were calculated using the R package NbClust [47] and based on the majority rule the number of clusters was determined.

The stability was analysed using a leave-one-out validation model by repeating the HC analysis 1003 times (every subject was left out once). The average proportion of non-overlap (APN), average distance (AD), average distance between means (ADM) and the figure of merit (FOM) were calculated by averaging over all the deleted columns. All these measures should be minimized. Additionally, the silhouette width was used as measures of internal validity. The clustering validity resulted in; APN: 0.00; AD: 24.5; ADM: 0.00 and FOM: 0.70. The average silhouette width for 3 clusters was 0.20 (cluster 1: 0.33, cluster 2: 0.07, cluster 3 0.09) and for 7 clusters was 0.12 (cluster 1: 0.09, cluster 2: 0.01, cluster 3: 0.00, cluster 4: 0.26, cluster 5: 0.17, cluster 6 0.06, cluster 7: 0.26)

Data analysis was carried out using R version 3.3.2 [48] (witch packages Factoextra [49], NbClust [47], clValid [50] and R.Matlab [51])

2.3.6 Statistical analysis

Vascular risk factors between the identified groups were investigated. Histograms and QQ plots were assessed to test for non-normal distribution. If applicable, the log transformation was used to obtain a normal distribution. Significance testing was carried out in qualitative variables using a χ^2 test and for quantitative variables analysis of variance (ANOVA).

Statistical analyses were carried out using the SPSS (Statistical Package for the Social Sciences) program, version 21. A p-value p< 0.05 was considered significant.

2.4 Results

Based on the majority vote of 30 indexes, for determination of the optimal number of clusters in a dataset [47], we came to the 3 clusters approach. The three cluster approach makes a distinction primarily based on number and severity of brain abnormalities. However, at least seven subtypes of SVD exists [5], as we hypothesized that different etiologies lead to different imaging phenotypes we would expect more clusters. Based on the dendogram combined with the heatmap in figure 11 we determined that a seven cluster approach might be more appropriate.

Three subgroup approach

Hierarchal clustering showed a non-random pattern of brain characteristics and was cut to produce three distinct clusters of brain imaging features (figure 10) within this cohort of patients with manifest arterial disease. Cluster 1 grouped 483 patients (48%), cluster 2 grouped 374 patients (37%) and the final cluster grouped 146 patients (15%).

Brain imaging phenotypes

Brain imaging characteristics of the three groups are given in table 7. Groups are different in solidity, convexity, fractal dimension CPWMH, concavity index, eccentricity, number of DWMH (frontal, parietal, temporal and basal ganglia), WMF, GMF, VF, WMHF, lacunar and cortical infarct presence. On the other hand, fractal dimension of the DWMH and the number of occipital DWMH are not significantly different between groups.

Group 1 corresponding to patterns in the first clusters was characterized by the least brain atrophy (VF: 1.54(1.15,2.05), GMF: 37.5 \pm 3.1), the lowest number infarcts (Lacunar: 0.4 %(2), Cortical: 0% (0)) and relatively small (WMHF: 0.03 (0.02,0.05)), solid and smooth (convexity: 1.00 \pm 0.08, solidity: 0.77 \pm 0.13, FD: 1.10 \pm 0.16) CPWMH lesions. Group 2 is showing intermediate brain atrophy (VF: 1.97 (1.58,2.55), GMF: 35.6 \pm 3.2), highest number of cortical infarcts (24.3 % (93)) and intermediate WMH volume (0.11(0.06,0.19)) with convex (convexity: 1.20 \pm 0.17) CPWMH lesions. Group 3 has most brain atrophy (WMF: 41.8 \pm 2.0 vs. 42.7 \pm 1.9; p<0.001 & 42.4 \pm 2.1; p=0.006, GMF: 33.3 \pm 3.1, VF: 3.23 (2.72,3.78)) and the highest number of lacunar infarcts (37.0% (54)) and high WMH volume (3.23 (2.72,3.78)) with more irregular (concavity index: 1.23 \pm 0.13, FD: 1.53 \pm 0.18)) CPWMH lesions and less circular (0.45 \pm 0.10 vs. 0.51 \pm 0.17; p<0.001 & 0.48 \pm 0.14 ; p=0.08) DWMH lesions than group 1 and 2.

Between group differences in patient characteristics, vascular risk factors and primary disease location

The clinical characteristics of the three groups are given in table 6. Significant differences were found in, mean age, sex, smoking, history of hypertension, diabetes, history of cerebral vascular disease, history of cardiac disease and history of an abdominal aneurysm were statistically different between groups. On the other hand, no significant differences were found in the body mass index, alcohol consumption, hyperlipidaemia and history of peripheral vascular diseases.

Table 6 shows that with an increase of brain abnormalities the age and severity of the cardiovascular risk factors also increases. These groups mostly represent the relative healthy and young, intermediate and unhealthy and oldest group within the cohort with few, more and most brain abnormalities.

