

## (In)Capable Deceivers

What a game of poker tells about possible individual deceiving differences

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“There are three types of lies -- lies, damn lies, and statistics.”  
— Benjamin Disraeli

## Abstract

Over the past years, deception detection research has mainly focussed on the deception detector, but not on the one trying to deceive. Studies have uncovered some results about the effects of the relations between the liar and the detector, characteristics, questioning methods, knowledge of deception, and more. Yet, the influence a liar has on the deception detection is unknown. Studies have pointed out that people try to control their behaviour while deceiving others (Interpersonal Deception Theory) and that this leads to differences in how people move when they deceive (Rigidity Effect). Yet, it is not researched how capable people are in controlling their own behaviour and if there is a difference between people in this capability of control. Therefore, this study measured a difference in the movement of the legs, arms, head, and torso when someone was deceiving others versus when someone was not deceiving others and if there is a difference between people in this movement contrast.

These differences were measured in a total of 53 participants during multiple Texas Hold'em Poker games of 60 minutes with a maximum of 4 players and a minimum of 3 at the time. From this game, three clips of the participant bluffing and three clips of the participant participating but not bluffing were selected. From these two different observations, the average movement a participant made in these clips was calculated. To investigate if an individual's deceitful movement is less compared to when that person moves truthfully a within-subject design was used and a between-subject design was used to investigate if there are liars who are more capable to deceive because their movement contrast is less influenced by deceit.

When participants deceived others, they significantly moved their head and overall body less compared to when they were truthful. This means that a rigidity effect was found, but not on all body parts. The cluster analysis showed that there are more individual differences in truthful behaviour compared to deceitful behaviour, which is in line with finding a rigidity effect. Because when there is less movement to detect the individuality will also decline. The cross-cluster analysis showed there is a possible predictability for some people because they belonged to one truthful cluster and one deceitful cluster. Meaning that for some participants specific types of movements when being truthful lead to specific types of movements when they deceived. However, there were no relations found between these cluster combinations and other variables. Participants who performed the worst based on what they earned during the game, had more truthful-deceitful movement contrast in comparison with those who performed the best, the second best, and the second worst. Those who performed better in the poker game were more capable deceivers because they had less truthful-deceitful moving contrast on which a lie detector can base a decision.

Some of the study's findings can be linked to the poker game set-up which was used to gather the data. Poker showed to be a challenging, but fruitful study environment for deception. The results are promising to find further evidence that people differ in their movements when they deceive others and that people differ on their capability to deceive others. Subsequent poker studies will likely add to these findings and expand the knowledge of deception in more real-life situations compared to the lab experiment studies.

Keywords: Poker, Deceit, Movement, Deceiving Skill, Body language, Bluffing, Capability, Rigidity effect.

## Introduction

People want to be able to recognize deception and are willing to spend their money on commodities that enlighten them in this subject, but this profitable opportunity created a strain on scientific findings. Individuals and companies invest thousands in those that claim they can train others into becoming a human lie detector (Denault et.al., 2019). The internet is filled with instructional videos on how to recognize cues and bookstores are stacked with informational books on how to tell whether someone is lying to you or not. On Google alone 'lie detection' generates circa 63 million results and Amazon offers 410 books on the same search. These books, videos, and courses are often based on results from peer-reviewed research, but made more comprehensible for non-scientific audiences. This leads to people thinking the information they get is always applicable and everywhere. However, scientific research focusses on very specific circumstances because the environment needs to be controlled in laboratory research. Real life situations are less controlled and influenced by more stimulations making significant research findings unreliable or invalid for real life. Over the years studies that have focused on deception detection have produced many inconsistent findings and are often criticized by those who study it making some of the findings still uncertain (Shaw & Lyons, 2017). One thing that is certain, there is not one simple solution when it comes to detecting deception (Burgoon, Guerrero, & Floyd, 2010; Knapp, Hall, & Horgan, 2014; Moore, Hickson, & Stacks, 2014; Patterson, 2011).

Many still ponder over the definition of deception. Some use deception and lying interchangeably, while others look for a clear distinction (DePaulo, et al., 2003). Buller and Burgoon, (1996) define deception as "a message knowingly transmitted by a sender to foster a false belief or conclusion by the receiver". In most cultures, deception is deemed a violation of cultural norms (National Research Council, 1991). Therefore, people who deceive do not want to get caught in fear of repercussions. This leads a liar to concentrate highly while lying, become psychologically and physiologically aroused, and experience strong feelings of guilt and anxiety (Vrij, 2007). Having to deal with these internal factors and having to suppress these behaviours can lead an individual to make mistakes. These mistakes are called "leakage" or "cues" (Zuckerman, DePaulo, & Rosenthal, 1981; Hearn, 2006).

These cues can be verbal and non-verbal. Non-verbal cues can be physiological signs, e.g. sweating, or body language, e.g. gestures, movements, and certain mannerisms (Merriam-Webster, 2019). Verbal cues can be a slip of the tongue in which a person says something they were trying to conceal. Deception detection depends on these cues because it is assumed that these signals reflect an inner state of the person (Druckman & Bjork, 1991). If the liar does not emit these cues induced by the internal conflict of lying, then a lie catcher has nothing to spot. Based on these descriptions the chances of catching a liar depend on at least three things: (1) the lie catchers' abilities to recognize these cues, because better knowledge and understanding of these cues allow one to read the behaviour of another, (2) the liars' ability to suppress these cues, because fewer cues means less concrete evidence for the lie catcher, and (3) the circumstances in which the conversation is held that heighten or lower the abilities of the lie catcher or the liar (Hearn, 2006). Circumstances can be the methods of interrogation, but also the relationship between the liar and the lie receiver. Most research has focussed on lie catcher's abilities to discriminate lies from truth and some on the circumstances all from the perspective of the lie catcher, yet research into the abilities of the liar has been slim to none as will become clear later on.

According to the Interpersonal Deception Theory (IDT), deceivers try to manage their demeanour to appear credible (strategic communication) while, at the same time, try to control behaviours that are harming their performance and try to remain undetected (non-strategic communication) (Buller & Burgoon, 1996). A person is found credible when (s)he is perpetually believed whether (s)he is truthful or deceitful and a person is determined detectable when that person is

always judged by others to be deceiving when (s)he is deceiving and always judged to be telling a truth when (s)he is telling a truth (Bond & DePaulo, 2008). Considering IDT, a capable deceiver would try and perform behaviour as close to the truthful behaviour as possible, to have a limited truth-lie contrast in movement (Hartwig, Granhag, Strömwall, & Doering, 2010). That way a lie catcher has fewer cues to detect the deception. So far, no one has measured the contrast in movement when an individual is lying versus when that same person is truthful and if there is a difference in this contrast between liars.

Therefore, to determine if these inferences are right this study sets out to compare an individual's deceitful movement and truthful movement to test if people's movement is influenced by deceit and if there are better liars whose movements are less influenced by deceit.

### **Lie catching**

Deception detection research typically follows two different approaches. Both approaches compare one group, deceptive participants, with another group, truth-telling participants, to examine between-group differences. Both of these approaches often aim to improve the abilities of the detector (Dunbar et al., 2011; Chan, Khader, Ang, Chin, & Chai, 2016).

The first deception detection approach examines the ability of the deception detector. This includes research aiming to improve deception detection through training and is often subjected to law enforcement settings (Levine, Feeley, McCornack, Hughes, & Harms, 2005; Frank & Feeley, 2003). These studies have found that detectors vary little from each other and that their accuracy is around 54% (Bond & DePaulo, 2008). On the other hand, studies involving Paul Ekman which focussed on specific groups with pre-existing talent, relevant experience, and who were highly motivated to catch a liar (O'Sullivan, 2008), found that within these groups the accuracy rates of catching a liar was higher than 54%. Research showed that federal polygraphers and robbery investigators were equally accurate in discriminating between lies and truth, however within that same study more than 20% of the federal polygraphers and robbery investigators were highly accurate in discriminating lies from the truth (Ekman & O'Sullivan, 1991). After these findings, they did more research and found a mean accuracy of 73% and 67% in a preselected group of law enforcers (Ekman, O'Sullivan, & Frank, 1999). Subsequently, they found groups of professionals that scored significantly higher than chance: clinical/forensic psychologists (68%), forensic psychiatrists (69%), secret service agents (64%) (Ekman & O'Sullivan, 1991), and federal judges (62%) (Ekman et al., 1999).

The second deception detection approach examines the behaviours of those who deceive to find specific cues which would make a deceiver more detectable (Dunbar et al., 2011). This often focusses on universal cues. A specific behaviour that is portrayed by everyone when lying. A meta-analysis from DePaulo et al. (2003) found up to 158 different cues that were portrayed by subjects when deceiving. The analysis of these cues showed that there is only a weak link or no link to deception. However, studies have shown that people vary considerably in demeanour, even when they are not trying to deceive others. A person's demeanour can also explain up to 98% of the variance in deception detection accuracy (Levine et al., 2011). Perhaps there is no universal cue, because behaviours, truthful or deceitful, are so different from each other. A focus on a more individual cue to deception might give different results in these cues to deception.

Subsequent research shows that even a bogus training heightens the accuracy rate of an individual's truth-lie discrimination ability. A bogus training creates a higher engagement in the participants' task performance which explained them performing better than without this high engagement (Levine et al., 2005). This shows that to catch a liar, someone has to be alert and be focussed on the job. Recent research concluded that in high stake situation the accuracy is also higher. These situations often heighten the motivation of the lie catcher making them more concentrated and the same situation makes it tougher on the liar because more is at stake which heightens the individuals' arousal (Shaw & Lyons, 2017). Others have focussed more on these circumstantial influences of deception

detection, but the number of these studies is still low. These studies focus on ways to enhance deception detection by influencing the participants with e.g. familiarity or a questioning method. Brandt, Miller, and Hocking (2009) found detectors who had prior exposure to the liar were significantly better at detecting deception than those who did not meet the liar before, yet meeting the liar multiple times did not significantly increase accuracy. This was also reported by Palena, Caso, Carlotto, De Mizio, and Marciali, (2017) who studied the effects of baseline information. A truth baseline has potential as an interviewing technique for its efficacy which could be rooted in the interpersonal dynamics or intrapersonal differences that may cause different cues to deception.

