Integrating stakeholders in the development of an Antibiotic Stewardship Program

Sonja Ewering (s0195561)
1st supervisor: M. J. Wentzel
2nd supervisor: Dr. J.E.W.C. van Gemert-Pijnen
Date: 31st of August 2011
Integrating stakeholders in the development of an Antibiotic Stewardship Program

Samenvatting ........................................................................................................................................3
Summary ................................................................................................................................................4
1. Introduction ......................................................................................................................................5
2. Method ..............................................................................................................................................10
  2.1. Quickscan ..................................................................................................................................10
    2.1.1. Study design .........................................................................................................................10
    2.1.2. Procedure .............................................................................................................................10
    2.1.3. Data collection and analysis .................................................................................................10
  2.2. Workshop ..................................................................................................................................11
    2.2.1. Study design .........................................................................................................................11
    2.2.2. Participants ...........................................................................................................................11
    2.2.3. Materials ..............................................................................................................................12
    2.2.4. Procedure .............................................................................................................................12
    2.2.5. Data collection and analysis .................................................................................................13
3. Results .............................................................................................................................................14
  3.1. Quickscan ..................................................................................................................................14
  3.2. Workshop ..................................................................................................................................29
    3.2.1 Context ..................................................................................................................................29
    3.2.2. Difficulties ............................................................................................................................30
    3.2.3. Opinions about ASP .............................................................................................................33
4. Discussion .......................................................................................................................................34
5. Conclusion .......................................................................................................................................36
References ..........................................................................................................................................37
Appendix .............................................................................................................................................40
  Appendix 1 – References quickscan .................................................................................................40
  Appendix 2 – Codetree, tasks, problems and solutions ..................................................................42
  Appendix 3 – Script for the workshop ..............................................................................................47

S. Ewering
Samenvatting

Doel: Onverantwoord antibioticagebruik kan resistentie tegen antibiotica en infecties veroorzaken. Een mogelijkheid om dit probleem te voorkomen zijn zogenoemde Antibiotic Stewardship Programma’s (ASP's). Binnen de EurSafety Health-Net project groep, een program die erop gericht is om patiëntveiligheid te verhogen en Healthcare Associated Infections (HCAI) te verlagen, wordt een ASP ontwikkeld, die op een holistische aanpak gebaseerd is. Deze studie geeft een overzicht van effectieve ASP's, de huidige problemen met antibiotica en evalueert de samenstelling van de stakeholders, die bij de ontwikkeling en implementatie van een ASP worden betrokken.


Verder werd een focusgroep in combinatie met een stakeholder meeting met het zorgpersoneel van een longafdeling uitgevoerd. Een verpleegkundige, twee longartsen, een arts-assistent longgeneeskunde, een arts-assistent interne, een apotheker, een manager, een stafffunctionaris, een teamhoofd en een arts-microbioloog hebben deelgenomen.

Resultaten: In de quickscan werden twaalf studies geïdentificeerd en geanalyseerd. ASP strategieën zoals education en guideline, review en feedback, formulary en restriction of een combinatie van computer assistance en education en guideline, computer assistance en formularies en restriction, computer assistance en review and feedback, formulary en restriction en review en feedback bleken effectief te zijn. Positieve uitkomsten waren verbeterde gedragsfactoren, medische en organisatie uitkomsten.

Tijdens de workshop werden informatie over de organizational context, inclusief de stakeholder’s en hun taken, informatie en communicatie processen en problemen op de afdeling, verzameld.

Conclusie: Antibiotic Stewardship Programma’s bestaand uit een enkele strategie of een bundel van strategieën zijn een effectieve aanpak om verantwoord antibioticagebruik te bevorderen, patiëntveiligheid te verhogen en kosten te besparen. De huidige problemen met antibiotica hebben betrekking tot kennis, informatie, communicatie, middelen, verantwoordelijkheid en commitment. Stakeholders zijn op verschillende manieren zowel in de voor- als achtergrond, bij het antibioticabeleid betrokken. Hun genoemde suggesties, namelijk een uniform systeem, toegankelijkheid, educatie en verantwoordelijkheid bepalen, zouden in een ASP gecombineerd kunnen worden om de problemen met antibioticabeleid op te lossen.
Summary

Purpose: Inappropriate use of antibiotics can cause antibiotic resistance and infections. One way to tackle this problem is an Antibiotic Stewardship Programs (ASPs). Within EurSafety Health-Net, an organization aiming at enhancing patient's safety and reducing Healthcare Associated Infections (HCAI), an Antibiotic Stewardship Program based on a holistic approach is developed. This study gives an overview of effective ASPs, the current problems around antibiotics and evaluates the constellation of stakeholders involved during the development and implementation-phase of an ASP.

Method: A literature quickscan was performed in Scopus, Web of Science, ScienceDirect, PsycINFO, Medline and Google Scholar between March and May 2011. Additional articles were obtained by snowball-method. Studies had to be aim at the improvement of antibiotic usage, to be included.

In addition a focus group in combination with a stakeholder meeting with the healthcare professionals of a pulmonary ward was conducted. A nurse, two lung physicians, a lung assistant physician, an internal assistant physician, a pharmacist, a manager, an administration assistant, a nurse manager and a consultant clinical microbiology took part.

Results: In the quickscan twelve studies were identified and analyzed. ASP strategies like education and guideline, review and feedback, formulary and restriction or a combination of computer assistance and education and guideline, computer assistance and formulary and restriction, computer assistance and review and feedback, formulary and restriction and review and feedback were proven to be effective. Positive study outcomes were improved behavioral, medical and organization outcomes.

In the workshop information about the organizational context, including the stakeholders and their tasks, the information and communication processes, and difficulties on the ward were gained.

Conclusion: Antibiotic Stewardship Programs consisting of a single strategy or a bundle of strategies are an effective way to improve antibiotic usage, enhance patient’s safety and cost savings. The current problems with antibiotics refer to knowledge, information, communication, resources, responsibility and commitment. Stakeholders are integrated in the antibiotic prescribing process both in the back- and foreground. Integrating stakeholders creates added value to the development of an Antibiotic Stewardship Program. Their suggestions, to uniform the system, availability, education and defining responsibilities, could be combined in an Antibiotic Stewardship Program to address the problems around antibiotics.
1. Introduction

Problems with infections

Inappropriate use of antibiotics can result in the development of (multi-)resistant strains of bacteria: bacteria can adjust to changes in their environment and can become resistant to antibiotics as a sort of defense mechanism (Högberg, Hedini, & Cars, 2010). Due to bad hygiene measures and missing infection control, those resistant clones start reproducing and spreading. Multidrug-resistant bacteria can cause infections, which are difficult to treat. There are antibiotics for numerous multiple resistances, but due to their wanton use, dangerous bacterial strains get the chance to grow (Nicolaou, Boddy, Bräse, & Winssinger, 1999) and antibiotics which were proven effective before become useless. According to French (2010) we are even faced with the potential loss of antimicrobial therapy. In a survey (Hersh, Beekmann, Polgreen, Zaoutis, & Newland, 2009) more than 80% of respondents reported that they believe antibiotic resistance is a highly important problem nationwide. Since carriers of antibiotic resistance might transmit their resistance to others, whole communities or hospitals are affected by this problem.

Nevertheless, a large number of healthcare professionals still deal careless with antibiotics. According to Owens and Ambrose (2007) various studies and surveys suggest that as much as 50% of antimicrobial usage is not appropriate. Several ways how antibiotics can be misapplied are too long duration of therapy, the use of broad-spectrum antibiotics instead of narrow-spectrum antibiotics, intravenous therapy although an oral therapy might be equally effective or no knowledge about the latest status of antibiotic resistance and therefore treating with the wrong antibiotics (Frank, 2010).

Bad antibiotic use does not only result in antibiotic resistance, it can also lead to adverse patient outcomes and increased costs of medical care (Camins et al., 2009). Davey and Marwick (2008) found an association between morbidity and mortality and both inappropriate antibiotic use and delayed starting with appropriate treatment. Inappropriate treatment can lead to infections which eventually results in longer hospital stay and increased costs of therapy (Lesprit, Merabet, Fernandez, Legrand, & Brun-Buisson, 2010 in press). In addition French (2010) stated that: ‘mortality rates and length of hospital stay are about twice as great for patients infected with resistant bacteria as for those infected with susceptible strains of the same species’ (p.5). This again results in increased healthcare costs. To ensure patient’s safety measures aiming at infection prevention and control are indispensable. Some of the measures aiming at the prevention and control of infections that already exist will be illustrated briefly in the following.
Infection prevention and control

An example of a multi-resistance of antibiotics is the methicillin-resistant Staphylococcus aureus infection, in short MRSA. Many guidelines aiming at the control and prevention of MRSA are available (Humphreys, 2007) and they all recommend the general principles of early detection and isolation. In general Humphreys (2007) concludes that steps should be taken before an organism becomes endemic. One effective way to prevent the development of MRSA infections is strict adherence to hand hygiene protocols (Gould, Drey, Moralejo, & Chudleigh, 2010). Patients who are at risk of developing infections, so called ‘at risk’ patients, can be affected via the hands of healthcare workers due to insufficient hand hygiene. Therefore disinfection and hand hygiene are essential to prevent cross-infection of patients by healthcare workers (Burke, 2003). Additionally the facility environment and medical equipment need to be cleaned and decontaminated on a regular basis (Rebmann & Aureden, 2011 in press).

Another strategy following the principle of early detection and isolation is the search&destroy policy. The search&destroy policy is a Scandinavian program which aims at the reduction of MRSA (Higgins, Lynch, & Gethin, 2009). The program, which is also used in the Netherlands, takes several steps to reduce resistance. First of all, according to Kluytmans (2007, in Higgins et al., 2009) at admission patients who are possible carriers have to be identified and screened. Secondly, these ‘at-risk’ patients will be moved to single rooms and will be pre-emptive isolated until the results of MRSA test will confirm the absence or presence of MRSA. In average this procedure takes take 4 to 5 days (Kluytmans, 2007). Following this strategy no resistant micro-organisms can spread and infect other patients. Since approximately only 5% of these patients in fact carry MRSA (Kluytmans, 2007), this strategy often leads to unnecessary isolation days which on the other hand is associated with high costs. Therefore additional measurements are needed.

Wertheim et al. (2003) for example emphasize the effectiveness of the search&destroy policy in combination with restrictive antibiotic prescription policy. Since appropriate use of antibiotics is related with a decreased spread of resistance (Isturz, 2010), measures should aim at ensuring appropriate use of antibiotics. Pulcini, Defres, Aggarwal, Nathwani, and Davey (2008) claim that in order to improve antibiotic use appropriate measures of quality of care of patients receiving an antibiotic therapy are required. According to Cooke and Holmes (2007) this includes prescribing antibiotics most likely to cure the patient but also reducing both the risk of side effects and the risk of development of antibiotic resistance. Antibiotic Stewardship Programs include these aims and can therefore ensure the proper and responsible usage of antibiotics.
Antibiotic Stewardship Program

An Antibiotic Stewardship Program (ASP) aims at the proper and responsible use of antibiotics and can therefore help to lower healthcare costs and enhance patient's safety.

MacDougall and Polk (2005) define an ASP as ‘an ongoing effort by a health care institution to optimize antimicrobial use among hospitalized patients in order to improve patient outcomes, ensure cost-effective therapy, and reduce adverse sequelae of antimicrobial use (including antimicrobial resistance)’ (p.640). MacDougall and Polk (2005) suggest that generally Antibiotic Stewardship Programs should be established and led by a committee consisting of specialists. These committees should be led by an infectious disease specialist and include ‘appropriate personnel from the microbiology, infection control, and pharmacy departments’ (p.652).

An ASP can either consist of a single strategy or a bundle of interventions can be combined. Some example of Antibiotic Stewardship measures, according to Rebmann and Rosenbaum (2011, in press) include ‘educating prescribing clinicians on the proper use of antimicrobial therapy, practicing formulary restriction, implementing a prior approval program, practicing streamlining (i.e., switching therapy to a narrower spectrum agent once susceptibility testing results are available), and cycling antibiotics’. Additional examples are prior authorization (Hersh et al., 2009), hand hygiene (Whitby et al., 2006) and guidelines, review and feedback and computer assistance (MacDougall and Polk, 2005). According to Hulscher, Grol, and van der Meer (2010) ASPs include finding a balance between the potent effectiveness of antibiotics for individual patients and the risks of increased resistance, harm to patients and increased treatment costs. For instance, since broad-spectrum antibiotic use can result in new, highly virulent antibiotic resistance (French, 2010) prescribing narrow-spectrum antibiotics instead of broad-spectrum antibiotics, if possible, were beneficial. This would improve patient's safety and also minimize unnecessary costs to the healthcare system.

Hence, successful ASPs can save costs, obviate medication errors, enhance therapeutic outcomes and limit the development of antibiotic resistance (Hersh et al., 2009). What it comes down to is what Owens (2008) concludes: ASPs should improve the overall quality of care.

Uptake and Implementation

Several factors, like employee commitment are essential to organizational success (Gowen, Mcfadden, Hoobler, & Tallon, 2005). Interventions often fail due to unexpected barriers like poor and inconsistent guideline compliance. Therefore Williams and Dickinson (2008) recommend systematically including the end user of the technology in both design and production of technologies. Additionally to physicians, pharmacists, microbiologists or
infection control practitioners, authorities like hospital leadership and national health authorities should be involved in the development process (MacDougall and Polk, 2005). An integrated approach, including all stakeholders, should be adopted (Okeke et al., 2011, in press) to succeed in the uptake and implementation of an ASP.