Table 6. Demographics and clinical characteristics of the total cohort and clusters identified by cluster	analysis.
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	Total (n=1003)	Group 1 (n=483)	Group 2 (n=374)	Group 3 (n=146)	P value	Post hoc
Age (years)	59 ± 10	54 ± 9	61 ± 10	67 ± 7	p < 0.001	All
Gender, % men	79.1 (793)	79.7 (385)	75.9 (284)	84.9 (124)	p = 0.07	
Cardiovascular risk factors						
BMI (kg/m2)	26.8 ± 3.8	26.8 ± 3.8	26.8 ± 3.9	26.4 ± 3.3	p = 0.441	
Smoking (pack years)	22.4 ± 20.5	21.0 ± 19.6	22.6 ± 20.2	26.6 ± 23.6	p = 0.014	1≠3
Alcohol intake, current %	74.4 % (742)	76.0 (365)	72.0 (276)	75.3 (110)	p = 0.694	
Hypertension, %	51.6 (513)	43.4 (208)	59.8 (222)	57.2 (83)	p < 0.001	1≠2,3
Hyperlipidaemia, %	79.6 (787)	81.6 (390)	77.0 (281)	79.5 (116)	p = 0.259	
Hyperhomocysteinemia, %	12.0 (120)	7.5 (36)	11.6 (43)	28.3 (41)	p < 0.001	All
Diabetes mellitus, %	12.0 (120)	14.5 (69)	23.8 (87)	31.5 (45)	p < 0.001	All
IMT (mm)	0.88 (0.73,1.05)	0.82 (0.70,0.97)	0.92 (0.77,1.08)	0.98 (0.87,1.15)	p < 0.001 ⁰	All
Vascular disease location, n (%)						
Peripheral arterial disease	22.3 (224)	24.4 (118)	19.0 (71)	24.0 (35)	p = 0.272	
Cerebrovascular disease	22.7 (228)	8.1 (39)	36.6 (137)	35.6 (52)	p < 0.001	1≠2,3
Coronary artery disease	57.7 (579)	64.6 (312)	53.2 (199)	46.6 (68)	p < 0.001	1≠2,3
Abdominal aortic aneurysm	9.2 (92)	6.2 (30)	9.1 (34)	19.2 (28)	p < 0.001	3≠1,2

Values are mean ± SD, % (n) or median (25, 75 percentile), [©] Natural log transformed to obtain normal distribution BMI: Body mass index, IMT: Intima-media thickness, all; all groups are significantly different

Table 7. Description of the total cohort and clusters identified by cluster analysis

	Total (n=1003)	Group 1 (n=483)	Group 2 (n=374)	Group 3 (n=146)	P value	Post hoc
Shape features						
Solidity	0.57 ± 0.25	0.77 ±0.13	0.41 ±0.19	0.29 ±0.11	p < 0.001	All
Convexity	1.07 ± 0.16	1.00 ±0.08	1.20 ±0.17	1.00 ±0.14	p < 0.001	2≠1,3
Fractal dimension CPWMH	1.24 ± 0.22	1.10 ±0.16	1.31 ±0.14	1.53 ±0.18	p < 0.001	All
Fractal dimension DWMH	1.45 ± 0.15	1.45 ± 0.21	1.45 ± 0.13	1.46 ±0.10	p = 0.955	
Eccentricity	0.48 ± 0.14	0.51 ± 0.17	0.48 ±0.14	0.45 ±0.10	p = 0.001	1≠3
Concavity Index	1.06 ± 0.11	1.04 ± 0.06	1.02 ±0.08	1.23 ±0.13	p < 0.001	3≠1,2
DWMH present, %						
Frontal	40.3 (404)	19.3 (93)	50.0 (187)	84.9 (124)	p < 0.001	All
Parietal	24.4 (245)	7.5 (36)	29.4 (110)	67.8 (99)	p < 0.001	All
Brain Volumes (% ICV)						
White matter fraction	42.4 ± 2.0	42.7 ±1.9	42.4 ±2.1	41.8 ± 2.0	p < 0.001	3≠1,2
Cortical grey matter fraction	36.2 ±3.5	37.5 ±3.1	35.6 ±3.2	33.3 ± 3.1	p < 0.001	All
Total WMH volume fraction	0.06 (0.03,0.17)	0.03 (0.02,0.05)	0.11 (0.06,0.19)	0.58 (0.27,1.01)	p < 0.001 [☉]	All
Ventricle fraction	1.88 (1.39,2.56)	1.54 (1.15,2.05)	1.97 (1.58,2.55)	3.23 (2.72,3.78)	p < 0.001 ⁰	All
Infarcts, % present						
Lacunar	18.4 (185)	0.4 (2)	34.5 (129)	37.0 (54)	p < 0.001	1≠2,3
Cortical	11.3 (113)	0 (0)	24.3 (91)	15.1 (22)	p < 0.001	1≠2,3

Values are mean ± SD, % (n) or median (25,75 percentile), [®] Natural log transformed to obtain normal distribution

CPWMH: Confluent or periventricular white matter hyperintensity, DWMH: Deep white matter hyperintensities, ICV: Inter cranial volume

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Figure 10. The dendogram combined with a heatmap of the 17 input parameters. To improve visualization the heatmap columns are scaled (for version with true values as used for clustering see figure 17 in appendix C). On the left colours in the dendogram represent the 3 cluster approach and on the right the 7 cluster approach. In the heatmap the different values of parameters per cluster can be observed. For example the solidity of group 1 (dark red) is clearly higher than for group 2 and 3 and group A (7 cluster approach, red) is clearly distinguished by the high WM fraction. Also parameters with limited contribution to the clustering can be observed, like FD of the DWMH lesions which shows very limited grouping of similar values.