Research in interviewing techniques also found better truth-lie discrimination results. Vrij, Mann, Robbins, and Robinson (2006) found a truth-lie discrimination mean accuracy of 72% when liars were questioned in a high cognitive questioning method. Finally, Levine, Shaw, and Shulman (2010) found a positive influence of strategic interrogative questioning on detecting deception. Research into differences in characteristics has generally reported negative findings. So far no reliable effect has been found on a detectors Machiavellianism, self-monitoring, or gender (Zuckerman, DePaulo, & Rosenthal, 1981) age, education, expertise, confidence (Aamodt & Mitchell 2006), or demographics (Levine, Park, & McCornack, 1999) on the ability to discriminate lies from truth. Only a few researchers have studied individual differences in lie detection abilities and there has not yet been a large-scale analysis of this ability (Bond & DePaulo, 2008).

Thus, while people are on average no better than chance to catch a liar, there are influences which creates better chances to catch a liar. These influences can heighten the accuracy from 10% to up to 15%. These influences could be the profession of the lie catcher, a training which influences the ability of the lie catcher or only a subject's engagement or a questioning method which influence the abilities of the deceiver. However, the ability of the deceiver is not included or researched in these kinds of studies nor the effect the deceivers' ability has on the accuracy.

### **Studying deception**

Deception detection research is often criticized on whom was studied, the way the research was designed, the validity, and the generalizability (O'Sullivan, 2008, Denault et al, 2019; Bond & DePaulo, 2008). Experiments are often done in laboratories where conditions are managed, therefore natural behaviour is often disturbed. During experiments, judges are asked to identify from one clip if the person that is shown is lying or telling the truth. They have to base their decision on the speech and body part that is shown in the clip. In the real world, people can rely on motivational information, (more) physical evidence, and information from others (Bond & DePaulo, 2008). Most research uses students to study deception detection because they are available at universities and are cost effective. However, research has shown that motivation is a big part of deception detection as well as for the detector as for the deceiver (DePaulo & Kirkendol, 1989; O'Sullivan, 2008; Levine et al., 2005; Shaw & Lyons, 2017). Yet, this group often lacks the motivation and expertise to detect deception which could explain why most of these studies have resulted in only a slightly higher than chance correct discrimination between truth and lies (Bond & DePaulo, 2006; 2008). Who would be appropriate to study deception detection, has not yet been determined (O'Sullivan, 2008). All these flaws and limitations could explain why there are so many inconsistent findings in deception detection research (Shaw & Lyons, 2017).

New technology can open ways to study environments in which people are naturally engaged and motivated, not limited in their behaviour, not limited in the view on the deceiver, and yet make it easier for the researcher to track and study their behaviour. One of these environments to study deception is poker. According to Palomäki, Yan, Modic, and Laakasuo, (2016) poker can be used as an ecologically valid tool to study various types of deceit. Studying poker might reveal new insights on the psychology of deception in general and would be a useful addition to the common research toolbox in psychology. Poker is not an economic game designed for laboratory use. It is less likely to elicit pleasing behaviour from participants since deception is the norm in poker and, theoretically, deception is

necessary to increase winning chances (Chen & Ankenman, 2006; Vrij, Semin, & Bull, 1996). Therefore, participants will need to be engaged in the game to win and will have to deceive other players in order to win. Paul Ekman (2001) has long argued that to study and detect lies and deceit, high stakes should be involved. Otherwise, the subject might not be sufficiently emotionally or cognitively engaged to provide needed cues to detect deceit. Poker can naturally create or mimic high stake situations and this engagement that coincides with high stakes is needed to evoke and study these elicited cues.

A well-known form of deception in poker is called bluffing. Bluffing refers to betting or raising (showing strength) while having a weak hand (cards with low winning chances) to make the opponent fold (give up). Another form of deception in poker is slow-playing (comparable to trapping an opponent). This is the opposite of bluffing. A player bets weakly or not at all with a very strong hand to trap the opponent into betting or raising with a weaker hand. Both strategies increase the profitability of playing with weak or strong poker hands by inducing a false belief in one's opponent about what cards the player is holding (Palomäki, Yan, & Modic, 2016).

Thus, while many criticisms exist on deception detection research, new technology opens a way to study other environments that are less controlled as an experiment and mimic better real-life situations with better generalizability to other settings and higher cognitive engagement.

### **Liar's ability**

Bond, Kahler, and Paolicelli (1985) concluded that the detection of deception depends more on the individual lying than the individual trying to detect the lie. Bond and DePaulo (2008) discovered that individuals differ in detectability and credibility. They discovered that some individuals are easier detected when lying than others and that some people are found more credible than others. Credibility differences are even higher when people are lying, meaning that people find it harder to judge if someone is lying to them when they are being lied to, compared to when someone is telling them the truth (Bond & DePaulo, 2008).

As part of the IDT, Zuckerman et al. (1981) theorized that liars adopt a stiff, wooden posture due to over controlling their behaviour to not look like the stereotype fidgety and nervous liar – called the Rigidity effect. This means that someone moves less when they lie than when that person is being honest. Several experiments confirmed that those who deceive, suppress their gestures to limit compromising behaviours (Buller and Aune, 1987; Vrij, 1995; Vrij, et al., 1996; DePaulo et al., 2003; Caso, Vrij, Mann, & De Leo, 2006; Mullin, 2012). Rigidity studies have been successful in discriminating truthful from deceptive responses with accuracies between 60% and 81% (Twyman, Elkins, & Burgoon, 2011). When participants were informed about the rigidity effect, they still failed to control their behaviour (Vrij, et al., 1996). This effect infers a visible difference in behaviour people could see when trying to detect deception even during short and controlled interviews (Twyman et al., 2011) and explains the differences found in detectability (Bond & DePaulo, 2008). Rigidity was previously researched with the use of trained human coders. These coders used a Likert scale to code the behaviour and then the average of the coders was the data. This required many man-hours and afterwards was still not as reliable as the use of technology (Twyman et al., 2011). With the use of technology, this effect could be studied in a more objective manner.

Additional research found that people have different levels of control over different body parts and that this shows in different ways. Some body parts have found to be more honest than others. Feet are the most honest parts of a person followed by the legs, the torso, the arms, the hands, the mouth, the eyes, and least honest the face (Navarro & Karllins, P. 77-78, 2006). Ekman (2001) gives an explanation for this phenomenon in an anecdote about that people learn to control their face and upper part of their body because as a child they are often told by their parents to show gratitude by smiling and saying “thank you” for e.g. presents even if they do not like them. There is evidence that during deception, there is an increase in head movements and a decrease in hand/finger movements. (Chan, et al., 2016). However, some report to find more movement in some parts and research asks for more granular

taxonomies of gestures to clarify the behaviours (Buller, Burgoon, Buslig, & Roiger, 1994; Caso, Maricchiolo, Bonaiuto, Vrij, & Mann, 2006) and the differences of this individual movement between others is still unclear.

Also, other research supports that when people lie, they would all lie differently and with different nuances. According to Masip, Garrido, and Herrero (2004), people are born advantaged or disadvantaged when it comes to lying. Those who are born with a so-called 'baby face' are often more believed than those who have a more mature face. During childhood, this can influence how an individual grows up, as a capable liar or as someone who is more honest. By social reinforcement, baby face children discover they can avoid punishment when lying and therefore learn to develop their lying abilities. Those with a dishonest face learn to tell the truth after failed attempts of deception and never discover their possible potential (Zebrowitz, Voinescu, & Collins, 1996). Another reinforcement is that people choose the persons they surround themselves with. In some cases, highly detectable liars and some cases advanced liars. Those who interact with the latter develop better lie detection skills in the real world than others (Bond & DePaulo, 2008). Other possibilities are that these persons developed ethical compunctions towards lying, are not able to regulate deception-related emotions, poor at masking emotions, or perhaps they are cognitively not strong enough to compute plausible tales. (Bond & DePaulo, 2008). Finally, a study of the brain with fMRI scans revealed that when different people are tested in the same situation different patterns of brain activity are shown on the fMRI scans (interpersonal differences). When the same person was subjected to a different situation, also different patterns of brain activity emerged (intrapersonal differences) (Vrij, 2008a, p.371).

Some researchers have tried to define capable and incapable liars and investigated if there is a recognizable difference between them. For instance, Levine (2016) examined the variability of deceivers and found data suggesting the existence of an unusually transparent liar. His results highlighted the importance of individual differences in deceivers that influence deception detection. Caso, Maricchiolo, Livi, Vrij, and Palena (2018) identified a capable liar as someone who was correctly identified by no more than 30% of observers and a bad liar someone who is judged as a liar by at least 70% of observers. This study seemed to categorize liar differences, however, the used footage for that research came from another research where the participants were subjected to a mock crime. So, participants in this study were not intrinsically motivated to deceive. Moreover, these statistics were based on the subjectivity of the detectors, therefore the individual differences between deceivers are not defined. Others, such as Aldert Vrij (2008b), tried to define it more subjectively by defining "8 characteristics of good liars". He concluded people could be better liars if they were (1) natural performers, (2) well prepared, (3) original, (4) rapid thinkers, (5) eloquent, (6) have a good memory, (7) do not experience guilt, fear, or delight, and (8) are good at acting (p. 378-379). Caso et al. (2006) found that deceivers find it more difficult to control their body than their rhetoric's. Subsequently, Hartwig, Granhag, Trömmel, and Doering (2010) claim that the difference between a capable deceiver and an incapable deceiver might be related to the ability to control one's own demeanour as well as verbal content. Yet, this still does not give an actual and clear distinction in people's deceiving capabilities.

Thus, theory shows that people differ in body language when they deceive others and that there are considerable variances in this behaviour. Research has tried to define a clear distinction in the capability of deceivers but has not yet managed to do so.

### **The current study**

Based on the provided theory, this study will use the environment of poker (Texas hold'em) to determine if people differ in their movement when being deceitful versus truthful and if there are better deceivers who move less between these acts. To determine if people differ in movement when being deceitful and truthful their rigidity is measured with the use of technology. The same participants' behaviour is measured while (s)he is being deceitful and while (s)he is being truthful, but still participating in the



round. This creates a truthful movement-baseline and a deceitful movement-baseline. These baselines are compared to study individual differences and afterwards are used to study the presence of better deceivers. The difference between Truthful behaviour and Deceitful behaviour should be negative according to the rigidity effect.

**H1:** People show less movement when trying to deceive their opponents than when they were not trying to deceive their opponents.

Research supports there being different kinds of liars and truth tellers (Buller et al., 1994; Caso, et al., 2006). People have a harder time to judge is some is lying compared to when someone is truthful. The closer people's behaviours are to each other, the harder it is to tell if it is different. So it suggests that there is little variance when people are deceitful. Theory infers that people will try to move less to deceive others. Decreasing behaviour also would also suggest less variance.