The EurSafety Health-Net Antibiotic Stewardship Program
EurSafety Health-Net is a network that aims at enhancing patient’s safety and cross-border infection protection. In cooperation with international project partners EurSafety Health-Net promotes safe care in the border areas. Due to careless usage of antibiotics, antibiotic resistance plays an important role within the overall aim of infection control. Therefore within the EurSafety Health-Net project group of the University of Twente an Antibiotic Stewardship Program that makes use of eHealth technologies will be developed. Following eHealth technologies can possibly be used within an ASP: applications for eLearning, digital decision aids, approval programs, digital prescribing programs or online platforms for healthcare professionals which provide information about infectious diseases and the use of antibiotics.

As mentioned above several guidelines have been introduced before but there seems to be no standard procedure yet for establishing an ASP that has been proven to be successful. Hence, a careful planning from the beginning is essential. According to Stroetmann, Artmann, and Stroetmann (2011) national eHealth strategies and implementation roadmaps can function as plans of the development of eHealth interventions. Yusof, Papazafeiropoulou, Paul, and Stergioulas (2008) found that for the development of health information systems (HIS) either human or organizational issues or subjective issues are taken into consideration. Further they state that it is possible to combine different measures like technology, human and organization in a single HIS framework. The HOT-fit framework, introduced and tested by Yusofa, Kuljis, Papazafeiropoulou, and Stergioulas (2008), incorporate these dimensions in the evaluation of HIS. Their study shows that the adoption of a system can positively be influenced by a combination of ‘the right user attitude and skills base together with good leadership, IT-friendly environment and good communication’ (p.386)

The ceHRes Roadmap (see Figure 1.) builds on this idea. The ceHRes framework is a holistic eHealth framework that includes both Human-centered Design and Business Modeling strategies. Hence, both end users', such as patients and professionals, and other stakeholders’ needs and values are incorporated in the development and implementation of, for example an ASP. According to the ceHRes Roadmap the development of eHealth technologies contains five steps: Contextual inquiry, Value specification, Design, Operationalization and Summative evaluation.
First of all, in the Contextual inquiry-phase background information about the environment are collected and healthcare problems specified. In case of the Antibiotic Stewardship Program this means, that background information about the ward will be collected and possible problems concerning for instance antibiotic resistance or the antibiotic prescribing process will be identified. Furthermore intended users, here healthcare professionals, and the needs of all stakeholders are identified. Secondly the values of the stakeholders must be specified. This includes determining and ranking the values and afterwards formulating the eHealth goals based on the outcomes. In addition functional and organizational requirements to realize the values must be defined (van Limburg and van Gemert-Pijnen, 2011). In the third phase, the Design phase, based on the outcomes of the first two phases mock-ups will be designed and tested. During the fourth stage for the operationalization necessary strategies and activities are chosen and at the end, in the fifth phase, a summative evaluation takes place, which includes measuring the eHealth outcomes. The process is iterative, this means that each step will be repeated and the content and design of a technology can always adjusted to the values and needs of the stakeholders.

On the basis of the ceHRes Roadmap the project team from the University of Twente will develop and implement an ASP at the pulmonary ward of the Medisch Spectrum Twente (MST) in Enschede.

This study focuses on the primary process of healthcare and how an ASP can be integrated in the care setting, based on the first two steps of the above mentioned model. Hence, this study assesses the user requirements, gives a qualitative insight in the context and specifies the values. Therefore following questions will be examined and answered:

1. What kinds of Antibiotic Stewardship strategies are effective?
2. What are the current problems in the antibiotic prescribing process?
3. How are the stakeholders involved in the process?
4. What are the stakeholders’ values and needs regarding an ASP?
2. Method

2.1. Quickscan

2.1.1. Study design

The study is based on the above mentioned research model, the roadmap. A quickscan is a useful method to get a general overview of the literature (Nijhof, Van Gemert-Pijnen, Dohmen, & Seydel, 2009). In order to get an overview of effective Antibiotic Stewardship programs a literature quickscan was executed.

2.1.2. Procedure

For the literature scan a search was performed in following databases (between March and May 2011): Scopus, Web of Science, ScienceDirect, PsycINFO, Medline and Google Scholar. Studies were found based on following search terms: “antibiotic guideline”, “antibiotic policies”, “antibiotic policy”, “antibiotic prescribing”, “antibiotic pulmonary”, “antibiotic stewardship”, “cap AND resistance”, “clinical support systems”, “community acquired pneumonia AND prevention”, “community acquired pneumonia AND strategies”, “infection prevention AND antibiotics”, “infection prevention”, “pneumonia AND antibiotic”, “pneumonia AND resistance”, “pneumonia AND stewardship”, “pulmonary ward AND stewardship” and “resistance AND strategies”. The search terms were then reused with “antimicrobial” instead of “antibiotic”. Only studies published after the year 2000 were taken into consideration. Interventions had to consist of at least one strategy aiming at the change of antibiotic usage to be included. Possible strategies were education and guidelines, formularies and restriction, screening, review and feedback, computer assistance, antibiotic cycling and hygiene measures. Studies only aiming at outpatient settings were excluded and interventions aiming at inpatient settings were included. Studies aiming at both, inpatient and outpatient settings were included. Studies that had to be purchased and survey- and review-studies were excluded.

In addition to the search in the databases, the references of relevant articles were checked for further, related papers. This is the so-called snowball-method, which is a useful way to find many relevant articles relatively easy and quick. The literature study served as a preparation for the following workshop.

2.1.3. Data collection and analysis

First the titles of the papers and accordingly the abstracts were inspected. Included studies were read carefully. Accordingly all data about the care settings, interventions, study designs, outcome measures, methods, outcomes, stakeholders and possible shortcomings were
2.2. Workshop

2.2.1. Study design
In addition to the literature scan a workshop based on the above mentioned research model was conducted. The purpose of the workshop was gaining further contextual information about the ward, where the ASP will be implemented within the project group of EurSafety Health-Net. The ward was the pulmonary ward of the Medisch Spectrum Twente, a non-teaching hospital with 1070 beds in Enschede (in the Netherlands). The workshop was a combination of a focus group and a stakeholder meeting. A focus group is a variant of a qualitative group interview, which is recommended to get insight into background information of participants and which is helpful to produce ideas and inventory them into categories (Baarda, de Goede, & Teunissen 2009). It was chosen for a qualitative study because it allows for unexpected information, reactions and outcomes (Baarda et al., 2009). The workshop had the purpose of getting an overview of the context of the organization, the use of antibiotics and identifying the stakeholders, their tasks and possible problems and solutions. Additionally the workshop aimed at identifying the values and needs of the stakeholders. Both, the workshop and the workshop protocol were planned and developed based on literature in cooperation with the EurSafety Health-Net team of the University of Twente. The team consisted of a consultant clinical microbiology, two doctoral candidates, two professors and a bachelor student.

2.2.2. Participants
Participants were the in the literature recommended stakeholders, who were validated by an expert in the field of infection control in care institutions, namely a consultant clinical microbiology. The healthcare professionals were invited personally and by mail to the workshop. Eventually ten participants took part. Among the participants were one pharmacist, two lung physicians, two assistant physicians, a consultant clinical microbiology, a nurse, a manager, an administration assistant, the nurse manager of the pulmonary ward and a co-assistant who works there within his master thesis. The participants were informed about the purpose of the workshop and the confidential and anonymous treatment of the obtained information. Everyone agreed to the recording of the workshop and filled in a written informed consent form. The participants took part voluntarily and were not compensated financially for their time.
2.2.3. Materials

For the workshop several materials were prepared in cooperation with the EurSafety Health-Net team of the University of Twente. A script which served as a guide for the workshop was written. It gave an overview and a time table of each planned step of the workshop. A routine case, which was presented during the workshop, was developed in cooperation with a physician to make it as close to reality as possible. The case functioned as food for thought and to narrow down the following discussions to the problem of antibiotics. In order to get discussions going, questions based on literature were prepared. The script can be found in Appendix 3.

2.2.4. Procedure

The 2.5-hours-workshop took place in a conference room of the pulmonary ward of the MST on 10 May 2011. For all participants badges were prepared which were spread randomly around the table to prevent the formation of hierarchic groups. Each participant was given a portfolio which contained an informed consent form, all tasks that would be done during the workshop, a printed version of the PowerPoint presentation, and an information folder about EurSafety Health-Net and the ASP technology, the Dashboard. Every participant received free drinks and a free meal sponsored by the hospital.

In the beginning a short introduction took place in which the purpose of the study and workshop was explained. No information about Antibiotic Stewardship Programs was given at that point to do not influence the participants in their upcoming answers. After common consent of recording the workshop was obtained the recorders were switched on and the participants introduced themselves.

Subsequently the routine case was presented. It was read out aloud and could be followed either in the portfolio or in the presentation. First the participants were asked to identify their role in that case and give a description of their own tasks in this specific case. After everybody had noted his answers, the results were compiled and written down on a sheet. At all times participants were invited to give feedback on or to discuss the results.

In the next exercise everybody had to identify possible communicators they interact with and name their information resources. The results were written down on another blank paper. This task aimed at the different information resources the participants might ask for help. After everybody had written down his resource on its own, the results were again collected and discussed openly.

Then the participants were asked to identify possible and actual problems on the pulmonary ward. They wrote them down on postits and ranked them with numbers from one to ten. A ten would be given to a problem, which is very important or critical and a one would
be given to a problem that is less important or critical. The postits were then collected and ordered by categories, which were identified from the literature review. All in all the participants were given eight different categories to chose from: knowledge/education, documentation/availability of protocol/guidelines/registration of dossier, information/politics and report of outcomes, communication, resources/time/staff, coordination/responsibility, commitment/adherence to politics/support, Quality of healthcare and others.

After collecting the postits, the results were discussed again in the group. The participants were then asked to identify possible stakeholders or if they miss anybody they think would be involved in the problem, anybody who has a stake in it. Furthermore they were asked to make suggestions about possible solutions.

Subsequently the results of the literature review and Antibiotic Stewardship Programs as a possible solution were presented. The possibility of a combination of an ASP and technology was explained and participants were then given the chance to discuss the topics mentioned during the presentation.

2.2.5. Data collection and analysis

During the workshop the video material was recorded by a webcam connected to a laptop and the audio material was taped by two voice recorders lying on the table to facilitate observation. All created posters and sheets were photographed, stored and notes were taken. The content of the posters was copied and summarized in a computer file and the audio material was literally transcribed. The high quantity of data was reduced by sorting, summarizing and categorizing the data (Boeije, 2008). Therefore the transcription was analyzed in an open, axial and selective coding process.

In the open coding process the data are broken down, examined, compared, conceptualized and categorized (Strauss and Corbin, p.85 in Boeije, 2008). The transcript was read carefully and then divided into for the study relevant and irrelevant fragments. In the first step, the open coding process, labels were identified. Therefore labels were given to all relevant fragments. In the second phase the labels were checked and reviewed. They were described and then related to each other. By refining the labels categories were built. The results of the processes were then summarized and visualized in a list with codes, a so-called codetree (see Appendix 2). In the third and last phase, the selective coding process, the results were structured and the different categories were connected with each other. The results were then summarized in a table (see Appendix 3).
3. Results

3.1. Quickscan
In the literature quickscan it was searched for studies which aim at the problems related to the usage of antibiotics. After scanning of the titles of the studies 196 studies were identified. After inspection of the abstracts twelve studies about an intervention aiming at the usage of antibiotics were included in the quickscan. The data were extracted and summarized in Table 5. All studies are arranged in alphabetical order by the name of the author. The first column gives information about the reference, the year of the study, the duration and the country. The second column includes information about the care setting and gives a description of the intervention. The interventions were categorized according to the used strategies (see Table 1.). The third column includes information about the study design, the sample seize, outcomes measures and the corresponding method. The Study designs were divided into two categories (see Table 2.). In the next column the findings of the studies are. Both the outcome measures and the outcomes of the studies were divided into three categories (see Table 3.) The last column includes the by the authors reported shortcomings, and if relevant the shortcomings identified by the researcher and notes.