Figure 11. Two CPWMH lesions (red) in two patients (A; 75 year old male, B; 59 year old male) are visualized with corresponding convex hulls (blue) and calculated shape parameters. Both lesions have an approximately similar solidity (i.e. the ratio of the lesion volume to the convex hull volume), while lesion A has a higher convexity and fractal dimension compared to lesion B. The latter can be visually appreciated by the irregular aspect of lesion A compared to the relatively smoother aspect of lesion B.

	Group 1		Group 2			Group 3			
	Group A	Group B	Group C	Group D	Group E	Group F	Group G		
	(n=300)	(n=183)	(n=49)	(n=120)	(n=205)	(n=118)	(n=28)	P value	Post hoc
Age (years)	53±10	56±8	58±11	61±10	61±9	67±8	70±6	p < 0.001	A≠CDEFG, B≠DEFG, C≠AFG, D≠ABFG, E≠ABFG, F≠ABCDE , G≠ABCDE
Gender, % men	80.3 (241)	78.7 (144)	77.6 (38)	77.5 (93)	74.6 (153)	90.7 (107)	60.7 (17)	p = 0.006	E≠F, F≠EG, G≠F; Smocking: A≠F; E≠F, F≠AE
Cardiovascular risk factors									
BMI (kg/m2)	27.1±3.9	26.5±3.6	27.0±4.0	26.2±3.8	27.1±3.9	26.6±3.4	25.6±2.6	p = 0.106	
Smoking (pack years)	19.6±18.8	23.3±20.5	22.9±18.5	25.5±22.6	20.8±18.8	27.9±23.5	22.4±20.5	p = 0.005	
Alcohol intake, current %	74.5 (222)	78.6 (143)	83.7 (41)	68.3 (82)	71.3 (144)	76.3 (90)	71.4 (20)	p = 0.165	
Hypertension, %	45.5 (135)	40.1 (73)	61.2 (30)	64.2 (77)	56.9 (115)	54.7 (64)	67.9 (19)	p < 0.001	A≠FG, C≠FG, E≠FG, B≠EFG, D≠G, F≠ABCE, G≠ABCDE
Hyperlipidaemia, %	82.9 (247)	79.4 (143)	72.9 (35)	74.8 (89)	79.3 (157)	79.7 (94)	78.6 (22)	p = 0.541	
Hyperhomocysteinemia, %	8 (24)	6.6 (12)	2.0 (1)	17.6 (21)	10.3 (21)	23.7 (28)	48.1 (13)	p < 0.001	A≠FG, B≠EFG, C≠FG, D≠G, E≠FG, F≠ABCE, G≠ABCDE
Diabetes mellitus, %	16.2 (48)	11.7 (21)	18.8 (9)	24.6 (29)	24.5 (49)	33.0 (38)	25.0 (7)	p < 0.001	A≠F, B≠F, F≠AB
	0.83	0.82	0.96	0.93	0.92	1.00	0.97		A≠CDEFG, B≠CDEFG, C≠AB, D≠AB, E≠AB, F≠AB,
IMT (mm)	(0.70,0.98)	(0.70,0.97)	(0.77,1.23)	(0.80,1.08)	(0.73,1.08)	(0.85,1.15)	(0.93,1.11)	p < 0.001 [☉]	G≠AB
Vascular disease, n (%)									
Peripheral arterial disease	23.3 (70)	26.2 (48)	14.3 (7)	13.3 (16)	23.4 (48)	26.3 (31)	14.3 (4)	P=0.076	
Cerebrovascular disease	9.0 (27)	6.6 (12)	77.6 (38)	55.8 (67)	15.6 (32)	31.4 (37)	53.6 (15)	p < 0.001	A≠EDFG, B≠CDG, C≠ABEF, D≠ABEF, E≠ABFG, F≠ABCDE, G≠ABE
Coronary artery disease	63.7 (191)	66.1 (121)	32.7 (16)	38.3 (46)	66.8 (137)	50.8 (60)	28.6 (8)	p < 0.001	A≠CDG, B≠CDG, C≠ABE, D≠ABE, E≠CDG, G≠ABE
Abdominal aortic aneurysm	5.3 (16)	7.7 (14)	0.0 (0)	14.2 (17)	8.3 (17)	18.6 (22)	21.4 (6)	p < 0.001	A≠DFG, C≠FG, D≠A, F≠AC, G≠AC

Table 8. Demographics and clinical characteristics of seven clusters identified by cluster analysis.

BMI: Body mass index, IMT: Intima-media thickness, AAA: Abdominal aortic aneurysm, [©]Natural log transformed to obtain normal distribution.