**H2:** People have a higher individual difference (variance) in movement when they are truthful versus when they are deceitful.

Research has found evidence of transparent and less capable deceivers. Furthermore, from birth, someone's liars' abilities are influenced by internal and external factors that support or counter the development of developing this skill. To determine if there are skilled and unskilled deceivers this study had to determine factors that would distinguish these deceivers from each other. Chen and Ankenman (2006) found that deception during poker increases winning chances. Therefore, to win a game of poker one should be a better deceiver than his or her opponents. That way opponents have fewer cues to detect the bluff. Based on these conclusions, this study infers that winners of a poker game are better deceivers than those who lost that game of poker. Comparing these groups might show if there is a difference within deceivers.

**H3:** The winners of the 60-minute poker games show less contrast in movement between being deceitful and truthful compared to those who lost in the poker games.

Furthermore, to compare better players to worse players another group is created. Since deception increases winning chances better deceivers should have deceived other opponents out of more money. So those who earned the most chips should show less contrast in their truthful and deceitful movement.

**H4:** The highest earners (top 25% of all participants) from a 60-minute poker game show less contrast in movement between being deceitful and truthful than the lowest earning players (bottom 25% of all the participants).

## Method

Poker uses specific terms that have their own meaning in a game. Specific poker terms used in this paper are listed below with an explanation to better understand the following sections. Only poker terms and rules used are explained and therefore this list is not exhaustive. The explanations are given below in table 1 are from an official rule of poker book (International Federation of Poker, 2012).

Table 1

*Used poker terms and explanation*

Term	Explanation
Hand	A hand refers to the two cards a player has in a round.
Round	One full round consists of four betting phases: ante, flop, turn, and river.
Ante	The ante is the prescribed amount posted before the start of a hand by all players.
Flop	Three community cards that are turned after the first round of betting is complete.
Turn	The fourth community card after the second round of betting is complete.
River	The fifth and last community card in a round after the third round of betting is complete.
Big-blind	The Big blind is required to post the full ante before the hand is dealt.
Small-blind	The small blind is required to post half the ante before the hand is dealt.
Dealer (button)	Indicates the best position at the table during a hand.
Game	For this study, the complete 60-minute game of poker in which multiple hands are played.
Check	To waive the right to bet, but to retain the right to act if another player initiates the bettings.
Bet	A starting action on the first betting round.
Fold	To throw a hand away and relinquish all interest in a round.
Call	Going along with a bet or a raise.
Raise	To increase the amount of a previous wager.
Re-raise	To raise an opponent's raise.
All-in	When a player has put all his/her chips into the pot during the course of a hand.
Stack	Chips in front of a player.
Chips	Coloured buttons each with a specific worth, representing actually money.
Burn Card	After the initial round of cards is dealt, the first card dealt in each round is discarded.
Dealer	In this study, the dealer was also the researcher.

**Participants**

A total of 58 participants voluntarily participated in the experiment and signed their informed consent to agree that their data would be used for analysis (Appendix 1) and no one objected after the debrief (Appendix 2). Participants were collected through the University of Twente's student participation program (SONA) and by the social network of the researchers. They were asked to perform in a study about betting behaviour. From these 58 participants, 5 participants were excluded, because they had pre-knowledge of the experiment. Participants were told that the best participant of the whole study would receive a €100,- reward and the second best would receive €50,- reward. In the end, 53 participants were used in the study where 45 were men (84.9%) and 8 were women (15.1%). Their age ranged between 18 and 59 years with a mean of 23 ( $SD = 5.91$ ). Most participants originated from the Netherlands (53), 25 participants were German and two participants had other nationalities. The most frequently completed level of education was high school (56.6%), 32.1% received an HBO or WO diploma, and 11.3% received an MBO diploma. Participants averaged their poker skill to 2.5 on a scale from 1 being bad at poker to 5 being very well at poker.

**Design**

The research is a double study design consisted of a within-subject study to investigate the individual difference in a persons' movement when (s)he is deceiving and the same sample was used to create groups, a between-subjects study, to measure a difference in this contrast. Each participant was recorded for the 60-minute poker game [Game procedure]. For every participant, a total of six clips were created out of these recordings. Three clips for when a participant declared to be not deceiving (but still participating) and three clips when the participant declared to be deceiving [Clip selection]. This resulted in a total of 318 short clips ranging from 10 seconds to 120 seconds. To analyse the impact of Deception on the movement of the participant the data (movement) from each similar selection (not deceiving or

deceiving) was calculated together [Analysis]. This resulted in five ‘Truthful movement’ variables and five ‘Deceitful movement’ variables per participant. The dependent movement variables that could be compared for every participant to investigate the impact of the within independent variable Deception were: Head movement, Arms movement, Torso movement, Legs movement, and the Overall movement. The movement variables are dependent because the movement changes because of deception. For a better understanding of the differences in movement, the difference was calculated in percentages by  $(\text{deceitful movement} - \text{truthful movement}) / \text{truthful movement} * 100$ .

Variables used for the between-subjects part of this study were the group variables ‘Stack Ranking’ and ‘Place’. Stack Ranking is an ordinal variable based on a boxplot from the variable ‘Stack Ending’ which participants answered on their questionnaire. This way the 25% best performing participants are grouped together and so are the second best, third best, and the 25% worst performing participants. The End Place is the ordinal variable of the final place a participant ended up. This could be the first place, second place, third place, or fourth place.

### Game procedure

A poker game only started with a minimum of 3 and a maximum of 4 participants. If there were 3 participants, the dealer dealt himself in. This way a participant always had 3 opponents. There was no game data recorded for the dealer, only for those that were participants in the study. Figure 1 shows the room set up for this study. At the dealers' seat, a bell was present. When playing, the dealer hit the bell every time to mark a new phase. E.g. the participants have their cards; the round of betting has passed; the dealer burns a card; hits the bell, and lays down three cards face up (flop). The purpose of the bell is for creating smaller clips from the whole recordings and has no other purpose. The participants were made aware of this function at the beginning of the game.

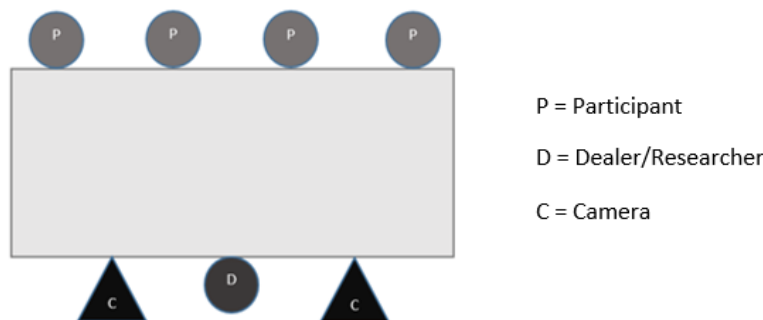


Figure 1. Poker game set up.

The first step was to go over some basic rules of Texas Hold'em. After the cameras were started the dealer (researcher) asked the participants to verify their name, age, highest attained education, and subjective poker level based on a scale from 1 being bad to 5 being very well at poker. Continuously they played a mock round of poker in which the researcher instructed the participants to act out certain actions. The dealer shuffled and dealt the cards. The participants looked at their cards and the dealer asked the participants to bet their first stack of coins. The dealer laid down the flop and asked the participants to bet their second stack of coins. The dealer laid down the turn and asked the participants to bet their third stack of coins. The dealer laid down the river and asked the participants to bet their fourth stack of coins. Afterwards, participants filled in the qualtrics questionnaire on their phone (Appendix 3). In the questionnaire, participants answered to what degree they tried to deceive their opponents per phase of the round. See Figure 2 for a visual representation of the actions in sequence. To have the instructions always performed the same, the dealer/researcher read from an instructive file which is shown in Appendix 4. Afterwards, the same sequence was upheld, only the participants were free to bet, fold, or call as they wanted. No specific rules were changed from or applied to the game. If

there were any ambiguities for the participants an official rule book was at their disposal to consult during the game.

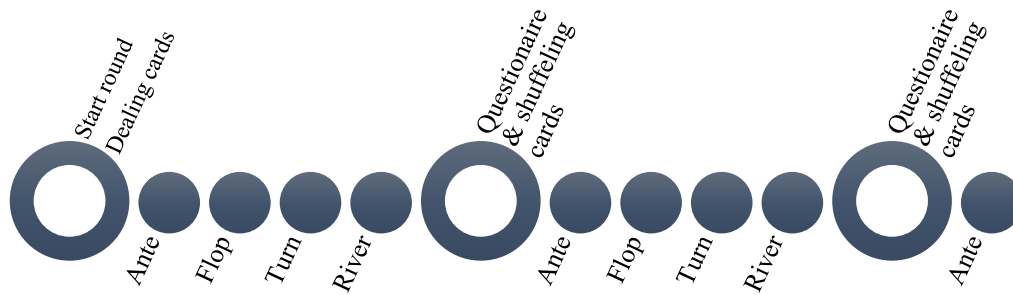


Figure 2. Poker round sequence and when participants were able to fill in their questionnaire.

The second step was performing a 60-minute poker game. After the mock round, the timer for 60 minutes started. Between phases, the dealer hits the bell for the recording. The participants were free to bet as they like and use their own strategy. After every round, they had to fill in the questionnaire. The time was not made known to the participants to prevent an "all in last round". If the 60 minutes were up during a round, then that round was finished. After 60 minutes the participants were asked to count their stack and were presented a second questionnaire to fill in, afterwards they were free to leave.

### Clip selection

The clip selection for the 6 clips from each participant was done after the game based on participants own subjective judgements. After every round of poker, while the cards were reshuffled and divided, the participants filled in a short questionnaire about the previous round (Appendix 3). Within the questionnaire, the participants could declare if they were deceiving or not and to what level they were deceiving. They indicated this for every phase of the round. The clip selection started for each participant from the latest round they played to the first. This choice was made because at the end of the game the participants are more engaged compared to the beginning and they had a better understanding of the game. For the selection, the first part of the game, the ante, in the questionnaire it is called 'before the flop', is looked at last. This choice was made because during this part of the game the most movement was for looking at the cards and rearranging the big and small blind buttons. If this part of the game was used, the clip selection started for the participant at the point he/she looked at the cards for the first time and put the cards back on the table. For each participant, three clips were selected in which they declared not to be deceiving but still participating in the round. Not every participant tried to deceive as much as the other or to the highest degree they were able to rate themselves. If from the end to the beginning no three of the highest deceiving declarations 'yes – a great amount' were answered, then the deceiving declaration below was selected, 'yes – a lot', and so forth.