Table 1. Division of interventions

<table>
<thead>
<tr>
<th>Category</th>
<th>Antibiotic strategy</th>
</tr>
</thead>
<tbody>
<tr>
<td>I.</td>
<td>Education and guideline</td>
</tr>
<tr>
<td>II.</td>
<td>Review and feedback</td>
</tr>
<tr>
<td>III.</td>
<td>Formulary and restriction</td>
</tr>
<tr>
<td>IV.</td>
<td>Computer assistance</td>
</tr>
</tbody>
</table>

Table 2. Division of study designs

<table>
<thead>
<tr>
<th>Category</th>
<th>Study Design</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Randomized controlled trial</td>
</tr>
<tr>
<td>2.</td>
<td>Quasi-experimental study</td>
</tr>
</tbody>
</table>

Table 3. Division of outcome measures and outcomes

<table>
<thead>
<tr>
<th>Category</th>
<th>Outcome measures</th>
</tr>
</thead>
<tbody>
<tr>
<td>a)</td>
<td>Behavioral: improved antibiotic usage (expenditure, delivery times, appropriateness of therapy/prescription), satisfaction and adherence rates (usage of implemented system)</td>
</tr>
<tr>
<td>b)</td>
<td>Medical: reduced antibiotic resistance, infection, and mortality rates</td>
</tr>
<tr>
<td>c)</td>
<td>Organizational: Reduced antibiotic cost and length of stay</td>
</tr>
</tbody>
</table>
Care settings and Interventions

The studies were divided into different care settings. Four studies took place in a secondary care setting\textsuperscript{2,4,6,11} and six studies in a tertiary care setting\textsuperscript{1,3,7,8,10,12}. Two settings were not further specified\textsuperscript{5,9}. Eight studies were conducted at a teaching hospital\textsuperscript{1,3,4,5,6,7,8,10}, three interventions were performed at a non-teaching hospital\textsuperscript{5,6,12}, and three settings were not further specified\textsuperscript{2,9,11}. Half of the studies took place in the United States\textsuperscript{1,4,5,6,8,9}, two studies were performed in Italy\textsuperscript{2,12} or the United Kingdom\textsuperscript{7,11} and the remaining two studies were conducted in Australia\textsuperscript{3} and France\textsuperscript{10}.

Seven studies\textsuperscript{2,4,5,6,8,9,12} used a singleAntibiotic Stewardship strategy. The other five\textsuperscript{1,3,7,10,11} used a combination of different strategies. Used strategies were education and guideline\textsuperscript{5,6,8,11,12}, review and feedback\textsuperscript{3,4,7,9,10}, computer assistance\textsuperscript{1,3,10,11} and formulary and restriction strategies\textsuperscript{1,2,3,7}. Found combinations of strategies were education and guideline with computer assistance\textsuperscript{11}, review and feedback with computer assistance\textsuperscript{10}, formulary and restriction with computer assistance\textsuperscript{1,3}, review and feedback with formulary and restriction\textsuperscript{7}. Seven studies\textsuperscript{2,3,4,5,9,11,12} included an Antibiotic Stewardship team or committee, consisting of the head of pharmacy department\textsuperscript{2}, infectious disease specialists\textsuperscript{2,4,5,9,12}, pharmacologist experts\textsuperscript{2,4}, medical executives of the hospital\textsuperscript{2,5}, physicians\textsuperscript{3,5,9,12}, pharmacists\textsuperscript{3,5,9,12}, epidemiologists\textsuperscript{5}, psychologists\textsuperscript{3}, software engineers\textsuperscript{9}, nurses\textsuperscript{5}, investigators\textsuperscript{9}, infection control nurses\textsuperscript{12}, and microbiologists\textsuperscript{12}. The team of one study was not further specified\textsuperscript{11}. The interventions were targeted at prescribers\textsuperscript{1,3,5,11,12}, pharmacists\textsuperscript{1,8}, physicians\textsuperscript{1,4,6,7,8,9,10}, nurses\textsuperscript{2,6,8}, nurse-practitioners\textsuperscript{9}, medical students\textsuperscript{4} and other medical staff\textsuperscript{2}.

Outcome Measures

All of the twelve studies measured some behavioral outcomes, including satisfaction rates\textsuperscript{1}, antibiotic expenditure\textsuperscript{1,2,3,4,7,11,12}, antibiotic delivery times\textsuperscript{1}, appropriateness of therapy or prescription\textsuperscript{4,6,8,9} and the use of the implemented system\textsuperscript{3,5,8,10}. Eight studies\textsuperscript{3,4,5,6,7,10,11,12} measured medical outcomes like antibiotic resistance rates\textsuperscript{3,7,10,11,12}, mortality rates\textsuperscript{3,4,5}, and infection rates\textsuperscript{7,12}. Seven studies\textsuperscript{1,2,3,4,5,6,8} measured organizational outcomes like antibiotic costs\textsuperscript{1,2,8}, length of stay\textsuperscript{4,5,6} and hospitalization\textsuperscript{5}.

Behavioral effects

Ten studies resulted in behavioral changes\textsuperscript{1,3,4,6,7,8,9,10,11,12}. Behavioral changes were expressed in improved antibiotic usage, satisfaction and adherence rates.

Improved antibiotic usage

Improved antibiotic usage was reported in ten studies\textsuperscript{1,3,4,6,7,8,9,10,11,12}. Two studies were randomized controlled trials\textsuperscript{4,6} with an intervention and control group and the other eight studies used a quasi-experimental design\textsuperscript{1,3,7,8,9,10,11,12}. Hospital data like pharmacy
records\textsuperscript{1,3,7,11,12}, data from the laboratory\textsuperscript{3,7,10,11,12}, financial databases\textsuperscript{1,8} and patient/medical records\textsuperscript{3,6,8,9,10} were used to measure the effects of the interventions. One study\textsuperscript{9} additionally made use of a survey to collect data. The effects were either analyzed before and after\textsuperscript{1,8,9,10} the implementation, within a time-series analysis\textsuperscript{3,7,11,12} or were measured between two groups\textsuperscript{4,6}.

Used strategies involved education and guideline\textsuperscript{6,8,11,12}, review and feedback\textsuperscript{4,7,9,10}, formulary and restriction\textsuperscript{1,3,7} and computer assistance\textsuperscript{1,3,10,11}. In one study a guideline about criteria to define stability for switch from intravenous to oral antibiotic therapy and hospital discharge was implemented through educational mailing\textsuperscript{6}. In two other studies an order form for surgical antibiotic prophylaxis to optimize choice, dose, and duration of antibiotic use was implemented through education\textsuperscript{8,12} via written communication, posters, and presentations\textsuperscript{8} or via a two hour training program and a one-day meeting session with academic presentation and discussion\textsuperscript{12} respectively. In one study\textsuperscript{4} structured feedback on appropriateness of antibiotic use was given by an infectious disease physician and an infectious disease clinical pharmacist after reviewing a list with ordered targeted drugs and medical records of patients. Another study\textsuperscript{9} included the review of antibiotic prescriptions by the primary investigator and an infectious disease specialist in academic detailing sessions. Additionally reminders and antibiotic guides were distributed to hospitalists.

Other studies used a combination of strategies. Antibiotic approval was, for example, obtained from pediatric infectious diseases fellows or automatically via a WWW-based restriction program, which also included a notification system about approval status and clinical decision support\textsuperscript{1} or from the infectious disease clinician via an intranet-based restriction program\textsuperscript{9}. Another intervention included a restrictive narrow-spectrum antibiotic policy on prescriptions and Clostridium difficile infection (CDI) which was reinforced by feedback on antibiotic use and pocket cards\textsuperscript{7}. Another example of a bundle of interventions is a computer-generated alert that gives information about the patient, like the identity, location, date of sampling of pBC and gram stain results, to the infectious disease specialist to review and accordingly inform physician in charge by phone about results\textsuperscript{10}. In another study formal lectures about an electronically available antibiotic guideline and appropriate antibiotic usage were given and a senior microbiologist routinely attended at ward rounds\textsuperscript{11}.

Both a combination of strategies\textsuperscript{1,3,7,10,11} and the use of a single antibiotic strategy\textsuperscript{4,6,8,9,12} conduced towards improved antibiotic usage. Improved antibiotic usage involved reduced broad-spectrum\textsuperscript{1,3,7,11,12} or increased expenditure of narrow-spectrum antibiotics\textsuperscript{3,7} respectively, shorter delivery times and increased rates of appropriate therapy/prescription\textsuperscript{1,4,8,9}. Higher rates of appropriate therapy/prescription were expressed in the reduction of missed\textsuperscript{1} and delayed doses\textsuperscript{5}, in the reduction of delayed approvals\textsuperscript{1}, the
shortened duration of inappropriate therapy\textsuperscript{4}, the decreased amount of inappropriate antibiotic use/prescriptions\textsuperscript{4,9}, the reduction of duration of intravenous antibiotic therapy\textsuperscript{6}, an appropriate weight-based dose-adjustment\textsuperscript{8}, an appropriate dosing interval\textsuperscript{8}, and higher counseling rates concerning antibiotic usage\textsuperscript{10}.

\textit{Improved satisfaction rates}

In one study\textsuperscript{1} improved satisfaction rates were reported. The study consisted of a combination of formulary and restriction and computer assistance. Satisfaction rates were measured by an online survey before and after implementation. Among both prescribers and pharmacists satisfaction rates increased.

\textit{Adherence rates}

The usage of the implemented system was measured in one study\textsuperscript{10}. An infectious disease specialist gave recommendations on ongoing therapy, initiation of therapy, diagnosis and withdrawal of antibiotic administration. The counseling rate was measured before and after the implementation of a computer-generated alert. Almost half of all positive blood cultures prompted counseling. The adherence rates accordingly led to improved antibiotic usage with regard to deescalating therapy, oral switch and reduction of the planned duration of therapy.

\textbf{Medical effects}

Five studies resulted in improved medical outcomes\textsuperscript{5,6,7,11,12} like resistance, infection and mortality rates. In one study fewer medical complications were reported that were not further specified\textsuperscript{6}.

\textit{Reduced antibiotic resistance rates}

Two studies reported a reduction in resistance rates\textsuperscript{11,12}, expressed in a decrease in MRSA isolations and prevalence\textsuperscript{12} and reduced MRSA bacteraemia rate, reduced MRSA colonization in screening specimens and reduced level of MRSA positive screenings\textsuperscript{11}. Since MRSA isolation rate might differ from true infection rate the result must be handled with caution. Pharmacy\textsuperscript{11,12}, laboratory\textsuperscript{11,12} and active surveillance records\textsuperscript{12} were used to measure the outcomes. One study\textsuperscript{7} resulted in no change in MRSA rates.

\textit{Reduced infection rates}

A reduction in infection rates was reported in two studies\textsuperscript{7,12}. In one study a restrictive narrow-spectrum antibiotic policy was reinforced\textsuperscript{7} and in the other an antibiotic surgical prophylaxis protocol on MRSA was introduced\textsuperscript{12}. Decreased infections rates associated with the intervention\textsuperscript{7} and surgical site and blood stream infections could be reduced\textsuperscript{12}.

\textit{Reduced mortality rates}

In only one study a significant reduction of mortality rates was reported\textsuperscript{5}. In this quasi-experimental study a pneumonia guideline, offering admission decision support and
recommendations for antibiotic timing and selection, was implemented through formal presentations, academic detailing, letters, reminders, preprinted order sheets and reporting of outcome data to providers. Data from the hospital database and pharmacy records were used to measure the outcomes before and after the implementation of the guideline. The intervention resulted in a reduction of 30-day mortality among admitted patients. In other studies 30-day mortality rate remained the same\(^3,4\).

**Organizational effects**

Four studies showed changes in organizational outcomes\(^1,2,4,8\). Improved organizational outcomes were cost savings and reduced length of stay.

**Antibiotic cost savings**

A reduction in antibiotic costs was observed in three studies\(^1,2,8\). Cost savings were expressed in reduced annual costs associated with restricted antibiotic use\(^1\), reduced antibiotic drug costs due to the implementation of a computerized antibiotic approval system\(^2\) and in reduced surgical prophylaxis costs related to the introduction of an order form for surgical antibiotic prophylaxis\(^8\). Outcomes were measured before and after implementation\(^1,8\) and within a time-series analysis\(^2\) by means of the financial\(^1,8\) and administrative\(^1\) databases. The method of one study\(^2\) was not specified.

**Reduced length of stay**

The length of stay could significantly be reduced in one study\(^4\). The median length of stay of patients in the intervention group was one day shorter than the median length of stay in the control group. In other studies the length of hospital stay remained the similar\(^3\) or the reduction was not significant\(^6\).

**Shortcomings and notes**

Except in one study\(^2\), in all studies some shortcomings were reported. In five studies data about infection\(^7,8\) or resistance rates\(^4,4\), economic data\(^7\), antibiotic or guideline\(^5\) use were missing. Other factors leading to the study outcomes\(^3,8,11,12\), cross-contamination\(^4,9\) or interaction between groups\(^8\) could not be excluded in seven studies. In three studies it was not possible to generalize their findings\(^5,10,12\) and in two studies there was no difference or no significant difference in the medical outcomes\(^6,11\). In four studies the mortality rate\(^3,4,6\), length of stay\(^3,6\) or resistance rates\(^7\) remained similar. In one study no statistical tests were used\(^11\).

Furthermore in all studies Hawthorne effects might be present.