	Group 1		Group 2			Group 3			
	Group A	Group B	Group C	Group D	Group E	Group F	Group G		
	(n=300)	(n=183)	(n=49)	(n=120)	(n=205)	(n=118)	(n=28)	P value	Post hoc
Shape features									
Solidity	0.77±0.14	0.78±0.11	0.60±0.22	0.46±0.20	0.34±0.12	0.31±0.12	0.23±0.04	p < 0.001	A≠CDEFG, B≠CDEFG, C≠ all, D≠ all, E≠ABCDG, F≠ABCD, G≠ ABCDE
Convexity	0.99±0.09	1.00±0.06	1.07±0.14	1.13±0.13	1.28±0.15	1.04±0.11	0.81±0.11	p < 0.001	A≠CDEFG, B≠CDEFG, C≠ABDEG, D≠ all, E≠ all, F≠ ABDEG, G≠ all
Fractal dimension CPWMH	1.08±0.17	1.13±0.12	1.18±0.18	1.32±0.15	1.34±0.11	1.48±0.15	1.74±0.08	p < 0.001	A≠ all, B≠A DEFG, C≠ ADEFG, D≠ABCFG, E≠ABCFG, F≠ all, G≠ all
Fractal dimension DWMH	1.45±0.23	1.45±0.17	1.42±0.16	1.45±0.14	1.46±0.11	1.46±0.11	1.44±0.06	P=0.860	
Eccentricity	0.50±0.18	0.52±0.16	0.48±0.18	0.45±0.13	0.50±0.13	0.45±0.10	0.43±0.06	p < 0.001	B≠DF, D≠A, F≠B
Concavity Index	1.04±0.06	1.03±0.05	1.04±0.07	1.05±0.08	0.99±0.07	1.19±0.10	1.41±0.08	p < 0.001	A≠EFG, B≠EFG, C≠EFG, D≠EFG, E≠ all, F≠ all, G≠ all
DWMH present, % per lobe									
Frontal	18.7 (56)	20.2 (37)	34.7 (17)	61.7 (74)	46.8 (96)	81.4 (96)	100.0 (28)	p < 0.001	A≠ DEFG, B≠DEFG, C≠DFG, D≠ABCFG, E≠ABFG, F≠ ABCDE, G≠ ABCDE
Parietal	6.7 (20)	8.7 (16)	20.4 (10)	33.3 (40)	29.3 (60)	63.6 (75)	85.7 (24)	p < 0.001	A≠ DEFG, B≠DEFG, C≠FG, D≠ABFG, E≠ABFG, F≠ ABCDE, G≠ ABCDE
Volume fraction (% ICV)									
BPF	80.4 ± 2.5	79.7 ± 2.6	78.5 ±2.5	78.1 ± 2.9	78.7 ± 2.4	76.2 ± 2.8	76.6 ± 2.6	p < 0.001	A≠CDEFG, B≠CDEFG, C≠ABFG, D≠ABF, E≠ABFG, F≠ABCDE, G≠ABCE
WM	41.6±1.4	44.4±1.2	42.4±1.7	41.4±2.2	43.0±1.8	42.2±1.7	40.2±2.4	p < 0.001	A≠BCEFG, B≠ all, C≠ABDG, D≠BCEFF, E≠ABDFG, F≠ABDE, G≠ all
CGM	38.8±2.7	35.3±2.5	34.3±3.1	36.2±3.3	35.5±3.1	33.2±3.0	34.0±3.1	p < 0.001	A≠ all, B≠AF, C≠ AD, D≠ACFG, E≠ABCFG, F≠ABDE, G≠AD
WMH	0.03 (0.01,0.05)	0.06 (0.03,0.17)	0.05 (0.03,0.09)	0.13 (0.06,0.22)	0.12 (0.07,0.19)	0.40 (0.23,0.75)	1.87 (1.51,2.38)	p < 0.001°	A≠ all, B≠ all, C≠ all, D≠ ABCFG, E≠ABCFG, F≠ all, G≠ all
Ventricle	1.48 (1.13,2.04)	1.88 (1.39,2.56)	1.91 (1.55,2.65)	2.17 (1.66,2.86)	1.92 (1.56,2.36)	3.24 (2.70,3.87)	3.08 (2.89,3.84)	p < 0.001 [°]	A≠CDEFG, B≠CDEFG, C≠ABFG, D≠ABFG, E≠ABFG, F≠ABCDE, G≠ABCDE
Infarcts, % present									
Lacunar	0.0 (0)	1.1 (2)	8.2 (4)	95.8 (115)	4.9 (10)	29.7 (35)	67.9 (19)	p < 0.001	A≠CDEFG, B≠DFG, C≠ADG, D≠ all, E≠ADFG, F≠ABDEG, G≠ all
Cortical	0.0 (0)	0.0 (0)	100.0 (49)	32.5 (39)	1.5 (3)	11.0 (13)	32.1 (9)	p < 0.001	A≠ CDEFG, B≠ CDFG, C≠ all, D≠ABCEF, E≠DFG, F≠ ABCDE, G≠ABCE

Table 9. Description of the seven clusters identified by cluster analysis

Values are mean ± SD, % (n) or median (25,75 percentile), [©] Natural log transformed to obtain normal distribution

FD: Fractal dimension, CPWMH: Confluent or periventricular white matter hyperintensities, DWMH: Deep white matter hyperintensities, ICV: Intracranial volume, BPF: Brain parenchymal fraction, WM: White matter, CGM: Cortical grey matter

Seven subgroup approach

The obtained dendogram was cut to produce seven distinct clusters of brain imaging features (figure 11) within this cohort of patients with manifest arterial disease. Cluster A grouped 300 patients (30%), cluster B: 49 (5%), cluster C: 120 (12%), cluster D: 28 (3%), cluster E: 205 (20%), cluster F: 118 (12%) and the final cluster (F) grouped 183 patients (18%).

Brain imaging characteristics of the seven groups are given in table 9. Groups are distinguished based on solidity, convexity, fractal dimension CPWMH, concavity index, eccentricity, number of DWMH (frontal, parietal, occipital, temporal and basal ganglia), WMF, GMF, VF, WMHF, lacunar and cortical infarct presence. On the other hand, the fractal dimension of the DWMH is not significantly different between any groups.