By opening the sound graphics, clips were easily made by watching the spikes in sound caused by the bell. Then the clips were coded by which mount the camera was, left or right, which overall poker game it was, which hand of poker, and which part of the game (ante (1), flop (2), turn (3), river (4)). These coded clips were then handed over to the BMS Lab (technology lab that supervised the OpenPose system and processed the clips). This created body coordinates which were returned to the researchers in excel files for analysis.

### Measures

**OpenPose.** OpenPose is a library software system for real-time multi-person key point detection. It represents a real-time system to jointly detect the human body, hands and facial key points. In total it

can register 130 key points. The system is able to detect different people in images (Flintbox, 2017). For this research, the system tracked the body movement after it was recorded. This choice was made to be able to fix tracking mistakes and to track down any possible inexplicable data. The use of technology to compute data instead of multiple researchers results in more objective data in less time. The short coded clips, as made described in the clip selection, were first recorded on a JVC camera. The JVC camera recorded in HD; format: Quicktime; resolution: 1920x1080; framerate: 50i; bit rate: 50m (xhg) .The OpenPose system measures frame by frame and then tracks the body movement. Before clips were able to run through OpenPose they were edited. With the program VideoPad, clips were created and stored as a .avi file with a 38 frame per second. Therefore, OpenPose calculated per second 38 frames and create the coordinates per key points. For this study, 25 key points were used as shown in table 2 below and more visual in figure 2.

Table 2

*OpenPose Key points*

Key-point 0: Nose	Key-point 12: Left Hip
Key-point 1: Neck	Key-point 13: Left Knee
Key-point 2: Right Shoulder	Key-point 14: Left Ankle
Key-point 3: Right Elbow	Key-point 15: Right Eye
Key-point 4: Right Wrist	Key-point 16: Left Eye
Key-point 5: Left Shoulder	Key-point 17: Right Ear
Key-point 6: Left Elbow	Key-point 18: Left Ear
Key-point 7: Left Wrist	Key-point 19: Left Big Toe
Key-point 8: Mid Hip	Key-point 20: Left Small Toe
Key-point 9: Right Hip	Key-point 21: Left Heel
Key-point 10: Right Knee	Key-point 22: Right Big Toe
Key-point 11: Right Ankle	Key-point 23: Right Small Toe
	Key-point 24: Right Heel

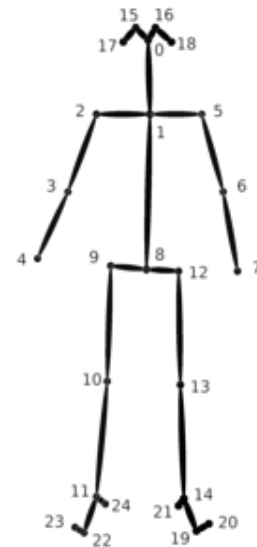


Figure 2. OpenPose skeleton.

The output of OpenPose is the same clip with the skeleton laid over and a .json file per frame. To be able to work with the data the .json files were comprised into an excel file per clip. Each x coordinate, y coordinate, and the confidence per key point were put in a separate column. So, each key point had three columns and each row represented a frame from the clip.

### Data analysis

Multiple steps had to be taken with the raw OpenPose data to create the movement variables for the participants. Step one was calculating the mean absolute difference between the frames for each key point and the average confidence of that key point was calculated. This resulted in two numbers that render the average movement a participant showed in that clip on the x axle and the y axle and a number that renders the validity of that movement. To create one number that represents the movement of one key point the average of x and y was calculated. This left only two numbers per key point; the validity of that key point and the average movement from that key point. This was done for all 6 clips per participant, 318 clips in total.

Step two was to scrutinize the calculated data. The data was examined on the average confidence level of the key point and any average movement above 15 was controlled visually in the OpenPose output video. If the skeleton overlay was off too often, the data was deleted. If the confidence was low and the calculated movement was visibly wrong with the OpenPose output video, then that point was deleted with the confidence as well. This lead to strong valid movement from a participant's key point.

Step three was averaging the same key points together for the two different contexts. One participant had a total of 6 data files on which the movement was calculated. Three data files for Deceitful movement and three data files for Truthful movement. The same key point from three clips in which a participant claimed to deceive his/her opponents was averaged together. This resulted in an average movement for that key point in which one participant indicated to be deceitful. The same was done for the clips in which the participant claimed to be truthful. This resulted in the calculated movement of a key point when the participant was deceitful and the movement of that key point when that participant was truthful. This was also done with the confidence of three key points to indicate the validity of the calculated movement. Because of the scrutinizing in step two, some averaged key points were based on one or two clips. In some cases, no values were retained after scrutinizing. However, this did not restrict any further calculations.

Step four was calculating the average movement for the body parts. The according key points were averaged together resulting in the average movement of that body part. The same was done for the confidence to calculate the validity of the body part. Table 3 shows which key points were used to calculate the movement of a body part. Table 2 is also a representation of the key points used for the variable Overall movement. This resulted in the 5 Truthful variables and the 5 Deceitful variables per participant.

Table 3  
*Key point distribution to calculate the movement per body part*

Key points	Body Part			
	Head	Arms	Torso	Legs
	0: Nose	2: Right Shoulder	1: Neck	9: Right Hip
	15: Right Eye	3: Right Elbow	2: Right Shoulder	10: Right Knee
	16: Left Eye	4: Right Wrist	5: Left Shoulder	11: Right Ankle
	17: Right Ear	5: Left Shoulder	9: Right Hip	22: Right Big Toe
	18: Left Ear	6: Left Elbow	12: Left Hip	23: Right Small Toe
		7: Left Wrist	8: Mid Hip	24: Right Heel
				12: Left Hip
				13: Left Knee
				14: Left Ankle
				19: Left Big Toe
				20: Left Small Toe
				21: Left Heel

## Results

To better understand the results, an overview of data is given first and then followed by the analysis to test the hypothesis. The data analysis of the gathered data from the observations resulted in five Deceitful movement variables (bluffing observation), five Truthful movement variables (truthful observation), five Difference in movement variables (deceitful-truthful contrast), and five Difference in percentage movement variables per participant. Table 4 shows the overall mean movements, mean confidences, and the standard deviation for all of these calculated variables. Because the rigidity effect is an influence on an individual for which every individual could be affected differently, the choice was made to conduct a repeated measures MANOVA. A repeated measures MANOVA tests a within factor in participants whose data is collected multiple times with the same tool. To investigate the possible individual differences in movements a cluster analysis was conducted. The cluster analysis on the Truthful body part variables and the separate analysis of Deceitful body part variables answers the differences in individuality people have in their movement. Two Kruskal-Wallis tests were conducted to investigate if participants who performed better are more capable deceivers and if there is a significant difference in capability between the best and worst poker players.

Table 4

Average Deceitful, Truthful, and Difference in Movement ( $M_M$ ), Standard Deviations of movement ( $SD_M$ ), and OpenPose mean calculated confidences per variable ( $M_C$ ) and Standard Deviations of the confidences ( $SD_C$ ) during the poker games.

Body part	N	Movement											
		Deceitful				Truthful				Difference			
		$M_M$	$SD_M$	$M_C$	$SD_C$	$M_M$	$SD_M$	$M_C$	$SD_C$	$M_M$	$SD_M$	$M_M\%$	$SD_M\%$
Overall	53	1.85	0.83	0.68	0.03	2.82	2.49	0.69	0.028	-0.97	2.61	-9.67	50.22
Head	53	1.46	0.73	0.84	0.034	5.99	11.92	0.85	0.033	-4.53	11.80	-6.34	73.50
Arms	53	1.09	0.65	0.73	0.044	1.16	0.91	0.74	0.04	-0.07	0.97	11.07	61.87
Torso	53	1.10	0.54	0.67	0.036	1.16	0.44	0.67	0.033	-0.05	0.38	-3.32	32.57
Legs	52	2.77	1.75	0.56	0.057	2.97	1.68	0.56	0.053	-0.2	1.84	6.90	61.92

Table 5 is an overview of the correlations between the calculated variables, the demographic variable Age, the group variables Stack ranking and Place, and the variables Skill level (subjective indication of the participants on how good of a poker player they are) and Stack Ending (the chip worth they were left with after 60 minutes). A Shapiro-Wilk normality test showed that the measured variables are not normally distributed, except for Truthful Torso movement and Difference Legs movement. Therefore, non-parametric tests were used to calculate the correlations between the Truthful variables and the Deceitful variables. The non-parametric test to calculate correlations is the Spearman Correlation Coefficient.

Table 5

Means ( $M$ ), Standard Deviations ( $SD$ ), and Correlations between the variables.

Variables	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	
Mean	23.23	1552.69	2.51	2.49	2.51	1.46	1.09	1.10	2.77	1.85	5.99	1.16	1.16	2.97	2.82	-4.53	-0.07	-0.05	-0.20	-0.97	-6.34	11.07	-3.32	6.90	-9.68	
SD	5.91	1223.43	1.10	0.99	1.12	0.73	0.65	0.54	1.75	0.83	11.92	0.91	0.44	1.70	2.49	11.80	0.97	0.38	1.84	2.61	11.80	61.87	32.57	61.92	50.22	
Age		.10	-.18	.15	-.04	-.05	-.08	-.17	-.30*	-.25	.12	-.05	-.03	-.12	-.10	-.15	-.13	-.03	-.07	-.08	-.12	-.09	-.18	-.10	-.12	
Stack Ending			-.90**	.16	-.97**	-.04	-.21	-.01	-.04	-.08	-.09	-.04	-.29*	-.26	-.25	.02	-.03	-.03	.23	.07	.04	.03	-.09	.29*	.05	
Place				-.24	.88**	.14	.098	-.02	.10	.13	.09	-.25	.16	-.21	-.23	.26	.22	.14	.11	.04	.01	-.09	-.33*	.23	.17	
Skill Level					-.15	-.03		-.16	-.13	.08	.10	-.03	-.16	-.13	.07	.13	.07	-.09	-.11	.01	-.09	.20	.25	.25	.18	
Stack Ranking						.08	.24	.02	.03	.33*	.33*	.38**	.33*	.13	.13	.13	.21	.07	.04	-.04	.34*	.51**	.58**	.58**	.48**	
Deceitful Head movement							.42**	.10	.27	.46**	-.04	.56**	.38**	.42**	.45**	.28*	.46**	.53**	.49**	.39**	.40**	.51**	.36**	.41**	.48**	
Deceitful Arms movement								.10	.70**	.73**	.01	.02	.71**	.45**	.35*	.12	.50**	.52**	.51**	.45**	.40**	.50**	.36**	.41**	.48**	
Deceitful Torso movement								.08		.90**	.06	.02	.53**	.35*	.27	.03	.52**	.52**	.51**	.45**	.40**	.50**	.36**	.41**	.48**	
Deceitful Legs movement								.06			.06	.04	.51**	.35*	.27	.14	.52**	.52**	.51**	.45**	.40**	.50**	.36**	.41**	.48**	
Overall Deceitful movement											.06	-.09	.51**	.35*	.27	.14	.52**	.52**	.51**	.45**	.40**	.50**	.36**	.41**	.48**	
Truthful Head movement												-.09	.02	-.04	.06	-.15	-.04	-.04	.03	.08	.08	.03	.03	.03	.03	.03
Truthful Arms movement													-.04	.06	-.15	-.04	-.04	-.04	.03	.08	.08	.03	.03	.03	.03	.03
Truthful Torso movement														.48**	.52**	.76**	.43**	.31*	-.01	.16	.16	.16	.16	.16	.16	.16
Truthful Legs movement																										
Overall Truthful movement																										
Difference Head movement																										
Difference Arms movement																										
Difference Torso movement																										
Difference Legs movement																										
Overall difference movement																										
%Difference Head movement																										
%Difference Arms movement																										
%Difference Torso movement																										
%Difference Legs movement																										
%Overall Difference movement																										

N = 53; except for the body part legs N = 52

\*\* . Correlation is significant at the .01 level (2-tailed).