The different (combinations of) strategies and the related outcomes are summarized in Table 4.
Table 4. Effective strategies

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Short description of intervention</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Bundle</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Education and guideline + computer assistance</strong></td>
<td>Formal lectures about electronically available antibiotic guideline and appropriate antibiotic usage and routine attendance of senior microbiologist at ward rounds&lt;sup&gt;11&lt;/sup&gt;</td>
<td>a) reduced antibiotic expenditure (ciprofloxacin by 80.4% and third-generation cephalosporins by 75.2%); b) reduced MRSA bacteraemia rate (by 62.9%); decrease of MRSA colonization in screening specimens from high-risk patients (by 3.6%); reduced level of MRSA positive screenings (by 93.52%)</td>
</tr>
<tr>
<td><strong>Review and feedback + computer assistance</strong></td>
<td>Computer-generated alert gave information about patient (identity, location, date of sampling of pBC, gram stain result) which were reviewed by infectious disease specialist on daily basis; physician in charge was informed by phone about results&lt;sup&gt;10&lt;/sup&gt;</td>
<td>a) 43.7% of pBC episodes prompted counseling (recommendations by IDS: modification of ongoing antibiotic therapy (30.6%) including: de-escalating; (13.6%), broad-spectrum antibiotic (5.2%), oral switch (4.2%), decreasing duration (3.5%), dosage (3.2%) or increasing the duration (0.7%)); initiation of antibiotic therapy (5.3%); diagnosis (5.1%); withdrawal of antibiotic administration for a contaminated pBC (3.5%)</td>
</tr>
<tr>
<td><strong>Formulary and restriction + computer assistance</strong></td>
<td>Antibiotic approval (by pediatric infectious diseases fellows or automatic) via WWW-based restriction program, including notification system about approval status and clinical decision support&lt;sup&gt;1&lt;/sup&gt;</td>
<td>a) increased user satisfaction among prescribers (by 46%) and pharmacy (by 56%); fewer restricted antibiotic-related phone calls; reduction of prescriber reports of missed (by 21%) and delayed (by 32%) doses; reduction of pharmacist reports of delayed approvals (by 37%); reduced dispensed doses (by 11.6%); c) reduced costs (370,069$, projected annual costs associated with restricted antibiotic use)</td>
</tr>
<tr>
<td><strong>Review and feedback + formulary and restriction</strong></td>
<td>Restrictive narrow-spectrum antibiotic policy on prescriptions and Clostridium difficile infection (CDI), reinforced by feedback on antibiotic use, pocket card&lt;sup&gt;3&lt;/sup&gt;</td>
<td>a) reduction in use of all targeted broad-spectrum antibiotics, cephalosporins (by 3.61 units of 7 day courses per 100 admissions per month); amoxicillin/clavulanate (by 13.10 units of 7 day courses per 100 admissions per month); increase in targeted narrow-spectrum antibiotics, amoxicillin (by 11.21 units of 7 day courses per 100 admissions per month) b) reduction in CDI associated with the intervention (IRR 0.35)</td>
</tr>
<tr>
<td><strong>Single</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Education and guideline</strong></td>
<td>Pneumonia guideline (admission decision support and recommendations for antibiotic timing and selection), implemented through formal presentations, academic detailing, letters, reminders, preprinted order sheets and reporting of outcome data to providers&lt;sup&gt;5&lt;/sup&gt;</td>
<td>b) reduced 30 day mortality rate (by 3.4%)</td>
</tr>
<tr>
<td></td>
<td>Guideline (criteria to define stability for switch from intravenous to oral antibiotic therapy and hospital discharge), implemented through educational mailing. If patient met guideline criteria nurse contacted attending physician and detail sheet was placed in patient’s medical record and in the physician progress notes section of each patient’s chart&lt;sup&gt;6&lt;/sup&gt;</td>
<td>a) reduced duration of intravenous antibiotic therapy b) fewer medical complications (55% vs. 63%)</td>
</tr>
</tbody>
</table>

continued →
Table 4. (cont.)

<table>
<thead>
<tr>
<th>Strategies</th>
<th>Short description of intervention</th>
<th>Outcomes</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Single</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Education and guideline</strong></td>
<td>Order form for surgical antibiotic prophylaxis (optimizing choice, dose, and duration of antibiotic use), education via written communication, posters, and presentations (^8)</td>
<td>a) increased percentage of patients receiving appropriate antibiotic, dose and dosing interval and discontinuation within 24 hours after the end of the surgical procedure; improved guideline compliance; c) reduced surgical prophylaxis costs (6$ less per patient)</td>
</tr>
<tr>
<td><strong>Review and feedback</strong></td>
<td>Introduction of an antibiotic surgical prophylaxis protocol on MRSA (choice, timing and duration of antibiotic) via two hour training program and a one-day meeting session with academic presentation and discussion (^7)</td>
<td>a) decreased DDD cephalosporins (by 2.82 DDD/100 patients/day); b) decreased MRSA isolations per 1000 patients (by 1.02); decreased MRSA prevalence rate (by 47.1%); reduced MRSA surgical site (by 40%); reduced bloodstream infections (by 51%); reduced MRSA prevalence among Staphylococcus aureus associated with SSI (40%); reduced MRSA prevalence both among Staphylococcus aureus associated with BSI (by 51%) and respiratory specimens of patients affected by VAP in ICUs (by 34%)</td>
</tr>
<tr>
<td><strong>Formulary and restriction</strong></td>
<td>Structured (daily) feedback on appropriateness of antibiotic use by infectious disease physician and infectious disease clinical pharmacist after (daily) reviewing a list with ordered targeted drugs and medical records of patients (^4)</td>
<td>a) decreased duration of inappropriate use (2 vs. 5 days/prescription); lower median DDD of inappropriate antibiotic use (2 vs. 4 DDDs); higher proportion of appropriate prescriptions (82% vs. 73%); c) reduced length of stay (1 day)</td>
</tr>
<tr>
<td></td>
<td>Review of antibiotic prescriptions (by primary investigator and infectious disease specialist) in an academic detailing sessions and distribution of reminders and antibiotic guide to hospitalists (^6)</td>
<td>a) increased appropriate prescriptions (by 31%); decreased inappropriate prescriptions (by 31%)</td>
</tr>
<tr>
<td></td>
<td>Formulary of available and restricted antibiotic drugs, handbook about antibiotic usage (^9)</td>
<td>c) reduced costs (10.5%, 345,000€)</td>
</tr>
</tbody>
</table>

Legend: a) Behavioral outcomes; b) Medical outcomes; c) Organizational outcomes.

A description of all study characteristics is summarized in Table 5. The reference list of the included studies can be found in Appendix 1.
<table>
<thead>
<tr>
<th>Author, year, duration, and country</th>
<th>Care setting and intervention</th>
<th>Study design, sample size, outcome measures, and method</th>
<th>Reported findings</th>
<th>Shortcomings and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1)</td>
<td>Tertiary care, teaching hospital with 175 beds</td>
<td>2. Quasi-experimental study (before-and-after study): n=unknown</td>
<td>a) increased user satisfaction among prescribers from 22% to 68%; increased user satisfaction among pharmacists from 13% to 69%; 40% fewer restricted antibiotic-related phone calls were noted by the pharmacy; 21% reduction in the number of prescriber reports of missed doses; 32% reduction in the number of prescriber reports of delayed doses; 37% reduction in the number of pharmacist reports of delayed approvals; 11.6% reduction in the number of dispensed doses. c) $370,069 reduction in projected annual cost associated with restricted antibiotic use.</td>
<td>Reported shortcomings: - lack of specific knowledge about time savings (i.e., the actual reduction in the time that pharmacists spent fielding antibiotic-related telephone calls) - no investigation about the potential impact of decreased antibiotic use on resistance rates</td>
</tr>
<tr>
<td>2008</td>
<td>In preparation: - survey identified opportunities for improvement of an existing antibiotic restriction program (PIDF by pager; the PIDF gave verbal approval or disapproval and notified the pharmacy of approved antibiotics by phone) - education of staff (pharmacists, pediatric house officers, rotating surgical services) through lecture and instructional guides (all workstations) - provision of wireless broadband laptop computer for PIDFs</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>United States</td>
<td>Intervention: III., IV.: World Wide Web–based antibiotic restriction program, via a secure intranet site - list of restricted and unrestricted antibiotics - notification system about status of request (approval status, duration, and rationale; missing request notifications; and expiring approvals) - automatic approvals for specific drug indication combinations - clinical decision support (provides users with limited antibiotic-specific information on precautions, interactions, adverse events, and therapeutic drug monitoring)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Practice: - prescriber selects patient and makes request for antibiotic use (chooses from a list or inserts free text) with supporting culture data - PIDF receives request via pager and enters approval (including duration of treatment) or disapproval (including rationale) via WWW-based system - prescriber and pharmacy receive response simultaneously - pharmacy computer system automatically generates a stop date and time for treatment - antibiotics are dispensed</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
## Reported findings

- **c) reduction of antibiotic drug costs by 10.5% (a saving of 345,000 Euros)**

### Shortcomings and notes

- **Reported shortcomings:**
  - approval system was not enforced in the ICU, where a significant percentage of broad-spectrum antibiotics is used
  - it was not possible to differentiate community-acquired from nosocomial infections, so some changes in hospital ecology might have been masked by a large number of community-acquired bacteria also being isolated

### Notes: 30-day mortality rate and the length of stay remained similar
Integrating stakeholders in the development of an Antibiotic Stewardship Program

### Author, year, duration, and country

<table>
<thead>
<tr>
<th>Author, year, duration, and country</th>
<th>Care setting and intervention</th>
<th>Study design, sample size, outcome measures, and method</th>
<th>Reported findings</th>
<th>Shortcomings and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>S. Ewering (2009) - United States</td>
<td>Secondary care, teaching hospital with 953 beds</td>
<td>1. Randomized controlled trial: n=12</td>
<td>a) median duration of inappropriate use was significantly shorter in the intervention group (2.0 vs. 5.0 days/prescription in control group); intervention group had lower median daily defined doses of inappropriate antibiotic use (2.0 vs. 4.0 DDDs); proportion of appropriate antibiotic prescriptions was significantly higher in the intervention group (82% vs. 73% for empiric (RR=1.14, 95% CI 1.04–1.24), 82% vs. 43% for definitive (RR=1.89, 95% CI 1.53–2.33) and 94% vs. 70% for end antibiotic usage (RR=1.94, 95% CI 1.25–1.43))</td>
<td>- potential for “cross-contamination” between the intervention and control groups during the trial could not be removed - the study was conducted among internal medicine ward teams and did not include teams working in intensive care units and on other medical subspecialties - it was not possible to measure the effect on the development of antibiotic resistance in the hospital</td>
</tr>
<tr>
<td></td>
<td>Intervention: II.: Multidisciplinary Antimicrobial Utilization Team (AUT) consisting of an infectious disease physician and an infectious diseases clinical pharmacist - 12 medicine teams consisting of faculty attending physician, a senior resident, two junior residents, and 1–2 medical students - intervention group: academic detailing by the AUT - standard of care: given indication-based guidelines for prescription of broad spectrum antibiotics - each month all medicine teams received pocket-sized cards (contained Grady Memorial Hospital guidelines for use of antibiotic agents and the use of the targeted study drugs) - AUT provided structured feedback to prescribing physicians on appropriateness of antibiotic use (phone or face to face meeting) - AUT received daily list from pharmacy with new ordered targeted drugs and medical records of patients were reviewed by one of the reviewers - daily audit of microbiologic data was conducted for patients receiving targeted drugs - each prescription was classified as appropriate by AUT director (blinded to team allocation) and if necessary recommendations were made</td>
<td>- two conditions: intervention: n=6, control (standard of care): n=6; randomization each month by using a random number list medicine teams staffed by physicians from Emory University which treat inpatients at GMH and function independent of one another were included a) proportion of appropriate prescriptions for empiric therapy; proportion of appropriate prescriptions for definitive therapy; proportion of appropriate end antibiotic use; volume of inappropriate antibiotic use in daily defined doses (DDD); duration of inappropriate antibiotic use in days b) clinical outcome of in-hospital mortality c) hospital length of stay</td>
<td>method: usage data from Grady Memorial Hospital b) reduction in 30-day mortality by 3.4% (from 13.4% to 11.1%) among admitted patients</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Care setting unspecified, both teaching and non-teaching hospitals with between 14 and 520 beds</td>
<td>2. Quasi-experimental study (before-and-after study): n=28,661 cases of pneumonia - development of pneumonia guideline by a team (family practice, emergency medicine, internal medicine, infectious disease, pulmonary physicians, respiratory therapists, nurses, pharmacists, and administrative personnel) - monthly team meeting to review local data, user suggestions, and newly published information - admission decision support and recommendations for antibiotic timing and selection - implementation through formal presentations, academic detailing, letters, reminders by pharmaceutical representatives, preprinted outpatient and admission order sheets and reporting of outcome data to providers</td>
<td>b) reduction in 30-day mortality by 3.4% (from 13.4% to 11.1%) among admitted patients</td>
<td>Reported shortcomings: - accurate calculation of the pneumonia severity index requires prospective, protocol-directed data collection, which was not feasible in a community-based study involving 28,661 episodes. Comorbidity information was available only for the 26.9% of study patients who were admitted - identification of pneumonia by ICD-9-CM coding has potential errors</td>
</tr>
<tr>
<td></td>
<td>Intervention: I.: Pneumonia guideline</td>
<td>- two conditions, preimplementation: intervention: n=54,048, control: n=10,758 postimplementation: intervention: n=52,547, control: n=11,308 a) guideline use (pharmacy billing records allowed identification of the first administered antibiotics) hospitalization b) 30 day mortality rates c) length of stay</td>
<td>a) proportion of appropriate prescriptions for empiric therapy; proportion of appropriate prescriptions for definitive therapy; proportion of appropriate end antibiotic use; volume of inappropriate antibiotic use in daily defined doses (DDD); duration of inappropriate antibiotic use in days</td>
<td></td>
</tr>
<tr>
<td>Author, year, duration, and country</td>
<td>Care setting and intervention</td>
<td>Study design, sample size, outcome measures, and method</td>
<td>Reported findings</td>
<td>Shortcomings and notes</td>
</tr>
<tr>
<td>-----------------------------------</td>
<td>------------------------------</td>
<td>--------------------------------------------------</td>
<td>------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>(cont.)</td>
<td></td>
<td>method: usage data from hospital database</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6)</td>
<td>Secondary care, both teaching and non-teaching hospitals</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- 2003</td>
<td>Intervention: I: Guideline implementation</td>
<td>1. Randomized controlled trial (seven-site, cluster): n=116 (608 patients)</td>
<td>a) reduction of duration of intravenous antibiotic therapy in intervention arm</td>
<td>- results are relied on operational definitions and guideline use was not assessed directly</td>
</tr>
<tr>
<td>- 12 months</td>
<td>- both study arms:</td>
<td>2. Quasi-experimental study.</td>
<td>b) fewer medical complications during the index hospitalization in intervention group (55% vs. 63%)</td>
<td>- guideline utilization among affiliated physicians was incomplete during the study period</td>
</tr>
<tr>
<td>- United States</td>
<td>- delivered to physicians by educational mailing (describing the rationale for the guideline and a written version of the guideline, signed by hospital's utilization management director)</td>
<td>- included physician groups were likely to treat patients with community-acquired pneumonia and had medical staff privileges at a participating site and practiced in a generalist specialty or an internal medicine specialty</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- intervention arm, multifaceted:</td>
<td>- implementation of an evidence-based, multifaceted guideline (including clinical criteria to define stability for switch from intravenous to oral antibiotic therapy and for hospital discharge)</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- patient stability was assessed prospectively each day by research nurses beginning on hospital day 3</td>
<td>- placement of detail sheet in patient's medical record once a patient met guideline criteria for stability, a follow-up recommendation to the attending physician, and an offer to arrange follow-up home nursing care</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- implementation of an evidence-based, multifaceted guideline (including clinical criteria to define stability for switch from intravenous to oral antibiotic therapy and for hospital discharge)</td>
<td>- placement of detail sheet in patient's medical record once a patient met guideline criteria for stability, a follow-up recommendation to the attending physician, and an offer to arrange follow-up home nursing care</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- placement of detail sheet in the physician progress notes section of each patient's chart and research nurse contacted (telephone, face to face) attending physician to state that the patient met guideline criteria</td>
<td>- placement of detail sheet in the physician progress notes section of each patient's chart and research nurse contacted (telephone, face to face) attending physician to state that the patient met guideline criteria</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- placement of detail sheet in the physician progress notes section of each patient's chart and research nurse contacted (telephone, face to face) attending physician to state that the patient met guideline criteria</td>
<td>- research nurses contacted (telephone, face to face) attending physician to state that the patient met guideline criteria</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Legend: I. Education and guideline; II. Review and feedback; III. Formulary and restriction; IV. Computer assistance. 1. Randomized controlled trial; 2. Quasi-experimental study.