The clinical characteristics of the seven groups are given in table 8. Significant differences were found in, mean age, sex, alcohol consumption, smoking, history of hypertension, diabetes, history of cerebral vascular disease, history of cardiac disease and history of an abdominal aneurysm were statistically different between groups. On the other hand, no significant differences were found in the body mass index, hyperlipidaemia and history of peripheral vascular diseases.

Group A and B have relatively few brain abnormalities and are only significantly different from each other in FD of the CPWMH, WM volume, GM volume and WMH volume. Where group A has a high CGM volume and group B has a high WM volume. These groups are characterized by the least amount of brain atrophy, the lowest number of infarcts (similar to group E) and have relative small (WMH volume: $0.03(0.01, 0.05); p<0.05^{*BCDEFG} \& 0.06(0.03, 0.17); p<0.05^{*ACDEFG})$, solid (solidity: $0.77\pm0.14; p<0.05^{*CDEFG} \& 0.78\pm0.11; p<0.05^{*CDEFG}$) and smooth (convexity: $0.99\pm0.09; p<0.05^{*CDEFG} \& 1.00\pm0.06; p<0.05^{*CDEFG}$, FD: $1.08\pm0.17; p<0.05 \& 1.13\pm0.12; p<0.05^{*ADEFG}$) CPWMH lesions. Additionally, group B has the most round DWMH lesions (eccentricity: $0.52\pm0.16; p<0.05^{*DF}$).

Group A and B are the youngest groups (age: 53 ± 10 ; $p<0.05^{*CDEFG} \& 56\pm8$; $p<0.05^{*DEFG}$) with the least smokers in group A (pack years: 19.6 ± 18.8 ; $p<0.05^{*F}$), relative few people with hypertension (45.5(135); $p<0.05^{*D} \& 40.1(73)$; $p<0.05^{*DE}$), diabetes (16.2(48); $p<0.05^{*F} \& 11.7(21)$; $p<0.05^{*F}$) and hyperhomocysteinemia (8.0(24); $p<0.05^{*FG} \& 6.6(24)$; $p<0.05^{*EFG}$). These groups also has a relative small IMT (0.83(0.70, 0.98); $p<0.05^{*CDEFG} \& 0.82(0.70, 0.98)$; $p<0.05^{*CDEFG}$) and few patients with a history of AAA (5.3(16); $p<0.05^{*DFG} \& 7.7(14)$), cerebrovascular disease (9.0(27); $p<0.05^{*CDFG} \& 6.6(12)$; $p<0.05^{*CDG}$) and many patients have coronary artery disease (63.7(191); $p<0.05^{*CDG} \& 66.1(121)$; $p<0.05^{*CDG}$).

Group C can be considered a large vessel disease group characterized by a small (0.05(0.03, 0.09);p<0.05), solid (solidity: 0.60 ± 0.22 ;p<0.05) and smooth WMH (FD of the CPWMH: 1.18 ± 0.18 ;p< 0.05^{*ADEFG} , convexity: 1.07 ± 0.14 ;p< 0.05^{*ADEFG}), intermediate brain atrophy (BPF: 78.5 ± 2.5 ;p< 0.05^{*AFG}), few lacunar infarcts (8.2% (4);p< 0.05^{*ADG}) and many cortical infarcts (100% (49));p<0.05). This group, has an intermediate age (58 ± 11 ;p< 0.05^{*AFG}), relative high number of patients with hypertension (61.2(30)) and few patients with hyperhomocysteinemia (2.0(1);p< 0.05^{*FG}). Furthermore, this group has a relative large IMT ($0.96(0.77, 1.23; p<0.05^{*AB}$)) especially for these relative young patients. Many patients in this group suffer from cerebrovascular disease (77.6(38);p< 0.05^{*ABEF}) and few suffer from coronary artery disease (32.7(16);p< 0.05^{*ABE}) or AAA (0.0(0);p< 0.05^{*DG}).

Group D can be considered a lacunar infarct group characterized by WMH with an intermediate volume $(0.13(0.06,0.22);p<0.05^{*ABCFD})$ with increased roughness of the CPWMH lesions compared to group C (FD: $1.32\pm0.15;p<0.05^{*ABCFG}$, solidity: $0.46\pm0.20;p<0.05$), intermediate brain atrophy (BPF: $78.1\pm2.9;p<0.05^{*ABF}$), cortical infarct presence (32.5%(39));p $<0.05^{*ABCFF}$ and many lacunar infarcts (95.7%(115));p<0.05) and relatively elongated DWMH lesions comparable to group F ($0.45\pm0.13;p<0.05^{*B}$). This group, has an intermediate age ($61\pm10;p<0.05^{*ABFG}$) with relatively heavy smokers (pack years: 25.5 ± 22.6), relative high number of patients with hypertension (64.2(77)) and hyperhomocysteinemia ($17.6(21);p<0.05^{*G}$). This group has a relative large IMT ($0.96(0.77,1.23;p<0.05^{*AB}$)) and many patients in this group have cerebrovascular disease ($55.8(67);p<0.05^{ABEF}$) and AAA ($14.2(17);p<0.05^{*A}$) and few have coronary artery disease ($32.7(16);p<0.05^{*ABE}$).