\* . Correlation is significant at the .05 level (2-tailed).

## Rigidity Effect

Before performing a repeated measures MANOVA the dataset has to meet five assumptions to perform a valid repeated measures MANOVA. The first two assumptions are met. The dependent variables are continuous (first assumption) and are measured from the same participant with the same tool (second assumption). The third assumption for performing a repeated measures MANOVA, no significant outliers, has not been met. Leaving outliers creates harder conditions to reject the null hypothesis. It does make it less likely to make a type 1 error (false positive). The fourth assumption, approximately normally distributed, is also not met. However, a repeated measures MANOVA is quite robust to violations and therefore still performed. The fifth and last assumption, sphericity, does not apply because, there are only two levels of the within-subject factor (Grande, 2017). Because this study investigates the individuality between subjects and there are barely other possibilities to test this, the repeated measures MANOVA is still performed while not all assumptions are met.

The repeated measures MANOVA was conducted to compare the effect of the 'Rigidity effect' on the movement of five dependent body parts. Because the rigidity effect influences the movement, the rigidity effect is the independent variable and the movements are the dependent variables. The ten movement variables were entered simultaneously into the test and renamed into the five following dependent measures:

Head: Deceitful Head movement vs. Truthful Head movement;  
Torso: Deceitful Torso movement vs. Truthful Torso movement;  
Arms: Deceitful Arms movement vs. Truthful Arms movement;  
Legs: Deceitful Legs movement vs. Truthful Legs movement; and  
Overall: Overall Deceitful movement vs. Overall Truthful movement.

The multivariate test of the repeated measures MANOVA, table 6, showed to be marginally significant for 'Rigidity effect', Wilks' Lambda = .823,  $F(5, 47) = 2.022$ ,  $p = .093$ . This means that the averages in this test are marginally significantly different from each other. Because these statistics are based on multiple calculations and because some assumptions are violated making it less likely to reject the null hypothesis, this study still investigates the individual outcomes of the univariate tests to see if there are significant differences for the individual measures.

The univariate tests, table 6, of within-subject factor 'Rigidity effect' showed there was a statistically significant effect on Head  $F(1, 51) = 7.889$ ,  $p = .007$  and on Overall  $F(1, 51) = 7.541$ ,  $p = .008$ . Therefore the null hypothesis was rejected and concluded that there is a statistical difference between Truthful Head movement ( $M = 5.99$ ,  $SD = 11.92$ ) versus Deceitful Head movement ( $M = 1.46$ ,  $SD = .73$ ) and a statistical difference between Overall Truthful movement ( $M = 2.82$ ,  $SD = 2.49$ ) versus Overall Deceitful movement ( $M = 1.85$ ,  $SD = 0.83$ ). When participants bluffed (Deceitful movement) they significantly moved their Head and Overall body less compared to when they were not bluffing (Truthful movement). No other significant effects were found on the rigidity effect from the participants body parts. Torso  $F(1, 51) = 1.234$ ,  $p = .272$ , Arms  $F(1, 51) = 0.320$ ,  $p = .574$ , and Legs  $F(1, 51) = 0.614$ ,  $p = .437$ . Therefore, Hypothesis 1 is partly accepted. In this study there are signs of the rigidity effect on the participants when they tried to deceive others.



Table 6  
*Univariate test of Rigidity effect on body parts*

Source	Measures	Type III SS	df	df error	Mean Square	F	Sig.
Rigidity effect	Head	557.958	1	51	557.958	7.889	.007
	Torso	0.090	1	51	0.090	1.234	.272
	Arms	0.152	1	51	0.152	0.320	.574
	Legs	1.034	1	51	1.034	0.614	.437
	Overall	25.939	1	51	25.939	7.541	.008

To compensate for the rejection of some assumptions the non-parametric variant of the repeated measures MANOVA, the Friedman test, is also performed. The Friedman tests on movement showed there was a statistically significant effect on head movement for the participants,  $X^2 = 4.245$ ,  $p = .039$ . Therefore the null hypothesis is still rejected and concluded that there is a statistical difference between Truthful Head movement ( $Mdn = 1.72$ ,  $SD = 11.92$ ) versus Deceitful Head movement ( $Mdn = 1.28$ ,  $SD = .73$ ). When participants bluffed (Deceitful) they significantly moved their Head less than when they were not bluffing (Truthful). No other significant effect was found of the Rigidity effect on movement from the participants with the Friedman test. Torso ( $X^2 = 1.528$ ,  $p = .216$ ), Arms ( $X^2 = .170$ ,  $p = .680$ ), Legs ( $X^2 = .077$ ,  $p = .782$ ), Overall ( $X^2 = 1.528$ ,  $p = .216$ ). Therefore, Hypothesis 1 is still partly accepted.

### Individual Differences

Individuality is the presence of the possibility to discriminate someone on more discernible characteristics. More clusters would mean that there are more possible variations to which a participant can belong within that category. A k-means cluster analysis was performed on the z-scores of the Truthful movement and Deceitful movement variables, with the exception of the Overall movement. A z-score is a standardized score that indicates how many standard deviations the score is from average. A negative Z score means below average, and a positive z score means above average. The Overall movement variable was excluded because it consists of the same key points as the other body parts. The 'k' of k-means signifies that the researcher selects how many groups the analysis has to calculate. Clusters are made by selecting at least two points randomly in a data scatterplot called centroids. From these centroids, the closest data points are linked to this centroid. The average of all these data points become a new centroid. From this new centroid, the closest data points are again selected and the closest data points are averaged and become the new centroid. This process is repeated until the centroids stop shifting. The cluster analysis was performed exploratively since there was no research suggesting how many clusters there would be to be expected. A k-means cluster analysis comes with an ANOVA table which will show if there is a significant difference between the input variables. Clarifying, if the ANOVA for a variable was significant, it means that there is a significant impact of that variable on cluster membership. The k-means cluster analysis was performed until every variable had a significant  $p$ -value because every body part will have a predictive indication to which cluster someone belongs.

**Truthful clusters.** The cluster analysis of Truthful movement variables showed 4 clusters in which every body part is a significant predictor (Head movement,  $F(3, 48) = 277.39$ ,  $p < .001$ ; Arms movement  $F(3, 48) = 50.97$ ,  $p < .001$ ; Torso movement,  $F(3, 48) = 13.06$ ,  $p < .001$ ; Legs movement,  $F(3, 48) = 13.34$ ,  $p < .001$ ). Truthful Cluster 1 has 28 participants and is predicted by all four body parts being below average. Truthful Cluster 2 has 16 participants and is predicted by more than average movement of the Torso and Legs while no other cluster has above average movement of the Torso and Legs. Truthful Cluster 3 has 2 participants and is predicted by more than average movement of the Arms while no other cluster has above average arm movement. Truthful Cluster 4 has 6 participants and is predicted by more movement of the Head while no other cluster has Head movement above average. Figure 3 is a visual representation of the movements in the clusters.

**Deceitful clusters.** The cluster analysis of Deceitful movement variables showed 2 clusters in which every body part is significant and thus a predictor (Arms movement,  $F(1, 50) = 15.95, p < .001$ ; Torso movement,  $F(1, 50) = 79.63, p < .001$ ; Head movement,  $F(1, 50) = 5.91, p = .019$ ; Legs movement,  $F(1, 50) = 11.63, p = .001$ ). Deceitful Cluster 1 has 45 participants in which participants move all body parts below average. Deceitful Cluster 2 has 7 participants who move all body parts above average. The last two categories of Figure 3 is a visual representation of these cluster movements. Table 7 is a representation of the Z-scores from figure 3 for both Truthful clusters and Deceitful clusters.

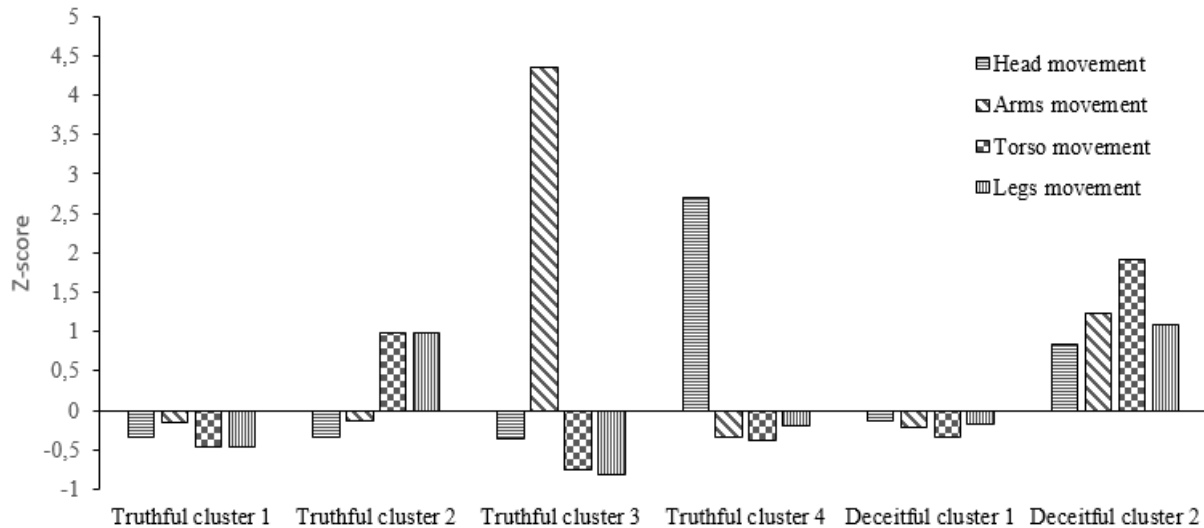


Figure 3. Visual representation of the Z-score differences between the four Truthful clusters and the two Deceitful clusters.