a) Behavioral outcomes; b) Medical outcomes; c) Organizational outcomes.
<table>
<thead>
<tr>
<th>Author, year, duration, and country</th>
<th>Care setting and intervention</th>
<th>Study design, sample size, outcome measures, and method</th>
<th>Reported findings</th>
<th>Shortcomings and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>(cont.)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| 7)                                 | Tertiary care, teaching hospital with 1200 beds | 2. Quasi-experimental study (interrupted time-series analysis): n=6129 admissions (consecutive, unselected general medical emergency admissions over the age of 80 years) | a) reduction in use of all targeted broad-spectrum antibiotics, cephalosporins (by 3.61 units of 7 day courses per 100 admissions per month); amoxicillin/clavulanate (by 13.10 units of 7 day courses per 100 admissions per month); increase in targeted narrow-spectrum antibiotics, amoxicillin (by 11.21 units of 7 day courses per 100 admissions per month) | Notes:   
- patients in intervention arms were discharged more quickly  
- no differences in other medical outcomes, including mortality, rehospitalization, and return to usual activities  
- an unexpected finding was that almost one quarter of the patients in the intervention arm were discharged before reaching guideline criteria for discharge  
- non-significant reduction in length of stay |
| - 2007                             | Intervention: II., III.: Policy and audit and feedback program | - reinforcement of a restrictive narrow-spectrum antibiotic policy on antibiotic prescriptions (recommended less use of amoxicillin/clavulanate, increased use of benzyl penicillin, trimethoprim and amoxicillin and further restricting cephalosporin use) and Clostridium difficile infection (CDI) rates by feedback of antibiotic use to physicians  
- pocket cards were given to all doctors | a) changes in the use of targeted antibiotics; changes in untargeted antibiotic use as an additional control  
b) monthly counts of CDI; MRSA count data as an additional control  
method: use of routinely collected pharmacy, microbiology, trust, supplies and departmental death audit data | Reported shortcomings:   
- no differentiation between community acquired and hospital acquired MRSA possible  
- absence of economic data  
- no infection data available for control group, only AB use (level and trend) |
| - United Kingdom                   |                             |                                                    |                  |                        |

Legend: I. Education and guideline; II. Review and feedback; III. Formulary and restriction; IV. Computer assistance. 1. Randomized controlled trial; 2. Quasi-experimental study.  
a) Behavioral outcomes; b) Medical outcomes; c) Organizational outcomes.
<table>
<thead>
<tr>
<th>Author, year, duration, and country</th>
<th>Care setting and intervention</th>
<th>Study design, sample size, outcome measures, and method</th>
<th>Reported findings</th>
<th>Shortcomings and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>8)</td>
<td>Tertiary care, hospital with 689 beds</td>
<td>- 2. Quasi-experimental study (before-and-after study): n=1007 patients, preintervention: n=426, postintervention: n=396 (patients undergoing surgical procedures, chosen on the basis of the volume performed and those procedures listed on the form and included a variety of cardiac, vascular, general, abdominal, obstetrical, neurosurgical, orthopedic, and urologic procedures)</td>
<td>a) increase in the percentage of patients receiving an appropriate antibiotic, an appropriate weight-based dose adjustment, and an appropriate antibiotic dosing interval and discontinuation within 24 hours after the end of the surgical procedure; improvement in guideline compliance</td>
<td>Reported shortcomings: - no data regarding incidences of surgical site infection were collected - educational efforts regarding the reduction in the rate of surgical site infection had occurred previously</td>
</tr>
<tr>
<td>- 2008</td>
<td>Before:</td>
<td>- introduction of guidelines advocating the use of SIP and giving information about dose adjustment and additional intraoperative administration of prophylaxis for prolonged procedures</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- 15 months</td>
<td>Surgical Infection Prevention (SIP) program was implemented in 2002 (advocating use of 3 performance indicators to measure the success of prophylaxis programs: assessment of the proportion of patients (1) who have antibiotic prophylaxis administered within 1 hour before the incision, (2) who receive an appropriate antibiotic according to current guidelines, and (3) who have antibiotic prophylaxis discontinued within 24 hours after the end of the procedure.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- United States</td>
<td>Intervention: I.: Order form for surgical antibiotic prophylaxis - developed to assist clinicians in optimizing choice, dose, and duration of use of antibiotics - mandatory use for all adult, elective, inpatient surgical procedures - education of physicians, pharmacists, and nurses about the form and SIP via written communication, posters, and presentations</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Method: (retrospective) review, usage of computerized medical record and institution's financial database</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9)</td>
<td>Care setting unspecified</td>
<td>- 2. Quasi-experimental study (before-and-after study): n=17 practitioners (including physicians, nurse-practitioners, and physician assistants who make up the Collaborative Inpatient Medical Service (CIMS) at Johns Hopkins Bayview Medical Center)</td>
<td>a) increase of appropriate prescriptions (from 43% to 74%); decrease of inappropriate prescriptions (from 57% to 26%)</td>
<td>Reported shortcomings: - intervention is labor intensive - it is possible that there might have been some contamination by external forces - the number of months retrospectively reviewed in order to identify 20 prescriptions of a provider varied - sustainability of this intervention’s positive impact is unknown</td>
</tr>
<tr>
<td>- 2008</td>
<td>Intervention: II.: Review and feedback</td>
<td>- review of antibiotic prescribing patterns of hospital practitioners (physicians, nurse-practitioners, and physician assistants) - antibiotic prescriptions were classified as appropriate, effective but inappropriate, or inappropriate (by primary investigator and infectious disease specialist) - review of prescriptions in an academic detailing session (by physician and pharmacist), hospitalists received reminders to prescribe appropriately (including pens with the message &quot;Reduce the Over-use&quot;) - provision of antibiotic guide to hospitalists</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- 4 months</td>
<td>Method: (retrospective) review, usage of computerized medical record and physician order entry; survey that collected demographic information and asked about the rationale for antibiotic prescribing pattern</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Author, year, duration, and country</td>
<td>Care setting and intervention</td>
<td>Study design, sample seize, outcome measures, and method</td>
<td>Reported findings</td>
<td>Shortcomings and notes</td>
</tr>
<tr>
<td>------------------------------------</td>
<td>------------------------------</td>
<td>--------------------------------------------------------</td>
<td>-------------------</td>
<td>------------------------</td>
</tr>
<tr>
<td>Tertiary care, teaching hospital with 1300 beds</td>
<td>Before:</td>
<td>- computerized prescription system implemented in hospital (since 2005)</td>
<td>a) 43.7% of pBC episodes prompted counseling (recommendations by IDS: modification of ongoing antibiotic therapy (30.6%) including: de-escalating; (13.6%), broad-spectrum antibiotic (5.2%), oral switch (4.2%), decreasing duration (3.5%), dosage (3.2%) or increasing the duration (0.7%)); initiation of antibiotic therapy (5.3%); diagnosis (5.1%); withdrawal of antibiotic administration for a contaminated pBC (3.5%)</td>
<td>Notes: post-intervention period was only 1 month; reasons for prescribing practices; published guidelines, easier dosing schedule for patient when discharged, continuing an antibiotic course initiated in the emergency room, and broad-spectrum antibiotics cover all possible microbes</td>
</tr>
<tr>
<td>- 2010</td>
<td>- infectious disease specialist (IDS) provides advice about infections (full-time, on an on-call basis)</td>
<td>- unsolicited post-prescription review of selected antibiotics in surgical and medical wards using a computer-generated system alert</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- 12 months</td>
<td>- antibiotic guidelines available hospital-wide (format pocket and on the Intranet)</td>
<td>- every 6 months, all staff and junior physicians of each ward are offered educational sessions about antibiotic prescribing</td>
<td></td>
<td></td>
</tr>
<tr>
<td>- France</td>
<td>- twice a day microbiology laboratory phones attending physicians to give preliminary reports of positive blood cultures (pBC), usually associated with an initial therapeutic counseling when judged appropriate</td>
<td>- results of blood culture are later available on Intranet</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Intervention: II., IV.: Computer-generated alert</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- laboratory results made available to the infectious disease specialist (IDS)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- pBCs were screened and evaluated on daily basis</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- alert gave information about the identity and location of the patient, date of sampling of the pBC, Gram stain result</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>- program provided counseling, physician in charge was informed by phone of positivity of the BC and Gram Stain result on the same day</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Legend: I. Education and guideline; II. Review and feedback; III. Formulary and restriction; IV. Computer assistance. 1. Randomized controlled trial; 2. Quasi-experimental study. a) Behavioral outcomes; b) Medical outcomes; c) Organizational outcomes.
<table>
<thead>
<tr>
<th>Author, year, duration, and country</th>
<th>Care setting and intervention</th>
<th>Study design, sample size, outcome measures, and method</th>
<th>Reported findings</th>
<th>Shortcomings and notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>1) Secondary care, hospital with 480 beds</td>
<td>Intervention: I, IV: Educational intervention study</td>
<td>2. Quasi-experimental study (time-series analysis), no control group: n=unknown, included positive blood cultures taken within 48 h of admission to hospital</td>
<td>Non-significant changes:</td>
<td>Reported shortcomings: As this study uses a historic control period, it is at risk of bias due to concomitant variations in management that occurred during the study period (e.g. introduction of ABHRS). Also, Hawthorne effects may be present. No genotyping performed, thus no differentiation between community and hospital acquired infections. Notes: Due to missing statistical tests only non-significant changes were mentioned.</td>
</tr>
<tr>
<td>2008 - 3 months - United Kingdom</td>
<td>- introduction of electronically available antibiotic guidelines (discouraged use of ciprofloxacin and second and third-generation cephalosporins), approved by an Antibiotic Stewardship Committee</td>
<td>a) antibiotic usage (pharmacy dispensing database) b) blood cultures, MRSA isolates (routine laboratory techniques)</td>
<td>a) reduced dispensing of ciprofloxacin (by 80.4%) and third-generation cephalosporins (by 75.2%); b) reduction in MRSA bacteraemia rate by 62.9%; MRSA colonization in screening specimens from high-risk patients decreased from 9.36% to 5.78%; reduction in level of MRSA positive screenings by 93.52%</td>
<td></td>
</tr>
<tr>
<td>12) Tertiary care, non-teaching hospital with 700 beds</td>
<td>2. Quasi-experimental study (time-series analysis); n=unknown, each surgical site was included</td>
<td>a) decreased defined daily doses (DDDs) cephalosporins from 4.85 DDD/100 patients-day (1st quartile) to 2.03 DDD/100 patients/day (4th quartile) b) decreased MRSA isolations per 1000 patient days (from 1.58 to 0.56); decreased MRSA prevalence rate (from 76.4% to 29.4%); significant linear correlation between monthly prevalence rates of MRSA and the reduction of crude DDDs use of the third-generation cephalosporins; reduction of MRSA surgical site (from 78% to 38%) and blood stream infections (from 89% to 38%); decrease in MRSA prevalence among Staphylococcus aureus associated withSSI (from 78% to 38%); decrease in MRSA prevalence both in Staphylococcus aureus associated BSI (from 89% to 38%) and in the respiratory specimens of patients affected by VAP in ICUs (from 67 to 33%)</td>
<td>a) decreased defined daily doses of cephalosporins from 4.85 DDD/100 patients-day (1st quartile) to 2.03 DDD/100 patients/day (4th quartile) b) decreased MRSA isolations per 1000 patient days (from 1.58 to 0.56); decreased MRSA prevalence rate (from 76.4% to 29.4%); significant linear correlation between monthly prevalence rates of MRSA and the reduction of crude DDDs use of the third-generation cephalosporins; reduction of MRSA surgical site (from 78% to 38%) and blood stream infections (from 89% to 38%); decrease in MRSA prevalence among Staphylococcus aureus associated with SSI (from 78% to 38%); decrease in MRSA prevalence both in Staphylococcus aureus associated BSI (from 89% to 38%) and in the respiratory specimens of patients affected by VAP in ICUs (from 67 to 33%)</td>
<td>Reported shortcomings: - factors other than the introduction of ASP could have contributed to reducing MRSA infection rates, such as active surveillance in critical areas, modification of human behavior, improvement of performance standards and Hawthorne effect - determined MRSA isolation rate could substantially differ from the true MRSA-infections. Since the study was conducted in a single Italian centre the conclusions cannot be generalized to all Italian hospitals.</td>
</tr>
</tbody>
</table>