Group E is characterized by more elongated CPWMH around the ventricles (solidity: 0.34 ± 0.12 ;p< 0.05^{*ABCDG} , convexity: 1.28 ± 0.15 ;p<0.05, FD: 1.34 ± 0.11 ;p< 0.05^{*ABCFG}), relative few frontal DWMH lesions compared to group D with the same volume (46.8%(96) vs. 61.7%(74)), an intermediate amount of brain atrophy (BPF: 78.7±2.4;p< 0.05^{*ABFG}) and few infarcts (LI: 4.9%(10);p< 0.05^{*ADFG} , CI:1.5%(3);p< 0.05^{*DFG}). This group has an intermediate age (61 ± 9 ;p< 0.05^{*ABFG}) with a relative high number of patients with hypertension (56.9(115);p< 0.05^{*B}) and few patients with hyperhomocysteinemia (10.3(21);p< 0.05^{*FG}). This group has a relative large IMT (0.93(0.80,1.08;p< 0.05^{*AB})) and few patients in this group have cerebrovascular disease (15.6(32);p< 0.05^{ABFG}) and many have coronary artery disease (66.8(137);p< 0.05^{*CDG}).

Group F is characterized by an intermediate burden of WMH (0.40(0.23,0.75);p<0.05) with more irregular CPWMH lesions (solidity: 0.31 ± 0.12 ;p< 0.05^{*ABCDG} , FD: 1.48 ± 0.15 ;p< $0.05^{*ABCDFG}$ and concavity Index: 1.19 ± 0.10 ;p< $0.05^{*ABCDFG}$) and cerebral atrophy (BPF: 76.2 ± 2.8 ;p< 0.05^{*ABCDE}). This group has a moderate number of infarcts (LI: 29.7%(35);p< 0.05^{*ABCDE} , CI:11.0%(13);p< 0.05^{*ABCDE}). This group represents older individuals of this cohort (age: 67 ± 8 ;p< 0.05^{*ABCDE}) with the heaviest smokers (pack years: 27.9 ± 23.5 ;p< 0.05^{*A}) and relatively many patients with hyperhomocysteinemia (23.7(28);p< 0.05^{*ABCE}), diabetes mellitus (33.0(38);p< 0.05^{*AB}) and a history of AAA (18.6(22);p< 0.05^{*ABCDE}) and an intermediate number of patients with cerebrovascular disease (31.4(37);p< 0.05^{*ABCDE}).

Group G can be considered a group of older individuals with SVD and is characterized by the highest burden of WMH (1.87(1.51,2.38);p<0.05), these lesions have the highest textural roughness (solidity: 0.23 ± 0.04 ;p< 0.05^{*ABCDE} , convexity: 0.81 ± 0.11 ;p<0.05, FD: 1.74 ± 0.08 ;p<0.05), highest number and most elongated DWMH (eccentricity: 0.43 ± 0.06), a relative large amount of cerebral atrophy (BPF: 76.6±2.6;p< 0.05^{*ABCE}) a high prevalence of lacunar infarcts (LI: 67.9%(19) ;p<0.05, CI:32.1%(9) ;p< 0.05^{*ABCE}). This group of older individuals with SVD (age: 70 ± 6 ;p< 0.05^{*ABCDE}) has the most patients with hypertension (67.9(19)) and hyperhomocysteinemia (48.1(13);p< 0.05^{*ABCDE}). History of cerebrovascular (53.6(15);p< 0.05^{*ABE}) and AAA (21.4(6);p< 0.05^{*ABE}) are common and few patients have a history of coronary artery disease (28.6(22);p< 0.05^{*ABE}).



Figure 12. The chance of WMH and BPF presence per cluster in the three cluster approach. Probability of WMH increases with cluster number (A). Highest probability of WMH occurs at the anterior horns (caps) and body (bands) of the lateral ventricles. An increase in atrophy with an increased lateral ventricle size can be observed with increasing cluster number (B).



Figure 13. The chance of WMH and BPF presence per cluster in the seven cluster approach. Even though, cluster C has a slightly lower WMH volume compared to cluster B, a higher chance of DWMH lesions can be observed (A). A similar observation can be made when comparing the WMH presence in cluster D and E. These clusters have a comparable volumes but patients in cluster E the WMH lesions seem to have more evenly distributed WMH around the ventricles with less DWMH lesions compared to cluster D. Patients in cluster D especially have increased chance of having WMH lesions posterior from the lateral ventricle body. Increased ventricle volume can be observed in cluster C, D and E and even more enlarged ventricles in cluster F and G indicating global atrophy (B). The probability images of de BPF are again not sensitive enough to visualize localized atrophy.

2.5 Discussion

We have introduced an alternative approach to the traditional inferential disease/brain abnormalities method by first examining overall patterns of brain abnormalities in a large cohort of patient with manifest arterial disease. By cluster analysis 7 distinct groups of brain imaging phenotypes in patients with manifest arterial disease were found consisting of a 'large vessel disease' group (n=49), a group with small vessel disease (n=120), a combined cerebral atrophy and small vessel disease group (n = 28), a group with an intermediate amount of cerebral atrophy and WMH (n=118) and three relative healthy groups with a low to intermediate amount of cerebral atrophy and WMH (n=300; n=205; n=183). These groups were significantly different (p<0.05) in age, vascular risk factor profiles (smoking, hypertension, hyperhomocysteinemia, diabetes) and in primary location of the manifest arterial disease.