Table 7

The group sizes (N) and Z-scores for the Truthful and Deceitful movement clusters

	N	Head movement	Arms movement	Torso movement	Legs movement
Truthful cluster 1	28	-0,34573	-0,16278	-0,45386	-0,46616
Truthful cluster 2	16	-0,33202	-0,12577	0,97401	0,98697
Truthful cluster 3	2	-0,36831	4,35097	-0,75623	-0,80836
Truthful cluster 4	6	2,69555	-0,34556	-0,38484	-0,18706
Deceitful cluster 1	45	-0,12652	-0,20828	-0,33006	-0,16965
Deceitful cluster 2	7	0,82867	1,2231	1,92167	1,09058

This cluster analysis shows that there is more difference in truthful behaviour considering there are 4 clusters in truthful action and 2 clusters in deceitful action. Therefore, Hypothesis 2 is accepted. People show more individuality when they were truthful versus when they are deceiving.

**Cross-Cluster-analysis.** A cross-analysis of the four Truthful clusters and two Deceitful clusters showed that this study sample has 6 combination clusters in total. Table 8 shows how the Truthful and Deceitful clusters relate to each other for the 6 combination clusters. There was no further relation between these combination clusters and how well they performed in the study. So, there can be concluded that the way someone moved their body parts had no influence on how well they performed in the study. There is however an indication that those who move their head and arms a lot while they are truthful, they move all body parts below average when they try to deceive someone. However, more research should be performed to substantiate this.

Table 8

*Overview of the Cross-Cluster analysis and how much participants (N) belong to a cluster combination.*

Clusters	N	Cluster	
		Truthful	Deceitful
Cluster Combination 1	26	1	1
Cluster Combination 2	2	1	2
Cluster Combination 3	11	2	1
Cluster Combination 4	5	2	2
Cluster Combination 5	2	3	1
Cluster Combination 6	6	4	1

### Deceiving Capabilities

A Kruskal-Wallis test was conducted to investigate if there was a difference in movement contrast (the contrast between the truthful movement and deceitful movement) made by participants that had performed better in the poker game versus those who performed worse. The dependent continuous variables, who all were non-normally distributed, %Difference Head movement, %Difference Torso movement, %Difference Arms movement, %Difference Legs movement, %Difference Overall movement. The independent variables were the place the participants ended up (End Place) to investigate if there was a difference between participants who ended first, second, third, or last, and the ranking based on the stack size the participants had at the end of the game (Stack Ranking) to investigate if there was a difference in the movement contrast made by those with the biggest stack, second biggest stack, second lowest stack, or with the lowest stack.

The Kruskal-Wallis test of the %Difference in body part movement \* End Place, table 9, showed no significant differences between the contrast in movement and the different places participants ended up. Head ( $\chi^2(3) = 1.061, p = .786$ ), Torso ( $\chi^2(3) = 5.427, p = .143$ ), Arms ( $F = 2.848, p = .098$ ), Legs ( $F = 2.835, p = .099$ ), Overall ( $F = .727, p = .398$ ). Therefore, Hypothesis 3 is rejected, since no significant difference has been found. This study did not provide evidence that participants differed in movement based on the place they ended within the poker game.

Table 9

*Kruskal-Wallis test of %Difference body parts movement \* End Place*

Kruskal-Wallis test	N	df	$\chi^2$	Sig.
%Difference Head movement * End Place	53	3	1.061	.786
%Difference Torso movement * End Place	53	3	5.427	.143
%Difference Arms movement * End Place	53	3	0.196	.978
%Difference Legs movement * End Place	52	3	1.106	.776
%Difference Overall movement * End Place	53	3	0.320	.956

Subsequently, The Kruskal-Wallis test of the %Difference in body part movement \* Stack Ranking, table 10, showed there was a statistically significant effect on the %Difference Torso movement over the different Stack rankings,  $\chi^2(3) = 1.061, p = .006$ . Therefore, the null hypotheses is rejected and concluded that participants moved their Torso significantly different from each other based on how big their stack was. The other four body parts were not significantly different over the different rankings, Head ( $\chi^2(3) = 0.261, p = .957$ ), Arms ( $\chi^2(3) = 1.293, p = .731$ ), Legs, ( $\chi^2(3) = 2.609, p = .456$ ), and Overall ( $\chi^2(3) = 1.580, p = .664$ ). To determine which group rankings differ from each other a posthoc test has to be performed.

Table 10

*Kruskal-Wallis test of %Difference body parts movement \* Stack Ranking*

Kruskal-Wallis test	N	df	$\chi^2$	Sig.
%Difference Head movement * Stack Ranking	53	3	0.261	.957
%Difference Torso movement * Stack Ranking	53	3	12.524	.006
%Difference Arms movement * Stack Ranking	53	3	1.293	.731
%Difference Legs movement * Stack Ranking	52	3	2.609	.456
%Difference Overall movement * Stack Ranking	53	3	1.580	.664

Mann-Whitney U tests were performed on the calculated differences in percentages as a post hoc test to determine which Stack groups differ from each other on %Difference Torso movement. The Mann-Whitney U tests, table 11, showed a significant difference in %Difference Torso movement on three occasions.

First, the test was significant between the participants with the Biggest Stack and the Lowest stack at  $p = .006$  ( $Z = -2.744$ ). Therefore the null hypothesis is rejected and concluded that there is a significant difference between the highest earners and the lowest earners. Based on the negative *Z-score*, participants who had the Biggest stack had significantly less contrast in their Truthful-Deceitful movement in comparison with those who had the Lowest stack.

Second, the test was significant between the Second biggest stack and the Lowest stack at  $p = .022$  ( $Z = -2.282$ ). Therefore the null hypothesis is rejected and concluded that there is a significant difference between the Second highest earners and the Lowest earners. Based on the negative *Z-score*, participants who had the Second biggest stack had significantly less contrast in their Truthful-Deceitful movement in comparison with those who had the Lowest stack.

Third and last, it showed a significant difference in %Difference Torso movement between the participants with the Second Lowest Stack and the Lowest Stack was at  $p = .002$  ( $Z = -3.154$ ). Therefore the null hypothesis is rejected and there can be concluded that there is a significant difference between the Second lowest earners and the Lowest earners. Based on the negative *Z-score*, participants who had the Second lowest stack had significantly less contrast in their Truthful-Deceitful movement in comparison with those who had the Lowest stack.

There was no significant difference between other groups nor on any groups with the other independent variable % Difference in body part movement. Therefore Hypothesis 4 is partially accepted. There is evidence that participants who performed better in the poker games had less contrast in their Truthful-Deceitful movements than those who performed worse.

Table 11

*Mann-Whitney U post hoc tests on %Difference Torso movement vs. Stack Ranking*

	Stack Ranking	MWU	WW	Z	Sig.	
%Difference Torso movement	Biggest stack	Second biggest stack	66	157	-0.949	.343
		Second lowest stack	81	172	-0.485	.627
		Lowest stack	31	122	-2.744	.006
	Second biggest stack	Second lowest stack	71	162	-0.971	.332
		Lowest stack	40	131	-2.282	.022
	Second lowest stack	Lowest stack	26	117	-3.154	.002

**Exploratory research**

Few studies have focused on the difference in body movement made by the same individual when the person is truthful and deceitful and even fewer studies have focused on presence and possible difference between better and worse liars. As a point of interest, this study has calculated the main effect of deceit on the participants who performed the best and the worst based on their Stack rankings. The only

significant statistical difference between the highest rank and the lowest rank is the difference in %Difference Torso movement ( $Z = -2.774, p = .006$ ). Participants in the Biggest stack differed on average 5.8% in their Torso movement. This means that from their total Truthful movement their Deceitful movement is 5.8% more. Participants for the lowest stack differed on average -27.45% in their Torso movement. This means that the worst performing poker players moved 27.45% less in their Deceitful movement versus their Truthful movement. Therefore a detector has 5.8% different movement to detect in the better performing group versus 27.45% difference in movement to detect in the worst performing group. Therefore detectors have 21.65% more contrast to detect in the Torso movement of participants with the lowest stack versus those with the biggest stack.

To explore the effect of deceit on movement further, the participants with the biggest stack differed on Head, Arm, Torso, and Legs on average 8.81% from their truthful behaviour. The participants from the Lowest Stack differed on Head, Arm, Torso, and Legs on average 22.43% from their truthful behaviour. The means of the %Difference variables from the Biggest Stack and the means from the Lowest Stack are compared (Figure 4 and Table 12). This study measured a difference in Truthful-Deceitful movement between the best and worst performers of 15.61%. This means that deception detectors have 15.61% more contrast in movement on which they can judge someone to be deceitful.