Legend: I. Education and guideline; II. Review and feedback; III. Formulary and restriction; IV. Computer assistance. 1. Randomized controlled trial; 2. Quasi-experimental study. a) Behavioral outcomes; b) Medical outcomes; c) Organizational outcomes.
3.2. Workshop

Three categories were identified by data analysis: context, difficulties and opinions about ASP. Each of them could be divided into several sub-categories. The exact results of the coding process can be found in Appendix 2. The category ‘context’ gives information about the background and involvement of the stakeholders. In the category ‘difficulties’ possible problems regarding antibiotic prescribing process can be found. The values and needs of the stakeholder are reflected in each of the categories.

3.2.1 Context

Before planning and implementing an ASP the organization must be examined, to adapt the program appropriately to the environment. Therefore information about the context of the organization had to be required. This included information about the tasks, stakeholders, communication and information gathering processes.

Tasks

The stakeholders are differently involved in the antibiotic prescribing process. Their tasks are divided into fore- and background tasks. Foreground tasks include the tasks of the nurse, the lung physicians, the assistant physicians, the microbiologist and the pharmacist. The nurse is responsible for giving antibiotics and checking for allergies, either by asking the patient or by checking the dossier. The lung physicians’ tasks are the treatment itself, further examinations to verify the treatment and if necessary, adjusting the treatment, like fine-tuning the patient or checking for complications. The assistant physicians support the treatment by checking for further possibly important things and try to manage the process. In case of consultation the consultant clinical microbiology (md) gives advice and the pharmacist controls the prescription and provides information.

The background tasks include the ones of the manager of the ward, the nurse manager and the ones of the administration assistant. In the antibiotic prescribing process, they only operate in the background. The manager of the ward is responsible for providing contingencies like beds, staff and finances. Furthermore supports innovative projects, like the ASP project. The nurse manager makes politics and manages funds. The administration assistant is responsible for writing and implementing protocols, and attending studies.

Stakeholders

Since from the literature identified stakeholders were invited and attended the workshop, they were not mentioned separately. Whereas a lung physician identified an infectious disease specialist and a dietary adviser as missing roles, other thought that in the prescribing process only the members of the primary process, such as the physician, patient and the
nurse carry responsibility.

“A dietician is one of the most important people on the ward. Those who are responsible for nourishment: nutritionists.” (Lung physicians 1)

“I do not agree on that. Primarily a dietician is not necessary straightaway.” (Lung physicians 2)

“The primary process is physician-patient-nurse.” (Lung physicians 1)

Furthermore they see the members of the so-called ‘maatschap’, which is an internal cooperation of specialists in Dutch hospitals, as a missing role.

Information about antibiotics

The participants use several different information sources respectively. The pharmacist uses databases, like X-care (the hospital information system) and manuals of different fields to get information about the dose and combination of antibiotics. The assistant physicians get their needed information from the lab results, databases and reports. The lung physicians seek in databases and the internet for information. The consultant clinical microbiology takes his information out of the anamnesis, from the physical screening, from biochemistry, lab results, literature or asks a colleague or has a look at the patient himself. The nurse gets the needed information, like about the prescription manner, from the patient chart, the pharmacy database, a book or from the internet.

Communication

Several communication processes take part on the ward. In the antibiotic prescribing process the pharmacist is in contact with the physicians. The assistant physician consults, if necessary, the lung physician, the consultant clinical microbiology or the radiologist. The lung physicians consult the consultant clinical microbiology or radiologist. If things about the medication are unclear the nurse asks the physician or pharmacist.

3.2.2. Difficulties

To find a solution for a certain problem, one should know the causes of the problem. Often critical moments lead to further problems. Therefore to assess the problems in the antibiotic prescribing process both, the critical moments and the problems were identified.

Critical moments

According to the participants there are several moments in the antibiotic prescribing process that can be seen as critical. The arrival of the patient is one of them. Other critical moments are those that refer to the lab results, such as getting the lab results back and accordingly giving advice based on their interpretation. The treatment of the patient itself is crucial as
well. Availability of medication should be checked before treatment and duration of therapy and manner of prescription, for example if an antibiotic should be given oral or intravenous, must be clear. In addition to the treatment the whole process and development of the patient can be critical. His reaction to medication, like the emergence of allergies and his medical condition, for example his temperature, must be tracked. The communication, especially by phone, was regarded as critical as well and so were the clinical perspectives and the experience respectively.

"Another thing I see as critical is the communication by phone. I’ve noticed that sometimes it is better to come to the hospital or to be present at meetings to take care of certain things and get an overview of the patient, this is not possible in a different way." (Consultant clinical microbiology)

Problems
In addition to the critical moments several problems were mentioned as well. The problems were assigned to five different fields: information, communication, knowledge, resources and the organization. Regarding information problems occurred with the hospital system. First of all the system is not externally accessible. Therefore physicians who work outside the hospital, for example the consultant clinical microbiology, cannot access important data and lab results.

"I cannot access the system externally, not yet." (Consultant clinical microbiology)
"But that is important." (Lung physician 2)

Secondly the lab results are sorted by intake date and not actualization date. The physicians spend much time on checking of the status of the lab results. Furthermore the system does not include EPD’s (electronic patient dossiers) and only provides unclear information. The participants also have an issue with the available protocols. Many of them are outdated and there are too many different protocols instead of one good. The participants criticized the missing uniformity of and unfamiliarity with guidelines which leads to violation of guidelines. In addition information about prescriptions are often not available and quick diagnostics not easy applicable. More problems mentioned by the participants concern the communication processes.

"Clear information system. I want to know if a patient underwent surgery or what happened to him. (...) The distance between communication and consultation is too big; the distance
between us and the microbiologists is too big.” (Lung physician 1)

Communication often takes too long, because the information systems are too slow. Furthermore the participants criticized the missing (medical) knowledge of staff and insufficient medical school. The quality of staff, especially the nurses, was faulted.

“(Problem) number one are knowledge and education and inexperienced or little experienced assistant physicians and nurses.” (Nurse manager)
“What I have noticed is the missing knowledge of the nurses on the subject of medication.” (Administration assistant)

A further problem concerned the resources. Resources like money, staff and beds are missing.

“There is no money (...) for quality” (Lung physician 2)
“For staff, knowledge, beds” (Lung physician 1)

Beside the organization was criticized. Instead of focussing on efficiency many people only focus on quality and safety.

“It is focussed on efficiency, and that is (...) a bottleneck.” (Manager of the ward)

Lastly the hospital does not seem to be used to microbiology and the participants supposed that people are scared of losing control over patients. Therefore cooperating is difficult.

“This hospital is not used to a microbiologist making medical rounds in the hospital. (...) But there are also people who are scared to lose control of the patient.” (Consultant clinical microbiology)

Solutions
The participant also proposed some solutions for the mentioned problems. Unifying the system could help to get the lab results structured.

“Uniformity in the system (...). All information should be there and must be available at a look.” (Assistant physician)
Furthermore technology must be improved, responsibility defined and knowledge of staff must be refined.

“(…) something like an iPad, that is always available, always there, and you can take it anywhere.” (Lung physician 2)

“Make somebody responsible.” (Manager of the ward)

“That is essential.” (Lung physician 2)

“Who is in the MST is responsible for maintaining knowledge and education?” (Manager of the ward)

3.2.3. Opinions about ASP

Furthermore during the workshop information about participants’ attitude regarding the project could be acquired. The opinions about an Antibiotic Stewardship Program and the support by technology were divided. On the one hand the participants were curious about the ASP and the technology, and seemed to regard it as a good idea.

“Can you apply the technology to the current system of the MST?” (Nurse)

“I think we should make an appointment in order to check if there is enough compliance. (…) I’d be glad to take charge of being the ambassador.” (Manager of the ward)

“Motivation won’t be lacking.” (Nurse)

They wanted more information for the staff about the program. The manager of the ward gave his full commitment to an ASP project. He was willing to support the project financially and facilitate required resources. The pharmacist gave her consent to educate staff if needed.

“(…) employ staff for the project. (…) That is my contribution.” (Manager of the ward)

“I would like to inform the nurses about some things – how to solve certain problems and how you shouldn’t do it (…). Together with several wards we could make rounds.” (Pharmacist)

Others again were skeptical about new technologies. They were concerned about the amount of work caused by such a program and seemed to be skeptical towards
implementing a new system.

“I'm thinking, ho, wait a minute. It all must be feasible, what is its purpose; there must be a basis, it must be supportive and it can not only be supported by a couple of committed people and then being dropped." (Nurse manager)

“An important factor for the nursing staff is the amount of work load. (...) In the moment there are only little qualitative personnel.” (Nurse)

4. Discussion

The study is a good complement to other studies which address the topic of Antibiotic Stewardship Programs. Other (systematic) literature reviews have been done before, but many of them are not up to date anymore and do not include current Antibiotic Stewardship Programs. One goal of the present study was to get an overview of contemporary implemented Antibiotic Stewardship Programs and their effectiveness. According to literature an effective way of establishing an ASP was combining several strategies. In the quickscan five studies were identified using a single Antibiotic Stewardship strategy. The other seven used a combination of different strategies. The ASPs included education and guideline, formulary and restriction, feedback and computer-assisted strategies. No screening or antibiotic-cycling strategies were identified from the quickscan. All twelve programs, regardless of using a single or a combination of strategies, have been proven to be effective. Improved behavioral outcomes like improved antibiotic usage, including reduced antibiotic expenditure and higher rates of appropriate antibiotic usage, higher satisfaction and adherence rates, improved medical outcomes like reduced resistance, infection and mortality rates, and improved organizational outcomes like reduced length of stay and medical costs were reported in the quickscan. Thus both, single strategies or a bundle of strategies, led to enhanced patient’s safety and increased cost savings. The findings of the literature quickscan showed that an ASP consisting of either a single strategy or a bundle of strategies can be effective. The combination of computer assistance and another strategy was most common. Since most hospitals have their own hospital system it is obvious that an ASP should be integrated in the system if the system permits. If computer assistance or another strategy is a helpful possibility for the pulmonary ward of the MST should be examined by the workshop.

Therefore another goal was to investigate the current problems in the antibiotic prescribing process and the way the stakeholders are integrated in that. The problems mentioned in literature were reflected in the workshop. The stakeholders especially considered the existing hospital system, guideline adherence, missing knowledge and
resources as being problematic. Low guideline adherence, like using a pen and pencil instead of a computer, resulting from the non-transparent and bad structured hospital system or missing knowledge can be addressed by several strategies. First of all the hospital system must be well-structured and unified. Information, like lab results, must easily be accessible and visible for all healthcare professionals involved in the treatment and care of patient. Since communication processes are too slow those must be optimized as well. Both the problem of information and communication can be tackled by computer-assisted strategies. The quickscan showed that eHealth technologies might help to provide the needed information appropriately and optimize communication. This can lead to a higher satisfaction rate what accordingly might lead to increased guideline adherence. The problem of missing knowledge can be addressed by educational strategies. The pharmacist already made a proposal of a possible solution how to educate staff and the manager of the ward gave his consent to the idea. An ASP provides the possibility to combine, among others, these strategies and remove the problems. Furthermore, as stated in literature, an ASP can contribute to cost savings and can therefore approach the problem of lacking resources. It can be concluded that an ASP could contribute to the reduction of the identified problems.

The expectation that some stakeholders have an active and others have a more passive role in the antibiotic prescribing process could be confirmed by this study. The physician-patient-nurse process was seen as the primary process and the manager, the nurse manager and the administrative assistant were regarded as being rather passively involved in the process. This is in line with the results of the quickscan. Physicians, infectious disease specialists, nurses and pharmacists were addressed more often compared to nurse practitioners, microbiologists, pharmacologist experts and medical executives of the hospital who were involved less often. Antibiotic Stewardship Program thus should aim at the key stakeholders who are involved in the antibiotic prescribing process.