To our knowledge we are the first to apply hierarchical clustering to identify different brain imaging phenotypes using several brain imaging markers in patients with arterial disease. However, Artero et al. took a similar approach to density and distribution of WMH in the aging brain. After applying multiple corresponding analyses they applied hierarchical clustering to identify three patterns of WMH distribution and severity.

Cortical infarcts are most likely caused by LVD [52] as group C consisting mainly out of subjects with cortical infarctions and absent to mild WMH we can conclude that the brain abnormalities of these subjects are most likely caused by LVD or some comparable etiology. Lacunar infarcts and WMH are mostly an imaging marker of SVD [5]. The brain imaging phenotype of group D and G is characterized by lacunar infarcts and WMH so for these groups SVD may be the underlying cause of the brain abnormalities. Potentially group B and G represents a different severity of SVD or it might represent different etiologies. Only the cardiovascular risk factors, age and number of patients with hyperhomocysteinemia are significantly different between these groups. In group F patients show some signs of SVD (moderate WMH volume), but few lacunar infarcts and only few patients show signs of LVD (cortical infarcts). However, this group shows the largest amount of brain atrophy so some neurodegenerative or different SVD etiology might play a role. Groups A, B and E show few brain abnormalities (only low to intermediate cerebral atrophy and WMH) even though they have manifest arterial disease. Therefore, the etiology behind this imaging phenotype may be a more mild.

Our new approach using brain MRI imaging markers revealed some interesting brain MRI patterns. However, the underlying mechanism and clinical impactions of these brain imaging phenotypes are as of yet unclear. Future research may focus on investigating the underlying mechanism and differences in clinical outcome of these imaging phenotypes. Combining neuroimaging features into imaging phenotypes can result in the identification of previously unknown distinct diseases with its own underlying etiologies and prognosis.

The strength of our study it the new "bottom up" approach in which we combine several brain imaging features to discover brain imaging phenotypes in a large cohort of patients with arterial disease. These analyses also included patients without a history of clinically evident cerebrovascular disease.

Our study revealed groups that differ in imaging characteristics and cardiovascular risk factors however, we have still limited understanding about the underlying mechanisms and whether these are truly different between groups.

Strength of our technical approach include automatic segmentation of WMH lesions which enabled us to perform shape analysis to provide additional information about WMH. Finally, hierarchical clustering using Ward's criteria enabled us to perform clustering even with some missing values.

A potential limitation of our approach is the limited resolution of the T2-FLAIR with a slice thickness of 4 mm. This mainly influenced the shape descriptors, especially for the small lesions, potentially underestimating group differences. Differences in group size caused some inhomogeneity's in the variance potentially understating the between group differences, especially for group G. Finally, hierarchical clustering is a powerful method as it is not biased by assumptions however; some choices such as the number of clusters need to be made by investigators and can be arbitrary. This subjectivity was limited by using evaluation measures to objectify choices, like the number of clusters, as much as possible.

In conclusion, within a group of patients with arterial disease, we identified distinct brain imaging phenotypes that were associated with different vascular risk factor profiles. This novel approach enables identification of different brain imaging phenotypes possibly associated with different still unknown underlying etiologies.

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Appendix A. Shapes used for descriptor evaluation.



В

Figure 14. Fifteen confluent lesions (A) and thirteen periventricular lesions (B) used for descriptor validation. Lesions visualized based on volume (ascending).

Α



Figure 15. Eleven deep lesions used for descriptor validation. Lesions visualized based on volume (ascending).

Appendix B. Results shape features on shape range.



Figure 16. Shape parameter results based on shape ranges from appendix B.

Appendix C. Background and additional results clustering

Data models

To understand the influence of the shape descriptors three models were created. The first model consists only out of all shape descriptors (fractal dimension, solidity, convexity, eccentricity) and white matter volume (percentage of intracranial volume). The second model contains all parameters of the first model but cortical grey matter, white matter and ventricle volume (percentage of intracranial volume) are added. In the third model all elements of the second model are included but now with the number of infarcts (subdivided in number of lacunar and cortical infarcts) and number of DWMH. Finally, the fourth model consist out of all elements from the second model but here now the DWMH lesions are subdivided by lobe.

Data normalization

The Z-score transformation provides a way of standardizing data across a wide ranges of experiments [53]. Resulting in the following data characteristics: the average of all variables is zero and the standard deviation is one. The Z-score is calculated using formula C.1.

$$Z_i = \frac{x_i - \bar{x}}{\sigma}$$
C.1

With average (\bar{x}) and standard deviation (σ).

Different clustering methods

The function clValid from the R package [50] clValid was used to evaluate different k-means and hierarchical clustering (HC)based on internal measures. These measures include connectivity, silhouette width and the Dunn Index. The connectivity indicates the degree of connectedness of the cluster. The connectivity has ranges between 0 and infinity and should be minimized. The silhouette with is the average of the silhouette values of all the clusters. The silhouette value measures the degree of confidence in the clustering assignment of a particular observation. A well clustered observation has a value near 1 and poorly clustered observations have values near -1. The average silhouette with should be maximized. The Dunn Index is a ratio of the smallest distance between observations of different clusters and the largest distance within the cluster. The Dunn Index ranges between 0 and infinity and should be maximized.