Table 12  
The main effect of deceiving on movement per performance

Stack Rank	N		%Difference Head	%Difference Arms	%Difference Torso	%Difference Legs	Average %Difference
Biggest stack	13	Mean	1.59	7.88	5.83	14.16	8.81
Lowest stack	13	Mean	-13.41	34.87	-27.45	-17.01	22.43
		Total Mean Difference	11.82	26.99	21.62	2.85	15.61

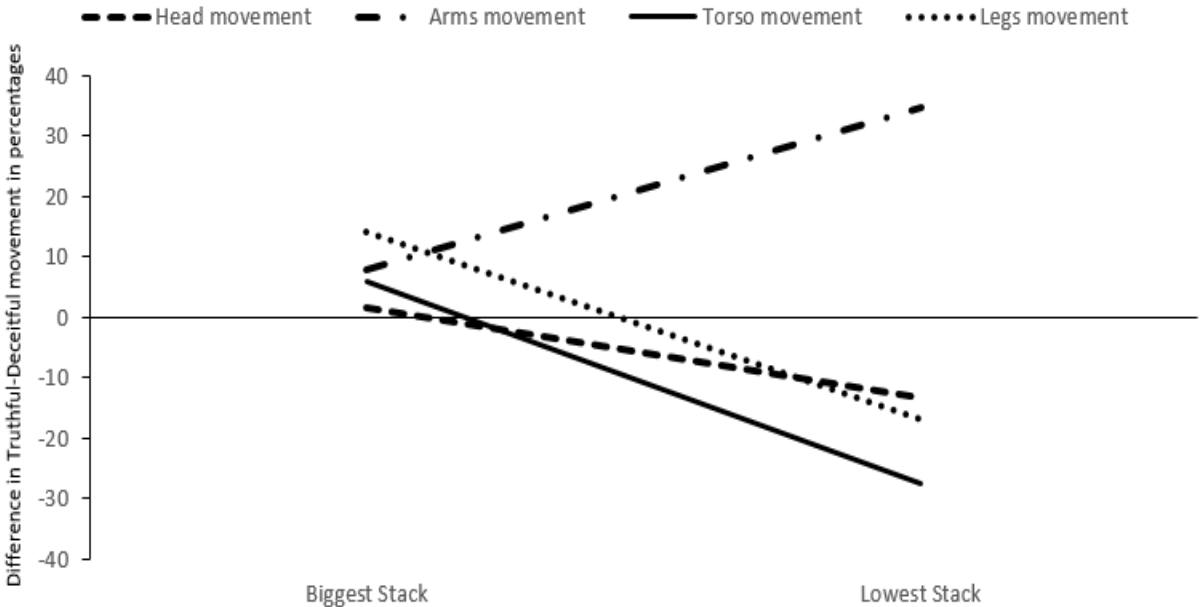


Figure 4. The difference in Deceitful-Truthful movement as a function of Stack Ranking

## Discussion

This study investigated if people vary in their movement when they were trying to deceive others versus when they were truthful to others and the existence if some are more capable in deceiving compared to others. The results showed promising contrasts in participants movement when they were deceiving others versus when they were truthfully participating and that some participants were more capable deceivers compared to others. In the following paragraphs, the results from the hypotheses are elaborated and reflected upon. After the in-depth view of the results, the limitations of the study are presented and some recommendations are made for future research.

### Rigidity Effect

The partly accepted first hypothesis, people show less movement when they try to deceive their opponents versus when they are not trying to deceive their opponents, is in line with prior rigidity research. There was a significant decline in the head movement and the overall movement measured when participants were bluffing compared to their not bluffing movement during a game of Texas Hold'em poker. Because the data set was not entirely compliant with the test assumptions, the non-parametric test was also performed. The non-parametric test only showed a decline in the head movement when participants were bluffing compared to their not bluffing movement, however, there was no significant decline in Overall movement when participants were bluffing.

But, there are logical reasons to why a difference is found between test results and why no significant data was found in the movement of the Legs, Arms, and the Torso. First, a possible reason for the difference in the test results is that the Friedman test is less affected by outliers than the repeated measures MANOVA. The Friedman uses the median, while an ANOVA uses the mean. However, the outliers in this research are defensible because the data is based on three separate observations. This makes the outliers less likely to be a measuring mistake or an anomaly. The repeated measures MANOVA is a more advanced test because all effects on the body parts were calculated at the same time and affected the outcome of the separate variables. The Friedman test is only capable to calculate the effect in one body part at the time.

Second, a possible reason for the absence of statistical significance for the legs is that OpenPose was the least reliable for this body part. For one participant no usable data was collected and while scrutinizing the data in the analysis the most key points had to be removed. This could explain why this study did not find a rigidity effect on the legs.

Third, a possible reason for the absence of significant data for the Arms can be the limitation of free will by the design. During the poker game, the participants had to check, bet or raise. These actions are the same for the truthful observations as for the deceitful observation. This could explain why no difference is found in the arms. Fourth and last, in a chair, the torso is the most fixed body part of a person. The least amount of movement is expected here. More participants might have made the small difference significant if a difference would be possible to be found at all.

Subsequently, Chan et al. (2016) found the opposite for head movement to be true, the head moves more when a person tries to deceive. However, this study is different on at least three divisions. First, this study used mock crimes, which is a criticized method, to investigate truth-lie differences in body language, while this study uses a more engaging environment. Second, the sample used for this study is South-East Asian. Therefore cultural differences can explain why the opposite is true. Third, Chan et al. used an investigative interviewing scenario, which means the sender (possible liar) sat across the receiver (lie detector). The poker study design had participants next to each other. Moving their heads less would give their opponents fewer signals on which they could decide if their opponent was bluffing. Putting participants opposite from each other would make them move their head more so the opponent would not be able to see the face. This also substantiates that the environment influences the

possible cues a lie detector should and could expect. Therefore, the decline in movement of the head could be explained by the fact that the people do not want to show their face to the person they are deceiving which would be a possible conclusion for both studies.

### **Individual Differences**

The accepted second hypothesis, people have a higher individual difference in movement when being truthful versus when being deceitful, is also substantiated by prior research (Hartwig, et al., 2010). The cluster analysis showed there were four possible groups in the truthful movement data for which all body parts had a significant contribution to the allocation of a participant to a cluster and there were only two possible groups in the deceitful movement data for which all body parts were a significant contributor. This substantiates that there is less individual difference in movement when people deceive. The truthful observation has more group discriminations, more different patterns. In other words, people are less the same when they are truthful.

Subsequently, this conclusion is in accordance with the acceptance of hypothesis 1, there is less movement when people deceive which results in less variance between each other. The rigidity effect results in people moving less, which shrinks the variance in which they move. It converges the movement. However, these results do not substantiate or disprove that the rigidity effect is applicable to everyone.

Finally, there seems to be some evidence of possible predictive behaviour. This predictive behaviour makes these participants presumably also transparent liars. Participants who moved their heads a lot (6 participants) or their arms a lot (2 participants) while being truthful, all ended up in the deceiving cluster where they moved all body parts below average. This indicates that if someone's taxonomy can be identified in truthful behaviour, the deceitful behaviour could be predicted. This will make them transparent liars and easy to detect. Nevertheless, this is different from the findings of Bond and DePaulo (2006) and Levine (2016) because those studies did not involve truthful behaviour and how this behaviour is associated with deceitful behaviour. These results only involve a few participants and further analysis with the data, e.g. the relation between clusters and performance, showed to be insignificant. Yet, these results are an addition to taxonomies of people and how there are differences that influence certain behaviours (Buller, et al., 1994; Caso, et al., 2006; Masip, et al., 2006).

### **Deceiving capabilities**

The deceiving capabilities of the participants were tested with the performance of the participants in the poker game supported by the findings of Chen and Ankenman (2006) and Vrij, Semin, and Bull (1996) that deception is necessary to increase winning chances. Therefore better players would have deceived better, which increased their winning chances. Hypotheses 3 and 4 investigated the possible capability differences of the participants.

Hypothesis 3 investigated the difference in capability by ranking the participants based on their position, first, second, third, or last. This resulted in insignificant data. In other words, no differences were detected in the participants' deceiving capabilities to deceive in this study based on the position the participants ended on in the poker game.

Hypothesis 4 investigated the difference in capability by ranking the participants based on the biggest stack, the second biggest stack, the second lowest stack, and the lowest stack. This resulted in a significant increase in the difference in torso movement from the lowest stack to all other stacks. There is no significant difference between the first three places, only the first three differ with the fourth place. An increase in the difference of movement means that the contrast between truthful movement and deceitful movement is larger. Therefore opponents could have been able to detect a larger difference in movement from those who performed the worst. This is in line with studies who found the presence of people who are more detectable and less credible than others because the higher contrast gives more

evidence to the detector. Noticeable for Torso movement is that the overall means for this body part are not that different, and the standard deviation is the smallest. Meaning that the data for this body part is quite dense, yet a significant result is found throughout the stack ranks.

The absence of significant results for hypotheses 3 while finding significant results for hypotheses 4 can be explained by the random grouping of participants. Some groups might have been more challenging than others resulting in easier wins or more gradual earning. Therefore the stack size has a theoretical better link to deceiving performance compared to the end position. To gain a big stack, the participants had to deceive their opponents out of more chips. Even if there would be a clear difference in poker skill, this would make the opponents more alert to that player, making deceit even harder to successfully perform.

The absence of other significant results for hypotheses 4 is possibly explained by the same reasons for the absence of the significant rigidity effect. The arms continuously have to perform the same actions, the legs are the least reliable measured, and the difference in head movement is not large enough for a statistical difference with groups of N 13. On another note, an insignificant finding might also be the cause of large variances, which are found on these body parts.

**Data exploring.** The exploration of the data showed a more understandable difference in the Truthful-Deceitful movement. The focus is on the difference in movement and not if this difference is negative or positive. A larger difference is easier for a detector to detect, regardless if it is negative or positive. The only significant finding between capable and less capable deceivers is on the torso movement. Lesser capable deceivers move 21.65% more with their torso compared to those who were better in the poker game. This is in line with the theory found. However, no other study has measured this difference before. Some liars are easier to detect than others because they have a larger difference in movement from their truthful movement.

As a further exploration, this study compared the differences of all body parts between the best and worst performers in the poker game. In this comparison, lesser capable deceivers move 15.61% more with their body parts. However, this is not supported by significant differences. The data suggest that more capable deceivers differ between the 0 and 15% while the less capable deceivers differ about 15 to 30%. This should be substantiated by subsequent research.

Finally, Two things are noticeable from this data. First, the participants in the Biggest Stack group moved on average a little more whereas the Lowest group moved less, except for their arms which they moved more. This could indicate differences in coping strategies, presence of tells, usage of soothers, or other behaviour control. Second, the better performing group is most noticeable to be lying in the movement of their legs, while the lower performing group is most noticeable by the difference in the movement of their arms. Since the arms are more in the eyesight of the detector and the legs are often covered by a table. This could explain why participants performed better or worse, but more research has to be performed in order to substantiate this.

## **Limitations**

Even though the results of this study are generally in line with previous studies, there were a few limitations that influenced the outcome of this study.

**Measurements.** OpenPose as a measurement tool might not have been the best option. OpenPose was in some occasions jittery and after full processing of the data not confident enough for all key points to be valid. Especially the foot and leg key points were for a lot of participants not reliable. Because only 53 participants were recruited for the study some measurement concessions had to be made. Therefore some key points had to be deleted while making the body parts' data. With more knowledge for a better set up for OpenPose, this could have been avoided. OpenPose needs a well-lit room and



nothing can be in the way. Some participants' legs were blocked by a table leg, or they forgot to put their jacket away making their jacket sleeves sometimes part of their arms. A recommendation is to use a better environment for OpenPose or use another measurement tool that is less susceptible to the environment.