Although the attitudes regarding the Antibiotic Stewardship Program were divided, the participants seemed to be motivated to support and take part in the project. The study showed how important it is to involve stakeholders in the development of an ASP. Some aspects, like the identification of a dietician as a possible stakeholder, neither did appear in literature so far, nor was considered in the planning of the workshop. Since commitment plays such an essential role for the success or failure of the ASP, the workshop was an important first step to integrate the stakeholders in the development. Their integration thus contributed positively to the planning of an Antibiotic Stewardship Program.

**Limitations and Future Considerations**

This study has several limitations. Since it was not searched systematically for the literature only small number of interventions was included in the quickscan. Hence, the results are not
Integrating stakeholders in the development of an Antibiotic Stewardship Program

representative for all studies. Furthermore it was also searched by snowball-method. According to Baarda et al. (2009) a disadvantage of this method is that only older articles can be found in the reference lists. Still it is a good way to find papers on-topic. In the results of the quickscan only the significant changes have been reported. Other effects, like a reduction in 30-day mortality or infection prevention were mentioned in the papers, but not taken into consideration due to missing significance. Due to missing statistical tests one study did not have any significant outcomes at all. Besides the fact, that statistical tests are missing, it still serves as a good example of a successful intervention and is therefore included in the quickscan. Another limitation is that the workshop took place only on a single ward. The participants were motivated to take part in the workshop. Since it was only a small number of participants, the results are not representative for the whole hospitals. The people who took part were motivated but this cannot be generalized to the whole ward or hospital. In addition some participants participated less in discussions than others. A possible reason might be that they are insecure or feel uncomfortable to speak in public, even if it was such a small group, and therefore conform to the opinion of the group. Since the participants knew that they were studied Hawthorne effects might be present.

In future research one should include more wards in the study. In addition personal interviews could help to reduce the chance of people conforming to the group.

5. Conclusion

From the current study it can be concluded that Antibiotic Stewardship Programs either using a single strategy or a combination of strategies are an effective way to improve the quality of care. This includes improved behavioural outcomes, increased patient’s safety, like medical outcomes, and increased cost savings. Furthermore the study has shown that it is important to integrate all stakeholders from the beginning of the development of an ASP to assess current problems and their values for technology. The current problems with antibiotics refer to knowledge, information, communication, resources, responsibility and commitment. Stakeholders are integrated in the antibiotic prescribing process both in the back- and foreground. Processes are complex and involving stakeholders is a useful way to get an overview, to take possible shortcomings into account and to facilitate commitment, which is essential to the failure or success of an Antibiotic Stewardship Program. Integrating stakeholders creates added value to the development of an Antibiotic Stewardship Program. Their suggestions, to uniform the system, availability, education and defining responsibilities, could be combined in an Antibiotic Stewardship Program to address the problems around antibiotics.
References


Integrating stakeholders in the development of an Antibiotic Stewardship Program


Appendix

Appendix 1 – References quickscan


Appendix 2 – Codetree, tasks, problems and solutions

CONTEXT

Tasks
- Foreground
  - Give antibiotics, check for allergies (ask patient/status) (nurse)
  - Treatment, additional treatment, exploration/diagnostics control of treatment and fine-tuning, checking for acute complications, main treating physician (lung physician)
  - Management, reflecting, checking for further possibly important things, like kidney insufficiency, further control (assistant physician)
  - Giving advice (consultant clinical microbiology)
  - Control of prescription, making information available (pharmacist)
- Background
  - Providing contingencies like beds, staff, finances innovation (manager)
  - Making politics, managing funds (nurse manager)
  - Bringing protocols and procedures into reality, attending studies, writing and implementing protocols (administration assistant)

Stakeholders
- Responsibilities
  - Primary process: physician-patient-nurse
  - The less (variant types of) people the easier the process
  - ‘Maatschap’, medical coordinator
- Missing roles
  - Infectious disease specialist
  - Dietary adviser

Information
- Databases, manuals of different fields: dose, combination of antibiotics, xcare (hospital information system) (pharmacist)
- Lab results, databases and reporting (assistant physician)
- Databases, internet (lung physician)
- Anamnesis, physical screening, biochemistry, lab results, having a look at patient, literature, asking colleague (consultant clinical microbiology)
- Patient chart and pharmacy database, prescription manner, book, internet (nurse)

Communication
- Contacting physician (pharmacist)
- Consulting lung physician, consultant clinical microbiology or pharmacist (assistant physician)
- Consulting consultant clinical microbiology or radiologist (lung physician)
   - If unclear: asking physician or pharmacist about medication (nurse)

DIFFICULTIES
- Critical moments
  - Arrival patient
Lab results (Getting lab results back, Giving advice, based on interpretation of lab results)
- Treatment (Medication (availability, checking before treatment unclear duration of therapy and manner of prescription (oral or intravenous))
- Process patient (Reaction, Emergence of allergies, medical condition: temperature, improvement status, remain stable)
- Communication (by phone)
- Clinical perspective and experience

Problems

Information
- Hospital system (not externally accessible, lab results are sorted by intake date, not actualization date, no EPD (electronic patient dossier), optimizing COW takes long)
- Aged protocols, too many protocols instead of one good (uniformity), familiarities with guidelines, no adherence to guidelines
- Information about prescription not available
- Quick diagnostics not easy applicable

Communication
- Takes too long
- Too slow information system

Knowledge
- Missing
- Medical
- Education, medical school

Resources
- Money, staff, beds

Organization
- Only focusing on quality and safety but not on efficiency
- Quality of staff (nurses)
- Hospital is not used to microbiology
- People are scared of losing control over patients

Solutions

Technology (iPad, COW)
- Uniformity in system (different display of lab results)
- Defining responsibilities
- Knowledge (education by pharmacist)

ASP
- New technology = good quality
- Surprised: compensation of costs
- Quality is important
- Ambassador: manager, willing to support project financially
- Administration assistant: supporting implementation
- Information for staff
- Amount of work for nurses

S. Ewering
Integrating stakeholders in the development of an Antibiotic Stewardship Program

Motivated
Skeptical (nurse manager)

Taken
In het primair proces met betrekking tot AB gebruik binnen afdeling longgeneeskunde hebben de volgende actoren een taak.

Longarts
- Anamnese, onderzoek, diagnose
- Beleid instellen, controleren, effect/vooruitgang patiënt monitoren
- Overleg met arts-assistent, consulent (indien nodig), intercollegiaal overleg
- Eindverantwoordelijke
- Manager (beleid op afdeling)
- Onderzoek naar AB
- Kennis bijhouden

Arts-assistent
- Anamnese, onderzoek, diagnose
- Beleid instellen, controleren, effect/vooruitgang patiënt monitoren
- Overleg met longarts, met consulent (indien nodig)
- Geen taken in primair proces (arts-assistent interne), tenzij meedenken is vereist

Verpleegkundige
- Uitvoeren van ingesteld beleid
  - Toedienen medicatie
- Checken en achterhalen van juiste toedieningswijze en combinaties van medicatie
- Checken van allergie
- Checken van medicatie
- monitoren/signaleren verandering status patiënt

Apotheker
- Checken recept
- Zorgen dat middelen (medicatie) beschikbaar is
- Overleg met arts indien nodig
- Interpreteren bloedspiegels
- Advisering (o.b.v. bloedspiegels, gegevens patiënt)
- Beschikbaar maken informatie (over medicijnen, toediening)

Arts-microbioloog
- Advies (consulterend) t.a.v. empirische therapie
- Kweken en analyseren
- Aanvullende informatie over patiënt opvragen indien nodig
- Op afroep overleg over patiënt
- Overleg/actie initiëren bij alarmerende kweken/bijzondere uitslag

Bedrijfskundig manager
- Geen taken in acute of primaire zorg,
- Faciliteren van zorg: middelen, bedden, personeel
- Bewaken en beschikbaar stellen van middelen voor ziekenhuis-brede uitrol programma’s systeem
- Coördineren; taken zijn nooit op individueel (patiënt) niveau, altijd op beleidsniveau
- Overleg, afdeling en collectief (MST) integreren (belangen integreren, afstemmen)

Stafffunctionaris
- Geen taken in acute of primaire zorg
- Opstellen en implementeren van afgesproken normen/protocollen
- Begeleiden van uitrol van protocollen/programma’s
- Begeleiden van onderzoek

Teamhoofd verpleegafdeling
- Geen taak in primair proces (verzorging)
- Bewaken veiligheid
- Management
- Kennis en opleiding bewaken
- Bij problemen leiding geven, keuzes maken

Infectioloog, hygiënist
- Protocollen/informatie voor veilig/hygiënisch werken beschikbaar maken (op consulenter-basis?)

Dietist
- Passende voeding i.v.m. bijwerkingen,
- Signaleren problemen gewicht/voeding
- Maar: geen taak in primair van belang in proces? (punt van discussie)
Table 4. Genoemde problemen en oplossingen

<table>
<thead>
<tr>
<th>Knelpunt</th>
<th>Genoemde oplossingsrichting</th>
<th>Genoemde voorwaarden</th>
<th>Oplossing in het kader van ASP pilot</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kennis, vaardigheid</td>
<td>- Onbekendheid met richtlijnen en (nieuwe) handelswijzen (ontoereikende bijscholing)</td>
<td>- Per specialisme verantwoordelijk maken voor bijscholing: zelf regelen</td>
<td>eLearning modules</td>
</tr>
<tr>
<td></td>
<td>- Onervarenheid bij verpleegkundigen en arts-assistenten</td>
<td>- Supervisie; supervisor moet op de hoogte zijn (verantwoordelijkheid)</td>
<td></td>
</tr>
<tr>
<td>Documentatie en Informatie</td>
<td>- ICT systemen voor protocollen, (achtergrond) informatie, en naslagwerken zijn ontogelijk en gebruiksvriendelijk</td>
<td>- Beter informatiesysteem, zelf beheerd</td>
<td>Dashboard modules voor informatie en eCoaching afgestemd op de gebruik en de wensen gebruiker, aansluitend op huidige systemen.</td>
</tr>
<tr>
<td></td>
<td>- Onduidelijkheid t.a.v. voorgeschreven medicatie (door EVS, overdracht) schaduwadministratie</td>
<td>- DBS is MST-breed besluit, daar moeten 'we' het mee doen</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Uitslagen kweken en onderzoek onduidelijk of moeilijk vindbaar in systeem</td>
<td>- Verantwoordelijkheid voor onderhoud + content beheer systeem bij betreffende specialisme</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Informatie patiënt moeilijk toegankelijk voor consulenten (moeten zelf verzamelen)</td>
<td>- Afstemming, eenheid in systeem</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Onvoldoende/geen terugkoppeling naar consulenten (effect therapie)</td>
<td>- Gebruiksvriendelijk, snel zoeken</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Kweken komen niet aan</td>
<td>- Dashboard modules voor informatie en eCoaching, ASP-app die gestructureerde informatieoverdracht faciliteerd.</td>
<td></td>
</tr>
<tr>
<td>Informatie en rapportage patiënt</td>
<td>- Telefonsch overleg is onvoldoende</td>
<td>- 24-uurs beschikbaarheid zorg voor consult/advies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Telefonisch overleg is onvoldoende</td>
<td>- ICT systeem gebruiksvervriendelijke en aangepast aan wensen m.b.t. bijv. alerts, weergave</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Onduidelijkheid t.a.v. voorgeschreven medicatie (door EVS, overdracht) schaduwadministratie</td>
<td>- Toegankelijkheid patiëntstatus/dossier voor consulenten gemakkelijker regelen</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Uitslagen kweken en onderzoek onduidelijk of moeilijk vindbaar in systeem</td>
<td>- Mobiele toegang tot informatie o.b.v. (bijv.) pasje: info wordt dan overal toegankelijk</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Informatie patiënt moeilijk toegankelijk voor consulenten (moeten zelf verzamelen)</td>
<td>- Verantwoordelijkheid moet duidelijk blijven</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Vanvoldoende/geen terugkoppeling naar consulenten (effect therapie)</td>
<td>- Verantwoordelijkheid moet duidelijk blijven</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Kweken komen niet aan</td>
<td>- Cultuur MST niet overal klaar voor consulent aan het bed.</td>
<td>Dashboard modules voor informatie en eCoaching, ASP-app die gestructureerde informatieoverdracht faciliteerd.</td>
</tr>
<tr>
<td>Communicatie, overleg</td>
<td>- Langsgaan op de afdeling</td>
<td>- Cultuur MST niet overal klaar voor consulent aan het bed.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Ken elkaar: weet wie wie is (door stages kent men verschillende disciplines)</td>
<td>- Verantwoordelijkheid moet duidelijk blijven</td>
<td>Dashboard modules voor informatie en eCoaching, ASP-app die gestructureerde informatieoverdracht faciliteerd.</td>
</tr>
<tr>
<td>Middelen, tijd, personeel</td>
<td>- Ontbreekt voor 24-uurs bezetting</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Middelen en personeel nodig voor ASP programma (en andere nieuwe programma's)</td>
<td>- Cultuur MST niet overal klaar voor consulent aan het bed.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td>- Verantwoordelijkheid moet duidelijk blijven</td>
<td>Dashboard modules voor informatie en eCoaching, ASP-app die gestructureerde informatieoverdracht faciliteerd.</td>
</tr>
<tr>
<td>Coördinatie, verantwoordelijkheid</td>
<td>- Overzicht over beleid patiënt soms onduidelijk</td>
<td>- ASP-team beschikbaar voor evaluatie aan het bed.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Verantwoordelijke aanwijzen</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Betere overdracht, beschikbaarheid specialismen voor consultatie</td>
<td>- Cultuur MST niet overal klaar voor consulent aan het bed.</td>
<td></td>
</tr>
<tr>
<td>Commitment, adherentie aan beleid</td>
<td>- Beleid wordt niet altijd direct uitgevoerd</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Nieuwe systemen niet</td>
<td>- Cultuur MST niet overal klaar voor consulent aan het bed.</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Informatie en advies over patiënt moet beschikbaar zijn om therapie te kunnen starten/uitvoeren</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Er moet voldoende draagvlak zijn voor een nieuw systeem (ook nationaal gezien)</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Implementatie moet goed begeleid: wie, wat, waarom</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
<tr>
<td></td>
<td>- Uitrol in NL-DE grenstreek binnen EurSafety Health net volgens ceHRes roadmap</td>
<td>- vanuit management worden FTE's vrijgemaakt waar nodig</td>
<td></td>
</tr>
</tbody>
</table>
Appendix 3 – Script for the workshop