Different distance measures and linkage criteria

The first choice to make is to choose linkage criteria. The agglomeration methods that can be chosen are: Ward (D and D.2), single, complete, average, McQuitty, median and centroid. Where complete linkage and Ward's methods are most commonly used in proteomics [54]. Ward's criteria are also used in research into asthma, COPD and WMH severity [21], [55], [56]. Based on this literature and dendogram comparison ward.D2 (which is the same as ward.D when using the squared distance [57]) was chosen as linkage method. The Ward objective is to find those two clusters whose merger gives the minimum increase in total within group error sum of squares at each stage. Which is proportional to the squared Euclidian distance between the centroids of the merged clusters [58].

The second important issue is to choose an appropriate distance measure. Possible distance measures include: Euclidean, Manhattan, maximum, Canberra, binary, Minkowsky and correlation based distance measures like Pearson, Spearman or Kendall. As Ward's method is limited to Euclidean distances this distance measure was used. The Euclidean distance is the straight-line distance between two points in Euclidean space.

Number of clusters

Determination of the number of clusters is relatively arbitrary. There is no strict guideline or measure to determine the optimal number of clusters. Common used methods to determine the number of clusters are: the elbow, average silhouette and the gap statistic method. Another option is to consider only indices that performed best in simulation studies. Miligan and Cooper found that CH index, Duda index, Cindex, Gamma and Beale are the top 5 performers in their simulation study [59]. Finally the NbClust [47] package in R gathered all indices available in SAS or R packages and also includes indices nog previously implemented. Resulting in thirty cluster evaluation criteria. Based on the majority rule the number of clusters is determined.

Cluster evaluation

As the world is not made of distinct classes, arguably there is no correct clustering. However, some clusters and classifications may be less useful and informative than others. Internal validation measures as described in "Different clustering models" are calculated per model for the chosen number of clusters to evaluate the clustering. Finally the stability is evaluated using four stability measures: average proportion of non-overlap (APN), average distance (AD), average distance between means (ADM), and the figure of merit (FOM). Each measure should be minimized. Clustering is repeated 1003 times, removing each column one at the time in all cases the average is taken over all the deleted columns. [50]

Results

Different clustering methods

Table 10 shows that HC is more optimal the k-means clustering or Partitioning Around Medoids (PAM). Hierarchical clustering is a method to build a cluster tree where each group is linked to two or more successor groups. HC can be bottom up (agglomerative) or top down (divisive). In agglomerative clustering each subject is a single cluster at the beginning and are merged based on the calculated (dis)similarity and the linkage criteria. The pairing continues until all patients are merged into a single cluster.

Model 1	score	Method	cluster
Connectivity	0.79	hierarchical clustering	2
Dunn Index	0.14	hierarchical clustering	2
Silhouette width	0.44	k-means	6
Model 2			
Connectivity	1.88	hierarchical clustering	2
Dunn Index	0.14	hierarchical clustering	2
Silhouette width	0.32	hierarchical clustering	3
Model 3			
Connectivity	8.4	hierarchical clustering	2
Dunn Index	0.11	hierarchical clustering	2
Silhouette width	0.27	k-means	3
Model 4			
Connectivity	147.7	hierarchical clustering	2
Dunn Index	0.04	hierarchical clustering	3
Silhouette width	0.21	hierarchical clustering	3

Table 10. Based on connectivity, Dunn index and silhouette width the optimal clustering method is determined. The clustering methods hierarchical clustering, k-means clustering and PAM are evaluated.

Number of clusters

For most models three clusters produce the most certain clusters with the least overlap. Two clusters is for most models a reasonable alternative.

	Model 1		Model 2		Model 3		Model 4	
Number of	clusters	Criteria	clusters	clusters	clusters	criteria	clusters	criteria
Majority	3	10	2	8	3	9	3	9
Second best	2	7	4	8	2	6	2	7

Table 11. Based on 30 evaluation criteria the best number of clusters for each model is determined based on majority.

Cluster evaluation

The internal validity of the clusters and stability of the tree was evaluated for each model. All models were divided into three clusters as this was the best for most models and made comparison between models easier.

Table 12 shows the best internal validation for model 1 (all shape parameters) and 2 (shape parameters and brain volumes) but model 2 has a slightly higher stability. With more parameters the internal validity decreases but the stability remains good.

Table 12 .Internal validation and stability measures per model.

	Model 1	Model 2	Model 3	Model 4
Number of clusters	3	3	3	3
Internal				
Connectivity	-	-	12.36	30.17
Dunn Index	0.85	0.85	0.57	0.37
Silhouette width	0.20	0.20	0.18	0.08
<u>Stability</u>				
APN	0.0004	0.0000	0.0123	0.0000
AD	20.52	26.32	25.10	24.52
ADM	0.0007	0.0000	0.4408	0.0000
FOM	0.63	0.74	0.67	0.69



Figure 17. The dendogram combined with a heatmap of the 17 input parameters. With Z-scores used as input for clustering. On the left colours in the dendogram represent the 3 cluster approach and on the right the 7 cluster approach. In the heatmap the different values of parameters per cluster can be observed. For example the solidity of group 1 (dark red) is clearly higher than for group 2 and 3 and group A (7 cluster approach, red) is clearly distinguished by the high WM volume. Also parameters with limited contribution to the clustering can be observed, like FD of the DWMH lesions which shows very limited grouping of similar values.