***Poker environment.*** Poker showed to be a valuable environment to study deceit but does create more variables and influences which researchers should track. Differences were found in this study and there were multiple ways to create groups to compare performances and behaviours. The participants were able to get to know each other and learn each other's behaviours, making deceit harder. The participants had free choice to bluff when they wanted and were free to choose how they presented their bluff. This created an overload in data and large variances in the data. Future research should contain more standardization of game difficulty and standardized deceiving effort.

In this study, participants sat next to each other which did not give them an optimal feeling of battling each other. For measurement reasons they had to sit next to each other, otherwise the data collection would have been prolonged or made impossible. It would be better to position participants across from each other. This would evoke different behaviours than those found in this study, but also simulate more interviewing environments in which liars and lie catchers are often across from each other. When participants are facing each other, other significant movement contrasts might be found. Nevertheless, poker simulated real-life situations better than a lab experiment.

***Participants.*** The knowledge of poker was in some cases insufficient which did not give the participants the knowledge of different kinds of bluffs they could use. The lack of knowledge influenced the amount of bluffing some participants did and in some cases interrupted the flow of the game creating a short disengagement. A better understanding of the cards worth and odds would have cultivated in stronger bluffs. However, instructing participants about different kinds of bluff would have influenced them at the beginning, from which this study tried to stay clear. A recommendation to avoid this in the future is to let participants make a poker-knowledge-sufficiency-test in which different kinds of bluffs are also explained.

On the other hand, this lack of knowledge also created favourable situations. The lack of knowledge stimulated higher cognitive engagement from participants, which is needed for behavioural deceit studies. Their lack of poker knowledge also created the situation that they had to play the person instead of the cards. Poker is also a game of odds. Every round the odds of winning change. However, if they lack the knowledge of odds, they had to play the behaviour signals the opponents send out.

***Data.*** The data gathered for this study did not meet the assumptions needed for the appropriate tests. This could have led to invalid conclusions. However, the results were compared to non-parametric tests which led to the same conclusions. A larger dataset would have given more freedom to remove outliers and be stricter on the pre-selection, but removing outliers also misrepresents the data found. This could consecutively lead to invalid conclusions because the data did not represent the true differences that can be found between individuals. Subsequently, the outliers are not measurement mistakes nor anomalies, since the data is based on multiple observations. To avoid dilemmas such as these, a larger data set with a more secure measurement tool is more forgiven to outliers since it would have a lesser influence on data results.

### **Future research**

This study was the first step in measuring body language from an abstract point of view and the difference in deceivers' capability. While more classical body language studies look at the specific behaviour like cues, tells, and soothers, this study only recorded the amount of movement. To further

study these differences, more similar projects should be performed. This study contained a lot of limitations that could be prevented in subsequent studies and create a more sound data set.

After this study, some questions have raised that future research should look into. First, is there an overlap of deceitful movement and truthful movement? If there is a clear distinction to a certain amount of movement that is not made in the other observation, this could predict behaviour better. If the possible amount of truthful movement is visualized in a bar graph, will there be a part of the deceitful amount movement that does not overlap? If there is an amount of movement that is recorded in deceitful situations and not in truthful situations, than that amount of movement will be a strong indicator of deceiving.

Second, the capability should be researched further and measure if there is an individual standard deviation on the movement. Do better liars differ in movement between 0 and 15 percent and are worse liars significantly higher in that difference? Maybe there are multiple groups identifiable in how much they differ from their truthful behaviour. A second step would also be to research a individual possible variation in difference instead of just one number. E.g. record if participant have a difference in movement when they deceive between 6 and 12 % instead of a difference of 9%.

Third, at what percentage is a difference in movement noticeable for the naked eye? Would we be able to notice the difference without technology? Also, what would this say about previous research? This could also support evidence of better and worse liars because people will not be able to pick up slight nuances and only identify the less capable liars who have a larger difference in movement.

On a final note, an expansion of cluster groups might give interesting findings in truthful behaviour that can be linked to deceitful behaviour and give more insight in transparent liars and anticipate their deceitful behaviour, but making behavioural predictions in deception studies is always risky. As has become clear in this study, people are influenced from a young age in their development of a lying skill. Internal and external factors influence if someone is capable of deceiving another or not. When someone tries to deceive someone multiple processes influence the behaviour. It will be very hard to find universal cues or predict behaviour because there are too many variances in how someone behaves normally and situational factors, such as environment, emotional well-being at that moment, and personal relationship, that influence how someone will behave when deceiving. Behaviour can often be mimicked and used as a bluff to entrap the conversational partner. Knowledge of lying will always influence the study of deception. This knowledge can be about an individual's behaviour or general behaviour. An example of this influence is the rigidity effect. Because nervousness and jittery behaviour is common knowledge, people now overcompensate that behaviour and become rigid. New knowledge about how we behave when we deceive will influence new bluffs, regardless if it is based on truth or myth.

## **Conclusion**

This study found a significant rigidity effect on the head and a significant difference in the truth-deceit movement of the torso between those who performed the best in the poker game compared to those who performed the worst. These findings are in line with previous research but, can be linked to the poker game set-up which was used to gather the data. Another set-up might create other differences. Poker showed to be a challenging, but fruitful study environment for deception and should be investigated further as a study environment for poker and other social studies. The results are promising to find further evidence that people differ in their movements when they deceive others compared to their normal behaviour and that people can be classified based on their capability to deceive others. Subsequent poker studies will likely add to these findings and expand the knowledge of rigidity and deceiving capability.

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## Appendices

### Appendix 1 – Informed Consent

Dear participant,

Thank you for participating in this study. By signing this informed consent, you agree that you have been clearly informed about the nature and method of this research. The received data will be confidential and processed anonymously, meaning that your name will not be associated with any research findings and no outcome can be connected to you as an individual. Furthermore, this data is not accessible for third parties. With signing this form you confirm that your participation is completely voluntarily and understand that this study involves betting in which you or your opponent is able to lose/win money.

If further information is needed about this research, please feel free to make contact with the researchers; Levy Brandes (l.brandes@student.utwente.nl) or Quinten Mandjes (q.c.t.mandjes@student.utwente.nl).

\_\_\_\_\_  
Participant name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

## **Appendix 2 - Debrief**

Thank you for participating in this study. Based on the questions during the game you might have figured out we were interested in more than your movements during the game. This study is meant to observe the rigidity effect in people when they are deceiving others. This effect suggests that those who deceive will move less than when they are not deceiving because they don't want to appear like a stereotypical liar. We could not inform you this was the real goal because we did not want to influence your possible bluffing behaviour. If you object to this study based on this information please contact the researchers within 24 hours.

### **Appendix 3 – In game questions (qualtrics)**

(Asked once)

What is your participant number?

1-100

(Asked repeatedly)

What hand did you receive?

Spades, Clubs, Hearts, Diamonds: 2-Ace

Did you try to deceive your opponents before the flop?

Yes- a great deal/Yes – a lot/Yes – a moderate amount/Yes – only slightly/Not at all/I folded my hand

Did you try to deceive your opponents after the flop?

Yes- a great deal/Yes – a lot/Yes – a moderate amount/Yes – only slightly/Not at all/I folded my hand

Did you try to deceive your opponents after the turn?

Yes- a great deal/Yes – a lot/Yes – a moderate amount/Yes – only slightly/Not at all/I folded my hand

Did you try to deceive your opponents after the river?

Yes- a great deal/Yes – a lot/Yes – a moderate amount/Yes – only slightly/Not at all/I folded my hand

(not used in this study, however included in the experiment)

I didn't take a lot of time to decide to bluff

1 Strongly disagree – 7 Strongly agree

I was careful about what actions (regarding the bluff) I chose

1 Strongly disagree – 7 Strongly agree

I thought very hard about how to present the bluff

1 Strongly disagree – 7 Strongly agree

How much effort did you put into making this decision

1 A great deal of effort – 7 Very little effort

I didn't pay much attention while making this choice

1 Strongly disagree – 7 Strongly agree

I concentrated a lot while making this choice

1 Strongly agree – 7 Strongly disagree

It was difficult for me to make this choice

1 Strongly agree – 7 Strongly disagree



Respond as follows:

- 1 The word does not correspond to how you felt right then
- 2 The word partly corresponds to how you felt right then
- 3 The word fairly well corresponds to how you felt right then
- 4 The word completely corresponds to how you felt right then

Indifferent	1-4
Relaxed	1-4
Pleased	1-4
Glad	1-4
Alert	1-4
Focussed	1-4
Concentrated	1-4
Energetic	1-4
Concerned	1-4
Uncertain	1-4
Disappointed	1-4
Heated	1-4
Mad	1-4
Angry	1-4

## Appendix 4 – Game instructions for the Dealer

Thank you all for coming

Before we start I would like to go over a few things that are important for the upcoming hour.

The poker game will last 60 minutes and I will tell you when those sixty minutes are up.

We will play Texas Hold'em and if we get to a disagreement we have the official rule book here with us. If we need to consult the book, the time will be stopped.

Please sign in to the first qualtrics link you received in your mailbox. Participant on the far left, you are participant #1\*, the person to your right is #2\*, the person to that right is #3\* and the person on the far right is participant #4\*.

In front of you, there are 5 coloured stacks. White is 5, red is 10, blue is 25, green is 50, black is 100. Hundred euros is also the amount you earn if you end with the most value at the end of this complete study. 50 if you come second.

Before you continue we go over some administrative questions.

Next to me I have a bell, this bell only has a function for the recording of the tape so we can cut the tape better. (hit the bell)

Now I will ask you a few administrative questions. Participant on the far left will answer first, then the person to the right and so forth.

What is your name?

What is your age?

What is your education and year?

On a scale from 1 to 5, how would you rate your poker level? 5 being high

Before we play the first round we are going to do a mock round where I will instruct you what to do.

(hit the bell)

(Deal cards)

As you know we have a dealer button, a small blind, and a big blind. The small blind is 5, the big blind is 10. The ante is therefore also 10. For now, I ask you to forward 5 white chips.

(burn card, hit bell, lay down the flop)

Now you check, call, fold as you please, for now, please forward 5 red chips.

(burn card, hit bell, lay down the turn)

For the mock round please forward 5 blue chips

(burn card, hit the bell, lay down the river)

For the mock round please forward 5 green chips.

(hit the bell)

Please take out your phone and complete the first block of questions. Please fill in for question 2 till 5 that you folded.

Please, Retrieve your chips

Are there any questions?

.....

Now we will begin the 1h session. Please only use your phone for the qualtrics and nothing else.

(

Hit the bell and start the clock out of view of the participants)