Draaiboek focusgroep Antibiotic Stewardship Longziekten MST
Datum: 10 mai 2011
Totale duur sessie: 2,5 uur

**Algemene introductie** → LISETTE + ron  

<table>
<thead>
<tr>
<th>TIJD</th>
<th>Wie</th>
<th>Wat</th>
<th>Uitleg</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 min</td>
<td>lvg</td>
<td>Welkom (slide 1)</td>
<td>Welkom</td>
</tr>
<tr>
<td>5 min</td>
<td>lvg</td>
<td>Onszelf voorstellen a.d.h.v. slide 2,3,4,5</td>
<td>Wie zijn wij? Lisette, Maarten, Jobke, Sonja en Ron (ron is ‘stil’ aanwezig)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Center for eHealth Research &amp; Disease Management (IBR) Institute for Social Sciences and Technology (slide 2)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· EurSafety Health-net (slide 3,4)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Roadmap voor eHealth ontwerp (=Rol UT in eursafety (slide 5)</td>
</tr>
<tr>
<td>5 min</td>
<td>Lvg</td>
<td>Doel uitleggen Slide 6 &amp; 7</td>
<td>· veilige patiëntenzorg door beter antibiotica-beleid: hiervoor starten we een pilot in het MST</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· ondersteuning vanuit het primaire proces</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Hoe kan die ondersteuning optimaal verlopen vanuit wetenschap en praktijk?</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Rekening houdend met regelgeving over AB-beleid, lokaal en internationaal</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Aan de hand van casussen, opdrachten en discussie gezamenlijk – met de stakeholders (u allen) een contextual inquiry doorlopen. (Stakeholders</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Taken, verantwoordelijkheden, bevoegdheden in kaart brengen voor goed begrip van situatie/werkwijzen</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Uw Behoeften en problemen mbt ab gebruik op longgeneeskunde in kaart brengen</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Mogelijke oplossingsrichtingen bedenken</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>· Start met een aantal opdrachten die als input dienen voor discussie</td>
</tr>
</tbody>
</table>
Het is van belang dat u aan de opdrachten en discussie deelneemt vanuit uw eigen ervaring en perspectief met de functie die u vervult. Ook willen we benadrukken dat we in deze sessie niet op de gehele zorgketen en het gehele zorgproces kunnen ingaan; we richten ons op patientenzorg mbt antibioticabeleid en antibioticagebruik.

<table>
<thead>
<tr>
<th>2 min</th>
<th>LvG</th>
<th>Beeld en geluidsoptname aankondigen (slide 8)</th>
<th>Om de gegevens uit deze workshop zo goed mogelijk te kunnen gebruiken wil ik vragen of iedereen akkoord gaat met beeld- en geluidoptname. Na uitwerking worden de gegevens direct vernietigd</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>LvG</td>
<td>Informed consent laten ondertekenen</td>
<td>Daarnaast wil ik u vragen of u het informed consent formulier in uw mapje wil ondertekenen, zodat u toestemming geeft voor uw deelname aan het onderzoek.</td>
</tr>
<tr>
<td>intussen</td>
<td>MvL</td>
<td>Opname apparatuur aanzetten + Webcam aanzetten</td>
<td></td>
</tr>
<tr>
<td>lvG</td>
<td></td>
<td>Voorstellen deelnemers, functie, niet meer dan dat</td>
<td>Dan doen we nu een snelle voorstelronde waarin u aangeeft wat uw naam is en wat u functie is.</td>
</tr>
<tr>
<td>(15 min verder) EERSTE OPDRACHT adhv casus</td>
<td>10 min</td>
<td>MJW</td>
<td>In kaart brengen van de toepassing van antibiotica beginnen met een casus. Slide 9 Lees mee in het mapje</td>
</tr>
</tbody>
</table>
**Integrating stakeholders in the development of an Antibiotic Stewardship Program**

<table>
<thead>
<tr>
<th>MJW</th>
<th>Slide 9 Opdracht invullen: Casus 1</th>
<th>Vul voor uzelf in bij opdracht 1:</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 min</td>
<td>mjaw</td>
<td>ROEP MAAR</td>
</tr>
<tr>
<td>MvL + SE</td>
<td>Flipover taken and flipover interactie ophangen!</td>
<td></td>
</tr>
<tr>
<td>5 min</td>
<td>mjaw</td>
<td>Tweede casus... aanvullende opmerkingen op proces? (slide 11+12)</td>
</tr>
<tr>
<td>30 min</td>
<td>mjaw</td>
<td>Optionele slide 13+14 casus Philipsen</td>
</tr>
<tr>
<td>5 min</td>
<td>mjaw</td>
<td>Discussie rollen in zorgproces (slide 15) terugkijkende op de casuistiek welke rollen missen er nog?</td>
</tr>
<tr>
<td>10 min</td>
<td>mjaw</td>
<td>Knelpunten in het proces. Welke problemen ziet u? (slide 16, overzicht: 17) Opdracht: knelpunten opschrijven op geeljetjes, scoren en ophangen</td>
</tr>
<tr>
<td>10 min</td>
<td>Concluderende discussie over</td>
<td></td>
</tr>
</tbody>
</table>

**1 CASUS**

1. Stel u ziet deze patiënt, wat is uw taak gezien uw beroepsfunctie?
2. Waarop kunt u aangesproken worden gezien uw verantwoordelijkheid?
3. Wie raadpleegt u over deze patiënt en met welk doel? (flip2 -> communicatie)
4. Welke informatie voor uw taakuitvoering voor de zorg rond deze patiënt raadplegen? (flip 3->informatie)
5. Welke informatie over antibioticatoepassing voor deze patiënt kunt u raadplegen? (flip 3-4
6. Wie zijn kritieke momenten (beslissingen)? (flip 4->kritieke momenten)

10 min mjaw ROEP MAAR Zelf eerst schrijven, dan bij elkaar.

5 min mjaw Flipover taken and flipover interactie ophangen!

5 min mjaw Tweede casus... aanvullende opmerkingen op proces? (slide 11+12)

Optionele slide 13+14 casus Philipsen

5 min mjaw Discussie rollen in zorgproces (slide 15) terugkijkende op de casuistiek welke rollen missen er nog?

Nu hebben we voor alle aanwezigen in kaart gebracht wat u rol is in het licht van deze casus, en welke rollen u nog mist. Uit de literatuur weten we dat de volgende functies bij AB beleid een rol spelen. Laten zien Hoe zit dat bij de casus?

10 min mjaw Knelpunten in het proces. Welke problemen ziet u? (slide 16, overzicht: 17) Opdracht: knelpunten opschrijven op geeljetjes, scoren en ophangen

Welke knelpunten ziet u het proces, gezien casus en EIGEN ERVARING

U mag nu een cijfer van 1-10 aan de problemen geven om de ‘zwarte’ te duiden

Waarom de relevantie?
## Integrating stakeholders in the development of an Antibiotic Stewardship Program

**S. Ewering**

<table>
<thead>
<tr>
<th>genoemde knelpunten en hoe ze gescoord zijn (slide 17 en alle flips)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. kennis/opleiding</td>
</tr>
<tr>
<td>2. documentatie /beschikbaarheid protocol/richtlijn/registratie dossier</td>
</tr>
<tr>
<td>3. informatie/beleid en rapportage van effecten beleid/missers/successen</td>
</tr>
<tr>
<td>4. communicatie/overleg</td>
</tr>
<tr>
<td>5. middelen/tijd/personeel</td>
</tr>
<tr>
<td>6. coördinatie/verantwoordelijkheid</td>
</tr>
<tr>
<td>7. commitment/adherentie aan beleid/support</td>
</tr>
</tbody>
</table>
| 8. kwaliteit van zorg (audit/inspectie/SWOT) anders,….

<table>
<thead>
<tr>
<th>Subtotaal 65 min</th>
<th>mvl</th>
<th>Voicerecorder wisselen</th>
<th>Naar oplossingen deel 2</th>
</tr>
</thead>
</table>

### 10 min

**SE**

**Uitleg over ASP**
Bespreken slides slide 18 (literatuurreview)
slide 19 (wat is een ASP)
slide 20 (in het kort)
slide 21 (Voorschrijf & evaluatieproces)
slide 22 studies slide 27 genoemde oplossingsrichtingen

Vanuit de wetenschappelijke literatuur en de door U genoemde problemen weten we dat er verantwoorder met antibiotica moet worden omgegaan en er is een behoefte aan (afhankelijk van uitkomsten discussie probleemvelden/oplossingen): - communicatie, AB ondersteuning, consultatie, advies, … Een mogelijke oplossing hiervoor is Antibiotic Stewardship.

**Literatuurreview**
- Recente literatuur
- Studiedesign, setting, interventie, uitkomsten, opmerkingen
- Problemen
- Oplossingen vanuit literatuur

**Wat is een ASP**
Antibiotic Stewardship Programma
Het is een continue aanpak van een zorginstelling voor:
- verantwoord antibioticagebruik (hoeveelheid, type, duur)
- De preventie van infecties en resistentie (patiëntveiligheid vergroten), en
- kostenbesparingen.

Etc.

### 10 min

**MVL**

**Rol technologie Slide 28-35**
Snel doorheen!!

**Nu eerst presentatie Maarten**
## Integrating stakeholders in the development of an Antibiotic Stewardship Program

**mvL**

ASP in MST  
Slide 36-38  
oplossingsideeën  
teruggrijpen op ASP  
Het ASP komt er, wij discussiëren over de vorm

Nu u heeft kunnen zien wat er vanuit de wetenschappelijke literatuur wordt voorgesteld, is het belangrijk te kijken welke oplossingen voor het MST, voor uw afdeling Longgeneeskunde belangrijk zijn. **Technologie kan oplossingen zijn**, maar misschien zijn er ook andere oplossingen (zakkaartjes). Belangrijk is: de keuze voor technologie of andere oplossingen terugkoppelen naar de probleemvelden.

---

**deelnemers**

- technologie als oplossing  
- oplossingen koppelen aan probleemvelden  
*ingevalde Flipover*  
*probleemvelden erbij*

In mapje bij opdracht 6 aangeven bij welke probleemvelden/oplossingen technologie kan ondersteunen.

---

**25 min**

**MvL**

**Discussie oplossingen en rol technologie**  
*(nog steeds) Slide 39*  
Voorbeelden portaal laten zien (ook huidig ab boekje labmicta)

Discussie voeren over oplossingen en rol technologie:  
- asp als oplossing – werkt dat?  
  (of werkt dat al?) waarom wel of niet.  
Verschillende vormen van technologie:  
  - videoconferentie  
  - portaals  
  - tablets/pda  
  - vraagondersteuning

ding (techniek) vs. Omgeving (infrastructuur)
Graag zouden we door middel van deze opdracht van jullie willen weten:  
o Hoe staan jullie tegenover technologie in het zorgproces binnen de afd Longziekten?  
Met een zekere mate van weerstand, of staat u positief tegenover gebruik van technologie tijdens het zorgproces?  
o Hoeveel invloed u denkt te hebben op de keuze en invoering van technologie binnen uw afdeling?  
o In welke mate u denkt dat uw werk en bijbehorende handelingen worden geraakt door de invoering van de ASP app?
Hoeveel meerwaarde en voordelen u denkt te ondervinden in termen van kwaliteit, tijd, middelen en geld door de invoering van deze specifieke technologie? Waar zit...
<table>
<thead>
<tr>
<th>Time</th>
<th>Level</th>
<th>Activity</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>5 min</td>
<td>Lvg</td>
<td><strong>FUTURE</strong></td>
<td>Wat gaan we doen en wat is uw rol daarin!!!</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>5 min</th>
<th>Lvg</th>
<th><strong>Uitkomsten samenvatten en bediscussiëren+dankuwel</strong></th>
<th>Voor uzelf de winst? Waar zou de winst kunnen zitten?</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>o Dank voor uw aanwezigheid en dat u uw kennis met ons wilde delen</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Informed consent formulier innemen en controleren</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Opdrachten</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Visitekaartje geven voor contactmogelijkheid</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>o Uitleg over vervolg</td>
<td></td>
</tr>
</tbody>
</table>

Al met al 2 uur workshop.